



# **2007 Player Development Southern Schedule Planner**



USTA Southern • 5685 Spalding Drive • Norcross, GA • 30092 • Phone: 770-368-8200

**w w w . s o u t h e r n t e n n i s . c o m**

As is the case with most organizations and businesses today, it is necessary to have a strategic plan for your tennis. Your plan will be a living document as your goals, from year to year, will require adjustment based on your results and other factors, some of which may be out of your control. (For instance, if your top goal, in a given year, was to earn a Sectional ranking and you not only earned a Sectional ranking, but did well enough to make the Sectional Zonal team, then your schedule, and particularly financial considerations, would require adjustment.)




Your strategic plan should be developed with your parents and personal coach. In addition to your competitive tennis events, it should include other sports/activities in which you are participating, training periods where you and your coach are making changes in your game, active rest periods, and other major school or family activities.

Along with your parents and personal coach, your strategic plan should be reviewed, at least twice a year, but not too often. Just as you should not dwell daily on standings and rankings to measure your worth as a player, the same holds true for your strategic tennis plan. Standings and rankings are simply a measure of results within a given period of time. Your strategic plan is a road map for your tennis, which will undoubtedly contain unplanned twists and turns along the way.

- Bill Ozaki, Director of Player Development, USTA Southern



# January 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3  703450207	4	5  704230107	6
7	8	9	10	11	12	13 Dasani Mayor's Cup 2007 KRC Mid—
14 Jr Chps—Augusta, GA—ID# 703450207 Winter—Knoxville, TN—ID# 704230107	15	16	17	18	19  703810507	20
21	22	23	24	25	26	27
28	29	30	31			

Southern Level 1—  
 Southern Level 2—  
 Southern Level 3—  
 Southern Level 4—  
 Entry Deadline— 







These tournament dates and deadlines are accurate as of January 15, 2007. Please use the TennisLink Searchable Schedule and the tournament ID #s to confirm all tournament information.



Many tennis players have great strokes in practice only to have them break down during a match. One of the most prevalent reasons for this problem is that they are tense and therefore hit their shots too late. To correct and avoid this problem, concentrate on your footwork, not just your swing. Just before your opponent makes contact with the ball, try to make a hop or split step in order to be ready. This split step will get you ready to move to the ball, improve your timing and allow you to hit the ball earlier. By hitting the ball earlier (in front of your body, not beside it) your control and depth will improve. Try concentrating on your footwork and you'll make your opponents "HOPPING MAD."

- Ted Reese, Director of Tennis, Sunset Ridge Racquet & Swim Club

# February 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3  USTA Southern
4 Designated—Jackson, MS - ID# 703810507	5	6	7	8	9	10
11	12	13	14	15	16  703541107	17
18	19	20	21  703931807	22	23  703231407  703411707  703409507	24 One Love Tennis Jr
25 Chps—Stone Mountain, GA - ID# 703541107	26	27	28  70330607			

Southern Level 1— 

Southern Level 2— 

Southern Level 3— 

Southern Level 4— 

Entry Deadline— 

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“Regardless of how you feel inside, always try to look like a winner. Even if you are behind, a sustained look of control and confidence can give you a mental edge that results in victory.”

“One important key to success is self-confidence. An important key to self-confidence is preparation.”

- Arthur Ashe

# March 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2  704130607	3 7th Annual Midcourt Blue Gray Jr Classic
4 Cup—Charlotte, NC - ID# 703931807 Montgomery, AL - ID# 703231407	5	6  704131207	7	8  703452407	9	10  USTA Southern  USTA Southern Polar Bear Jr Classic Coca-Cola Thorn-  703715407
11 Designated (12/14)—Macon, GA - ID# 703411707 Designated (16/18)—Lawrenceville, GA - ID# 703409507 Open—Little Rock, AR - ID# 70330607 Blade Jr Classic—Greer, SC - ID# 704130607	12	13	14	15	16  703306807	17 Louisiana Spring Southern States Topspin Annual
18 State Chps—Baton Rouge, LA-ID# 703715407 Top 32 Chps—Augusta, GA - ID# 703452407 Jr Classic—Lexington, SC - ID# 704131207	19	20	21	22	23	24
25	26	27	28  703907607	29	30  703424507  704210207	31  USTA Southern

Southern Level 1—



Southern Level 2—



Southern Level 3—



Southern Level 4—



Entry Deadline—



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Finding practice courts in a tournament's host city can be a challenge. Prior to or upon arrival, obtain a city map and consult a local telephone book for the location of small parks and schools that might have tennis courts. Chances are you will be able to find a court in an out-of-the way location that isn't being used by the tournament and which your competitors are not aware.

