



Professional Hitting Instruction

Private and Semi-Private Instruction



Ryan Dambach
Hitting Instructor
Mental Conditioning Coach
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Ryan Dambach is a Hitting Instructor and Mental Conditioning Coach with over 18 years of experience. He is a former collegiate and professional player and college coach. During his career he has worked with players from every level of amateur and professional baseball.

Ryan's approach to instruction is unique in that it truly combines both mental and physical development. With his experience as both a Hitting Coach and Mental Conditioning Coach he is able to accurately provide each individual with exactly what they need to consistently perform to their highest capacity. He draws upon his expertise in both biomechanics and mental training to allow his athletes to maximize their development.

He can help you...

- Increase Power
- Improve Consistency
- Boost Confidence
- Eliminate Performance Anxiety
- Develop an Approach at the Plate

Private Instruction

- 1 Player
- 30 minutes in length
- Cost \$65

Semi Private

- 2-4 Players
- 30-60 minutes in length
- Cost \$40/player

Contact Ryan at:

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