



TEXAS

**Sports Science Committee**  
July 8-10 2016, Semi -Annual Meeting  
Waco, Texas

1. Welcome
2. Roll Call
3. USTA Texas Sports Science Committee Mission Statement: ***"To educate and serve the Texas tennis community by promoting wellness, safety, and performance using science based principles."***
4. Athletic Training Matching Grants
  - a. Year to Date Update – Reid Fenning/Matt McCoy
  - b. New Grant Requests:
    - i. Vote Needed for additional grant requests
5. Nutrition Blog: Caroline Sullivan
6. Hot Shot Program/Sports Science Joint effort – Ainsley Williams
7. Educational Information on overtraining and early sports specialization
8. Athletic trainer matching grant guidelines:
9. Data Collection Event:
  - a. Aug 5-7 Adult League sectionals
  - b. Shoulder ROM in Adult Competitive Tennis Players
10. 2015 Junior Grand Slam Survey Data:
  - i. Action Item: Determine timeline for analysis, organization, and presentation of data.
11. Strategic Plan Review
12. Adjournment