-Larry Cornett

# April 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1  USTA Southern Designated Little Rock, AR - ID# 703306807	2	3	4	5	6	7 North Hills Club
8 Spring Open—Raleigh, NC - ID# 703907607	9	10	11	12  704131407	13  704110107  704115807	14  USTA Southern  USTA Southern
15 Designated (12/14)—Marietta, GA - ID# 703424507 Designated (16/18)—Memphis, TN - ID# 704210207	16	17	18	19	20  703833607  703200307	21 Pepsi Jr Open
22 Florence, SC - ID# 704131407	23	24	25	26	27	28  USTA Southern  USTA Southern Aquafina MS Jr Open
29 Designated—Clemson, SC - ID# 704110107 Designated—Hilton Head Is., SC - ID# 704115807 Chps—Ridgeland, MS - ID# 703833607	30					

Southern Level 1—



Southern Level 2—



Southern Level 3—



Southern Level 4—



Entry Deadline—




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“Low as you Go” - When serving and volleying descend as you go forward after the serve and prepare for the shoe-top volley. Any other volley will be a breeze. For a more penetrating volley be sure to hit the ball mid-stroke, mid-stride and at eye level.

- Bryan Shelton, Head Women's Tennis Coach, Georgia Tech University



# May 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 Southern Spring
6 Closed Chps—Mobile, AL - ID# 703200307	7	8	9  703400707	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26 Peach State Junior
27 Tennis Classic—Norcross, GA-ID# 703400707	28	29	30	31		

Southern Level 1—



Southern Level 2—



Southern Level 3—



Southern Level 4—



Entry Deadline—



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**2007 Boys & Girls State Qualifiers  
Level 4 Tournaments**

**AR—May 25—703306607  
Little Rock, AR**

**KY—June 2—703610207  
Louisville, KY**

**NC—June 2—703937907  
Winston-Salem, NC**

**AL—June 2—703235807  
Montgomery, AL**

**LA—June 2—703716207  
Lafayette, LA**

**SC—June 5—704134307  
Belton, SC**

**GA—June 2—703457907  
Macon, GA**

**MS—June 2—703834907  
Ridgeland, MS**

**TN—June 2—704233807  
Murfreesboro, TN**



**2007 Boys & Girls Southern Closed  
Level 1 Tournaments**

**10s Closed (704102507) - Lexington, SC**  
Director: Jorge Andrew, 803-957-7676

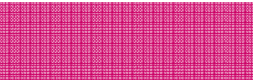





**12s Closed ( 704110507) - Columbia, SC**  
Director: Bernie McGuire, 803-788-3001

**14s Closed (703410807) - Macon, GA**  
Director: Evelyn Werbaneth, 478-477-1957

**16s Closed (703472007) - Rome, GA**  
Director: Robert Sasseville, 770-631-0930

**18 Closed (703302106) - North Little Rock, AR**  
Director: Camille Moriau, 501-227-7611

# June 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 
3	4	5	6	7	8	9
<b>Boys &amp; Girls 10—18s State Qualifiers—See Information Above for Details</b>						
10	11	12	13  703202407	14	15  703200407	16 
17	18	19	20	21	22  703910307  703401007	23
<b>Boys &amp; Girls 10—18s Southern Closed—See Information Above for Details</b>						
24	25	26	27	28	29	30
Boys & Girls Southern Open 14's (Clay)—Pelham Racquet Club—Pelham, AL - ID# 703202407						
	Boys & Girls Southern Open 12's (Clay)—Westgate Tennis Center—Dothan, AL - ID# 703200407					

