

# Columbus Tennis Academy

Presented by: Tipton Lakes Athletic Club

## Summer 2018 Junior Classes

June 4<sup>th</sup> – August 11<sup>th</sup>, 2018 (8 weeks)

WE ARE SKIPPING THE WEEK OF July 2<sup>nd</sup> – July 7<sup>th</sup>

For information about the classes check out our Class Descriptions attached to the back.

Class	Day	Time	Cost (TLAC member/non-member)
CTA Aces Academy (Red/Orange Ball)	Monday Wednesday Thursday	5-6:30pm 4-5:30pm 4-5:30pm	Two Classes: (\$330/\$370) One Class: (\$180/\$220)
Futures Academy (Green Ball/Yellow Ball)	Monday (TLAC) Wednesday (TLAC) Friday (TLAC)	11-1pm 11-1pm 11-1pm	Three Classes: (\$570/\$660) Two Classes: (\$380/\$470) One Class: (\$240/\$310)
Top Flight Academy (Yellow Ball)	Monday (TLAC) Wednesday (TLAC) Friday (TLAC)	9-11am 9-11am 9-11am	Three Classes: (\$570/\$660) Two Classes: (\$380/\$470) One Class: (\$240/\$310)
Elite Performance Academy (Yellow Ball)	Tuesday (East)  Thursday (North)  Friday (North)	9-12pm  9-12pm  9-12pm	Three Classes: (\$720/\$800)  Two Classes: (\$540/\$620)  One Class: (\$350/\$430)
High Performance Academy (Yellow Ball)  Everyone signed up is included in Thursday team tennis matches	Monday (North)  Tuesday (North)  Wednesday (North)  Thursday (North)	1-4pm  1-4pm  1-4pm  1-4pm ( Team Matches)	Full Program: (\$720/\$800)  Two Classes: (\$540/\$620)  You may only sign up for two times per week or the full program
Peak Performance Academy (Yellow Ball)	Monday (North)  Tuesday (North)  Wednesday (North)	9-12pm  9-12pm  9-12pm	For Price information on PEAK Performance please contact Michael Blevins

If you have any questions or concerns please contact the Director of Tennis, Michael Blevins (360)-256-4945 or email at [mblevins.tlaclub@gmail.com](mailto:mblevins.tlaclub@gmail.com). We look forward to have your juniors in our programs. Thank you for the continued support to TLAC Tennis. Check out our new Facebook page TLAC Tennis for updates and reviews.

(812) 342-4495

[www.tlaclub.com](http://www.tlaclub.com)

**TLAC**  
Tipton Lakes Athletic Club

**TIPTON LAKES ATHLETIC CLUB**  
**Columbus Tennis Academy**

*We have decided to change the program in order to provide the best product available. The program has grown to over 250 juniors. We have decided to go to an academy format. **Each class has a limit but those limits are subject to change.** Academy style means using 3 or 4 courts for every class. We also add conditioning to every class, and evaluations to every class. We have certain guidelines listed below. We have one of the best and most skilled pro staffs in the state. Columbus is lucky to have a staff of this caliber. We trust that you will understand and listen to the staff's decisions. We do what is best for each individual player.*

**CTA Aces Academy (No limit)**

This is our Red and Orange Ball academy. This is for players who are just beginning and are learning to develop point play and technique. Each player in this academy must pass a set of skills and technique to advance into our Futures Academy. The most important skill to learn is the serve. At the end of each session the players will receive and evaluation to decide if they should stay or move up to the next level.

**Futures Academy (Limit of 32)**

This is our Green/Yellow Ball academy. This is for players who are starting to play points and rally. We have a standard for rally's and serving in this academy. A player in futures must be able to rally 25 balls in a row to move to the next level. They must also be able to hit 5 serves in a row in the box with the correct technique. At the end of each session the players will receive and evaluation to decide if they should stay or move up to the next level.

**Top Flight Academy (Limit of 24)**

This is our beginning yellow ball academy. This academy is the point at which players must be able to have the strength, skill, and technique to rally with a yellow ball. This is the step where players should spend the most time developing before moving to the next level. The rally amount for this level will be 35 in a row with the yellow ball. The ability to make 8 serves in a row. At the end of each session the players will receive and evaluation to decide if they should stay or move up to the next level.

**Elite Performance Academy (Limit 24)**

This is our advancement yellow ball academy. This will be our largest and most beneficial class to the development of a player. To be in this academy you must do at least two days a week. We will be having 28 players in this academy. Players all will be able to serve, rally and play points. Conditioning becomes key at this level. The rally amount to move up is 50 in a row. You also must be in good condition and be in the top 4 of the ladder. Moving players is based on these factors and space in each class.

**High Performance Academy (Limit 24)**

This is our second highest level and our most competitive. We will have 24 players in this academy. Players at this level should be top varsity high school, top middle school, and top players in the area. It is a very select few. Rally amount to move up to the next level is 100, and must be in top level shape. We will do conditioning in this academy and it will be offered 4 days a week. Players must do a minimum of 2. Pros suggest 3-4 days a week if possible.

**Peak Performance (Limit 12)**

Our top academy. We will take no more than 12 players. Each class will be 2 ½ hours with 1 hour of conditioning. This class is determined by space and pro selection. Requirements include, 100 ball rally, great conditioning. Tournament play, and UTR/Rankings.

Any Questions Please Call TLAC ask for Michael Blevins, Director of Tennis