



## **“Focused Family or Frantic Family?” How You & Your Child Can Create Tennis Success**

by David Benzel, Sport Family Coach

Monday, June 11<sup>th</sup> 7:30 – 9:00 PM

Location: Hilton College Station & Conference Center – Brazos Amphitheater

A family is like any other organization when it comes to the importance of being “on the same page”. This workshop addresses the foundations of family vision, values, and communication strategies that work. Come as a family and learn together how to improve your sport family performance.

### **Workshop Segments:**

- Walking the Talk of Personal Responsibility
- Discovering the Distractions to Excellence
- The Art of Healthy Conversations
- Your Brain on Sports

### **Workshop Insights:**

- How to live above the line of excuses;
- The two kinds of distractions that rob performance;
- What works better than duct tape;
- How to use your family-friendly mind;

**Mr. Benzel’s appearance made possible by additional funding from USTA Texas.**

