

USTA/EHDTA League Tennis COVID-19 Protocols

Welcome back to league tennis!

In order for league tennis to be fun and safe for all players, there are specific USTA and Hawai'i County COVID-19 protocols, given below, which must be followed by everyone.

DO NOT PLAY

- Stay at home if you are sick and exhibit any of these COVID-19 symptoms: fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell.
- Stay at home if you have been in contact with someone with COVID-19 in the last 14 days.

ONCE AT THE COURT, WAITING TO PLAY, PLAYING, AND AFTER PLAYING

- Participants and spectators shall use a face mask at all times when not actively playing (arriving, spectating and leaving the courts).
- Refrain from physical contact of any kind, including hugging, shaking hands, high fives.
- Practice physical distancing of at least 6 feet on AND off the court:
 - Coordinate with your partner so that you can keep 6 feet from each other as much as possible while playing.
 - Keep this distance when changing ends and when taking a break.
- Leave the courts as soon as reasonably possible; no social activity or congregating.
- Wash your hands with soap and water or use hand sanitizer before and after play, and during play if you touched your eyes, nose or mouth.
- Avoid touching your face after handling a ball, racquet, or other equipment.
- Clean and wipe down your equipment before playing.
- Do not share racquets and any other equipment. Use only your own towel, water bottle, etc. Avoid sharing food.
- Please refrain from shouting.
- In case of a rain delay or other extenuating circumstances, re-schedule matches using phone, text, or email. Do not linger at the courts.

REGARDING TENNIS BALLS

- Each singles player or doubles team will have its own can of balls; these cans will not share the same number on the balls. Players may also use a sharpie to mark their balls for easy identification.
- During play, you (each team) will pick up only your own set of numbered balls.
- If a ball with the other number winds up on your side of the court, do not touch the ball with your hands. Use your racquet head or foot to send the ball to the other side of the court.
- If a ball from another court comes toward you, send it back with your racquet.
- When the match is over, each team will keep its own balls.