Southern Level 1—

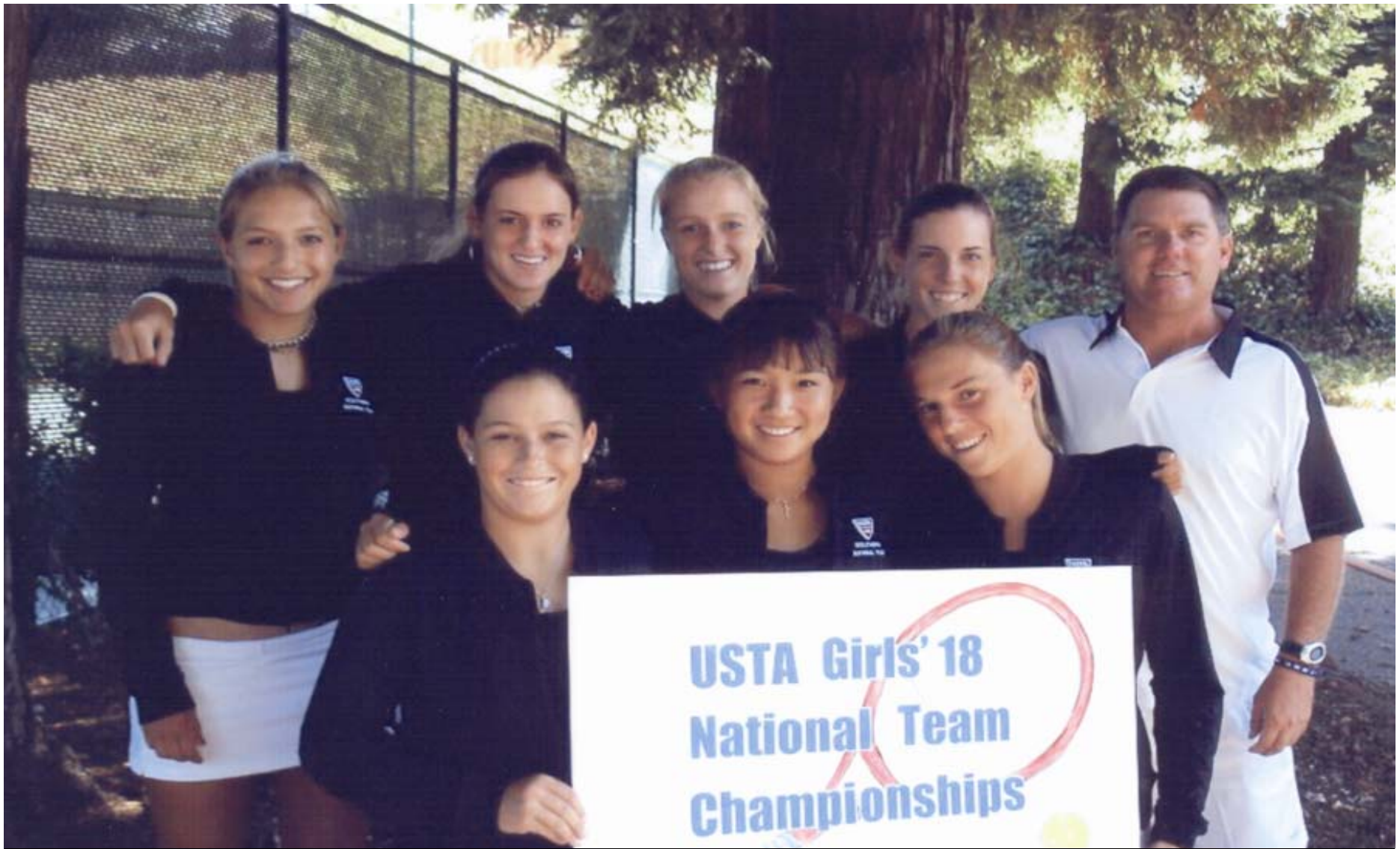
Southern Level 2—

Southern Level 3—

Southern Level 4—

Entry Deadline—



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The serve and overhead are two of the most enjoyable shots to hit in tennis. These shots are fun to hit with power but trying to do so can cause many problems (lack of control, poor timing, loss of balance, etc.) and actually cause the shots to lack pace. Both of these shots require a similar swing and are the only shots in tennis that are executed with a “loose” wrist. In order to hit these shots effectively, players need to concentrate on keeping a relaxed wrist and reaching up to the ball. To emphasize these two critical fundamentals, try to “HIGH FIVE” contact with the ball at the proper height and alleviate the tendency to “muscle” it.

- Ted Reese, Director of Tennis, Sunset Ridge Racquet & Swim Club

# July 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7   703460607
8 Boys & Girls Southern Open 18's (Clay)—Chapel Hill Tennis Club—Carrboro, NC - ID# 703910307 Boys & Girls Southern Open 16's (Clay)—Cooper Creek Tennis Center—Columbus, GA - ID# 703401007 USTA Zone Team Championships 14's (Clay)—Westgate Tennis Center—Dothan, AL - ID# 150500307	9	10	11	12	13	14 GA State Jr Open
15 Chps—Rome, GA - ID# 703460607	16	17	18	19	20	21
22	23	24	25 USTA Zone Team Championships 16's (Hard)—Wake Forest University—Winston-Salem, NC USTA Zone Team Championships 12's (Hard)—Nashville Tennis Association—Nashville, TN	26	27	28
29 ID# 703900507 ID# 704200307	30	31				

Southern Level 1— 

Southern Level 2— 

Southern Level 3— 

Southern Level 4— 

Entry Deadline— 

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When should I play up? For most players, the time to begin playing up is when they have reached the very top of their current age group or the age group in which they are competing. Winning a state qualifier, Southern Closed, or a USTA National Championships are examples of being at the top of your age group. There may be other cases when your coach feels it is in your best interest, for development purposes, for you to play up. The decision to play up should always be made in consultation with your personal coach.

With the adoption of the points per round ranking system, there is an opportunity to earn results in the next age group prior to your full participation is available at selected events. (Bullfrog Designated events, Southern Level 3s, USTA National Opens and USTA Level 3s) Your results in the upper age group events will also count in your standings in your current age group. Acceptances into the upper age group is limited to the top players from the lower age group. If your results do not merit your acceptance into the aforementioned events, there are numerous Southern Level 4s, many of which have large draws, where you can get match play and earn points in your next age division.

- Bill Ozaki, Director of Player Development, USTA Southern



# August 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17  703700907  703614907	18
19	20	21	22  703464007	23	24	25
26	27	28	29	30	31	

Southern Level 1— 
 Southern Level 2— 
 Southern Level 3— 
 Southern Level 4— 
 Entry Deadline— 

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## State Bullfrog Southern Junior Cup Selection

All selections are made by the USTA state offices. Please contact them directly for more information.

