

# May Bank Holidays Timetable

*THE  
HOGARTH  
HEALTH  
CLUB*

## Monday 5 May - Club open 8am to 8pm

Time	Activity	Instructor	Area	Level
09.00 – 10.00	Pilates	Louise	Studio 2	Beginner
09.00 – 10.00	Bodypump	Ris	Studio 1	General
10.00 – 11.00	Spin	Charles	Studio 1	General
10.15 – 11.00	H2O	Ris	Pool	General
12.30 – 13.30	Danceworks	Alison	Studio 1	General
13.30 – 14.30	Stretchworks	Alison	Studio 1	General

## Monday 26 May - Club open 8am to 8pm

Time	Activity	Instructor	Area	Level
09.00 – 10.00	Pilates	TBC	Studio 2	Beginner
09.00 – 10.00	Bodypump	Ris	Studio 1	General
10.00 – 11.00	Spin	Charles	Studio 1	General
10.15 – 11.00	H2O	Ris	Pool	General
12.30 – 13.30	Danceworks	Alison	Studio 1	General
13.30 – 14.30	Stretchworks	Alison	Studio 1	General