

BE THE ANT

Proverbs 30:24-25

1. Ant has day by day persistence towards a GOAL.

(Prov. 30:25)

2. It takes DISCIPLINE to be godly. (1Tim. 4:7)

3. Exercise your YES muscle. (Colossians 3:23)

FURTHER UP, FURTHER IN

1. What spiritual goals or resolution have you set in past years? Were you successful in meeting them? Why? Why not?

2. It is the beginning of a new year. What is your goal spiritually this year?

3. What is your Ant-like plan to achieve that goal?

4. What have you had to do that took gut-wrenching self-discipline do accomplish? How did you feel after you succeeded in your goal?

5. Parents, in what ways have you helped your child learn persistence and day by day disciple towards a goal?

6. Which movies (for example, *Rocky*) about people who persevere towards a goal have inspired you?

7. The Apostle Paul commands us in 1Timothy 4:7 to “discipline yourself to be godly.” How can you discipline yourself for spiritual gain this year?



“I have come home at last! This is my real country! I belong here. This is the land I have been looking for all my life, though I never knew it till now. . . . Come further up, come further in!” — C.S. Lewis, *The Last Battle*