**Alabama**—205-328-3984

**Arkansas**—501-227-7611

**Georgia**—404-256-9543

**Kentucky**—502-491-1290

**Louisiana**—225-769-0337

**Mississippi**—601-981-4421

**North Carolina**—336-852-8577

**South Carolina**—803-781-2574

**Tennessee**—615-336-1180



# September 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<div>1</div> <div>  USTA Southern         </div> <div>Papa John's</div>
<div>2</div> <div>Designated—Baton Rouge, LA - ID# 703700907</div> <div>Georgialina Jr Tennis Classic Chps— Rome, GA - ID# 703464007</div>	3	4	5	6	7	8
					<div>Bullfrog Southern Junior Cup—BG 12</div>	
<div>9</div> <div>Chattanooga, TN ID# 704216807**</div>	10	11	<div>12</div> <div>  703902207         </div>	13	14	15
					<div>Bullfrog Southern Junior Cup—BG 14, 16 &amp; 18</div> <div>  703906707         </div> <div>  703910607         </div>	
<div>16</div> <div>Chattanooga, TN— ID# 704216907**</div> <div>Kentucky International Junior Tennis Derby— Lexington, KY— ID # 703614907 (12, 14 &amp; 16 ONLY)</div>	17	18	<div>19</div> <div>  703204607         </div>	20	21	22
						<div>27th Annual Raleigh</div>
<div>23</div> <div>Jr Classic—Raleigh, NC - ID# 703902207</div>	24	25	<div>26</div> <div>  703902907         </div>	27	28	29
					<div>  703714507         </div>	<div>  USTA Southern         </div> <div>  USTA Southern         </div> <div>Alabama Jr State Fall</div>
<div>30</div> <div>Designated (12/14)—Raleigh, NC - ID# 703906707</div> <div>Designated (16/18)—Raleigh, NC - ID# 703910607</div> <div>Hardcourt Open—Mobile, AL - ID# 703204607</div>						

Southern Level 1— 
 Southern Level 2— 
 Southern Level 3— 
 Southern Level 4— 
 Entry Deadline— 





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Every tennis player should keep a 'Tennis Journal' to get the most out of each practice and match. Record the things you need to work on as well as the things you are doing well. Make sure it is very specific, include your goals on the cover so you always remember what you're trying to achieve!

- Bryan Shelton, Head Women's Tennis Coach, Georgia Tech University

# October 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1  704137907	2	3	4	5	6 YMCA Junior State CTA Charlotte
7 Chps—Baton Rouge, LA - ID# 703714507 Jr Classic—Charlotte, NC - ID# 703902907	8	9	10  704102107	11	12  704215407  703700907	13 K-Swiss Kiawah Jr
14 Open Clay—Kiawah Is., SC - ID# 704137907	15	16	17	18	19	20 McCallie John Strang Sea Pines Junior
21 Chps—Chattanooga, TN - ID# 704215407 Chps—Hilton Head Is., SC - ID# 704102107	22	23	24	25	26	27  USTA Southern
28 Designated—Mobile, AL - ID# 703204907	29	30	31			

Southern Level 1—



Southern Level 2—



Southern Level 3—



Southern Level 4—



Entry Deadline—



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Every opponent and practice partner you have will either be better than you, not as good as you or even with you in ability. You can benefit from all levels of opponents and practice partners.

The challenge of playing strong competition is obvious. You will have to maximize all aspects of your game to stay in the match. Players of similar ability can be a test of who is more effective and efficient with their skills that day. What about players you can handily defeat? You will have the opportunity to use those tactics and techniques you and your coach have been adding to your game in practice in a match situation. Serving and volleying, attacking the second serve, approaching the net, drop shots, offensive and defensive play are just some of the tactics you can hone with the right opponent or practice partner.

- Bill Ozaki, Director of Player Development, USTA Southern

# November 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1  703712907	2	3
4	5	6	7  703611607	8  703467607	9	10 The Magnolia
11 Classic—Monroe, LA - ID# 703712907	12	13	14	15	16	17 Bridgemill Jr Super
18 Chps—Canton, GA - ID# 703467607	19	20	21	22	23	24
			Fall Southern Closed Chps Boys & Girls Singles—Louisville Indoor Racquet Club—Louisville, KY			
25 ID# 703611607	26	27	28	29	30	

Southern Level 1— 

Southern Level 2— 

Southern Level 3— 

Southern Level 4— 

Entry Deadline—







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“It's shocking how little there is to do with tennis when you're just thinking about nothing except winning every point.”

- Andre Agassi



# December 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12  703617807  704202407	13	14	15
16	17  703468007	18	19	20	21  703616407	22
23	24	25	26	27 Winter Southern Closed Chps—Boys & Girls Singles—Louisville, KY Winter Southern Closed Chps—Boys & Girls Singles—Knoxville, TN GA State Jr Winter Open Chps—Rome, GA - ID# 703468007	28	29
30 ID# 703617807 ID# 704202407	31 Springhurst New Years Classic—Louisville, KY - ID# 703616407	Jan 1	Jan 2			

Southern Level 1—



Southern Level 2—



Southern Level 3—



Southern Level 4—



Entry Deadline—



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