



HOSTED BY: USTA SOUTHWEST

In collaboration with the ATCA, PCA, USTA Northern New Mexico, USPTA and PTR

HIGH SCHOOL TENNIS COACH WORKSHOP SERIES

ALL HIGH SCHOOL TENNIS COACHES ARE INVITED

Wednesdays • 4pm • Via Zoom 

Join us in a five week workshop series!
Sessions are offered every week beginning January 13, 2021

\$40 includes all live sessions, plus bonus content,
and a gift from USTA Southwest

[WEBSITE](#)

2021 WEBINAR SCHEDULE

- JAN 13** Kickoff Session - USTA Southwest Staff
- JAN 20** **Positive Motivation - Positive Coaching Alliance**
*Keynote Speaker
- JAN 27** A Team of Inclusion - Community Panelists
- FEB 3** Tennis Beyond High School - Chuck Provencio
- FEB 10** Coach Panel Open Forum & State Breakout Rooms

REGISTRATION NOW OPEN

REGISTER HERE

Raffle Prizes Available

- For every session you attend, you'll be receive an entry to a drawing for raffle prizes including a case of balls, racquets for your team, ball hoppers, etc.

*USPTA and PTR education credits available for select sessions

*Scholarships to attend are available. Contact portwood@southwest.usta.com for more details



SESSION TOPICS

POSITIVE MOTIVATION: GETTING THE BEST FROM ATHLETES

An interactive discussion of how Positive Coaching impacts athletes. We share research from the world's top sport psychologists and research and coaches will learn exactly why positive motivation helps athletes improve their performance. This session will discuss motivating difficult-to-reach players and underperforming teams, having "hard conversations" with players, communicating "Receivable Criticism", and giving players an "Emotional Tank Vocabulary" for use with themselves.

A TEAM OF INCLUSION - HIGH SCHOOL TENNIS IN AMERICA

We hope all high school sports, including tennis, will reflect the unique diversity of our communities in the Southwest. Discuss with a panel of community members how to make your high school team inclusive of others. Hear from several panelists, including minority coaches, wheelchair tennis players, and members from the LGBTQ+ community, who will share their experience, expertise, and tools to help build a culture of support, belonging, and inclusion with your high school team.

TENNIS BEYOND HIGH SCHOOL

Join Chuck Provencio, PHD Student and PHED Instructor at UNM with practical tips on how to help your athletes reach for varsity tennis opportunities in college. USTA will also discuss ways for your athletes to continue to play through USTA's Tennis on Campus program, USTA league, and instruction opportunities

COACH PANEL OPEN FORUM AND STATE BREAKOUT ROOMS

Q&A with local coaches to learn from others about tryouts, working with parents, structuring practices, fundraising, etc. You'll also receive updates about your upcoming season from local athletic associations during a breakout session



BONUS CONTENT

UPON COMPLETING EACH SESSION, YOU'LL RECEIVE SEVERAL MORE RESOURCES TO HELP YOU WITH YOUR UPCOMING SEASON

ADDITIONAL RESOURCES ABOUT EACH SESSION TOPIC
ON COURT VIDEO OF DRILLS FROM USTA TEAM TENNIS MANUAL
BREAKOUT SESSIONS BY STATE

Including COVID safe guidelines for your team and updates on The 2021 Season
Hosted by Arizona Tennis Coaches Association and USTA Northern New Mexico

ON DEMAND RECORDING LISTED BELOW:

HOW TO INSTILL MOTIVATION, CONFIDENCE, AND RESILIENCE IN
OUR ATHLETES BY GREG PRUDHOMME

ESTABLISHING YOUR FEEDER SYSTEM-GETTING YOUR MIDDLE
AND ELEMENTARY SCHOOLS CONNECTED BY DELAINE MAST

TACTICS AND STRATEGY: PATTERNS, SHOT SELECTION, AND
SINGLES DECISION MAKING BY CHUCK PROVENCIO

QUESTIONS

CONTACT PORTWOOD@SOUTHWEST.USTA.COM
OR LAWSON@SOUTHWEST.USTA.COM

