

Connect to the Universal Intelligence

1. Take a deep breath and tune in to your own system. The Solar Council would like you to focus inside, on one "something" that you would like to have come as the OUTCOME of this access to the Universal Intelligence. For now, just one thing. [You can practice this on your own with many different possible outcomes]. But for now, pick one "something". It doesn't have to be material—it doesn't have to be a book, or a relationship, or career, or money. It could be something internal. Pick whatever it is that honestly, right now, you would really, really like to experiment with and arrive into some understanding of.

So internally, go in and find in your heart of hearts what is that one desire that you really would like to have access to the Universal Intelligence to have more clarity about, or to understand, or to bring forward for yourself in your life. Good. And when you feel it in your heart – you can leave it in your heart.

- 2. And now tune into yourself as a Soul. As a conscious entity that has the divinity of God Source in it and resonates into this Universe.
 Good. Bring that star-like presence of yourself downwards a little bit so it is in the center of you radiates from your center (could be your heart; could be lower) into this bubble of space that you occupy.
- 3. Good. Now envision the energy spiraling upwards and downwards from that central, divine place that you are. That is your vertical flow of energy. It goes through your body. You can extend it 3 feet above your head and let it go on



the lower end through your hips, through your legs and then 3 feet below your feet. And notice how this divine energy that you are connecting into (your star being, your soul resonance) is now spiraling upwards and downwards along this vertical flow.

- 4. And as you tune in to this amazing, precious energy of yourself as a divine being notice how this vertical flow becomes more potent, more saturated, more sparkly. And perhaps it extends even further up and further down. Allow it to go as far or as close as it wants to. You are a star with the vertical column through you, resonating energy upwards and downwards.
- 5. Good. This is the place of internal abundance. This is the initial imprint of you as a Soul that already is in Oneness. There is no Separation in this place. Now in this place, feel yourself as enough. You're already enough. You don't have to do anything for it. You are worthy of all the riches of the universe. All the consciousness. All the magical, amazing gifts. Feel the love of the universal energy radiating to you as you receive it because you are enough.
- 6. Good. Now envision a bubble around you. That is your personal space. Make this bubble whatever size that is comfortable for you. The upper part of your vertical flow would touch the roof of your bubble and the lower end of your vertical flow that goes through your feet will touch your bubble on the bottom. It probably would be about 10 feet in diameter, at least. You can make it bigger, if you wish. Really scan with your awareness the inside of the sphere that you have just created. This is a perfect, safe container.



7. Allow this internal Soul star to shine into this bubble so you fill yourself with light of who you are. Notice this perfect bubble of energy around you. That is your sovereign space. You are a vertical flow of energy that touches the bottom and the top of your sphere. You are a perfect sphere. And there is a star of your Soul in the center, radiating its light outward.

You are abundant. You are enough. And you are sovereign.

- 8. Allow yourself to imprint this space of perfect sovereignty of your inner kingdom. This is your space. It is a holographic representation of the entire Universe. Right now, you are a mini-copy of the whole universe; of the whole galaxy; of our solar system; of our planet. It's all the same beautiful, holographic syntropic pattern.
- 9. Good. Now within this place notice the power of who you are. An incredible power of the Creator that you are. It is not control. It is mastery. It is a power of your masterful Self. Of all the experiences you have ever had. It is yours to own, now.
- 10. Good. Now bring this shine of your uniqueness through this bubble and radiating a little bit further out. And notice how the entire space is starting to shimmer. This is that frequency of that 11th level of this dimension that relates to Universal Intelligence. It is of a darker green with a raspberry color. Kind of like the dragonfly wings or aurora, with a little bit of a silver, and it's shimmering. It's very light and it's everywhere. Your entire sphere is now filling in with that energy.

- 11. Allow it to circulate through your vertical flow and let it come in all the way to the center of you, to that inner Star that you are. And then hold there. Allow it to radiate out to the edges of your beautiful sphere. And as you do that, notice how your sphere gets a little bit bigger, and a little bit bigger with every breath. You don't need to try to make it bigger. It will automatically do what it needs to. Trust that you are in the perfect alignment with the universal intelligence, right now.
- 12. And now you can return to that energy you put into your heart when you had the original desire. Something you really wanted from the internal Self to connect to the Universal Intelligence. Whatever that was, allow that to radiate. And then notice what answers you get.

Something that is a next step for you to do, perhaps. Or a different way for you to believe about reality. Or maybe a different intention on how you need to see yourself. Whatever that question was, that desire was, notice what this space of universal intelligence is telling you.

13. Good. Now shift your awareness again to that vertical flow and notice how at the top, above your head, there is a smaller bubble of energy. That is your personal Star Gate. You automatically activated that part of your inner technology. That is the part of you that knows. That has access to Universal Intelligence all the time. And you did not need to do anything for it. All you needed were those 6 steps to actually calibrate your field into. And because you are holding yourself in this beautiful light of your uniqueness, your power, your sovereignty, your enough-ness, your abundance and you have an application for whatever you were asking the information for, your internal technology has activated naturally.





- 14. So rest for a moment in this place so you can imprint how that feels because you can return here anytime. It is always there. It is our awareness that might go away from it or back to it. But this inner space is always available. It is always there. It's already yours.
- 15. Take a deep breath, in and out. Let your uniqueness shine in all directions. You are a wonderful, awesome light being that came into this incarnation with a purpose. And you can always know whatever is yours to do in any moment, internally and externally, because you have the access to the universal intelligence frequency for your inner technology. It is your divine right.
- 16. Now you can come back to the now moment and remember what was the information you have gotten. It might take a little bit to decode but whatever you have received, that is your next sort of expression into this reality. This is your moment of access that you can build on to continue this and build a chain of this moment so that you can actually step into those states.

Be LOVE. Be FREE. Be GOD.

