

# KILLING THE LIZARD

## EPHESIANS 4:17-24

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- Live a new life by recognizing your old life for what it is. 4:17-19
- Live a new life by having a living relationship with Jesus. 4:20-21
- Live a new life by taking off old habits, allowing the Spirit to renew our minds, and putting on new habits. 4:22-24

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## • Live a **FURTHER UP, FURTHER IN**

1. Read 4:1 and 4:17. How is the call in both verses similar and yet different? Can you explain the line of thought from 4:1-17?
2. Read Ephesians 4:17-19. What stands out to you about the life described here? Do you see a progression? How do you see a similar progression in Romans 1:18-32?
3. How does darkness, deadness, hardness and callous recklessness creep into the lives of believers? How can these creep into your own life? How does futile thinking play a role in this?
4. Read Ephesians 4:20-21. What does it mean to learn Christ? (see Matt 11:29, Phil 3:8-10, Col 2:6-7, John 17:3) How can we do this in our daily lives?
5. Read 4:22-24. Why do you think “to be renewed in the spirit of your minds” is sandwiched in between putting off and putting on? How can we be renewed in the spirit of our minds? Why is this important? (see Rom 12:2, Col 3:10, 2 Pet 1:3, 1 Cor 14:20, Titus 3:5, Matt 22:37)
6. What are some ways you can shed old habits and grow new habits? How have you seen this in your own life? Does it matter that the commands of 4:22-24 flow out of 4:20-21? (see Rom 6:11-13, 2 Pet 1:5-8, 1 Cor 9:24-27, 1 Tim 4:7, 2 Tim 3:16-17)

“I have come home at last! This is my real country! I belong here. This is the land I have been looking for all my life, though I never knew it till now. . . . Come further up, come further in!” — C.S. Lewis, The Last Battle