

JOIN US FOR *Senior Programming*

Offered at The
Salvation Army
Harrisburg



CONNECT WITH OLD FRIENDS AND MAKE NEW ONES

Nature Walks

Come enjoy the outdoors with friends with peaceful walks through Wildwood Park

Health Seminars

Tune in with health professionals regarding our physical and mental well being

Food and Games

Laugh all night long while playing games and enjoying a slice of pizza

Bible Study

A space where you can share your faith and lift each other up in prayer

Exercise Classes

Participate in our exercise classes for all fitness levels to enjoy

Field Trips

Come with us to science centers, local theaters, and Christmas plays



FOR MORE
INFORMATION,
PLEASE REACH
OUT TO SYLVIA

(717) 233-6755, ext. 167

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