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ASCENSION STAIRWAY with Paa-Tal

Mentoring

You know how sometimes you have a conversation with a person and then somewhere midway you realize that you probably should stop talking because chances are the person that you're trying to say this to is not at the level of consciousness where they can comprehend what you are saying. I'm sure you've had that experience many times. This is because on this planet earth we have levels of consciousness that are different.

Many Starseeds come to Earth as Souls who have experienced and graduated from levels of consciousness that are much higher than what the human race has. But the environment in which that lesson was learned was very *unified* in some situations, and in some cases even *homogenous* with no individuality at all. In many situations it actually had some individuality but it was so minimal it was like barely there as far as self-expression. Mostly just in the creative sense. The rest of it was just being in the flow of life and being connected. When a being like that expressed itself it automatically was understood. It was received.

When we come to Earth one of the first traumas that we get here is being misunderstood. Right? How many of you have felt that? That feeling of you trying to deliver something and there is no place for that energy to land. The people with whom you are communicating are not at the frequency range where whatever you are delivering could actually be understood. That is a very common experience. The reason for that is actually because of individuality development on this planet.

Here on Earth we do have a progression of self-development. That is different than in many other cultures and is much more extreme here. There are other cultures who have individuality. In fact, most





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cultures that are humanoid do have individuality. But they don't have it as uniquely separated from the whole in the identity sense. Here *our individuality is very extreme*. With that individuality also comes different levels of conscious perception. In other words, the level that the Soul has arrived at in its understanding. It's very rare when that occurs within one culture. Usually you will have different Simulations, and each Simulation would have about the same level of consciousness. You would be interacting with species that are all on the same level.

If you go to another Simulation there will be different species. Then they will be all on the same level. Maybe not the same level that was your own but still usually the same level overall of consciousness. Here on Earth we have many, many levels all at once. That usually is pretty traumatic for Starseeds. We must understand how it works and we must learn how to deal with it the right way so that it does not hurt us all of the time. Also, so that we *do not create karma*.

Let me explain that second portion. The karmic component is this: **we, as more conscious beings** (may that be a Starseed or a Forerunner of the earthling Soul group) **are responsible for what we are delivering into the world. The more conscious you are** (the more adult you are in the spiritual sense) **the more you are now responsible for how you interact with the world. The higher your level of achievement is, the higher your responsibility is.**

When we chose to deliver something to a person who is not at the level of consciousness where they can comprehend it, we actually build karma. Not only do we get hurt by the process (because it doesn't feel good; we feel misunderstood or not understood at all; or we feel rejected, etc.) in addition to that we also build karmic patterns for ourselves. This is because at the point we become linked to whatever that person is going to do with the information we gave him or her.

Imagine that you give someone a key to a spaceship, essentially, but it's a child. Now that child might choose to ignore it or say that spaceships don't exist. That means, okay. Good for you. At least you didn't create any damage. You just got hurt and misunderstood because that person didn't believe in your spaceship. On another hand, what if that child said "*Oh, goodie! I get a spaceship!*" and they actually go and try to fly it. Because of the level of consciousness, that person might choose to use it as a





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war ship. Like *fight* something with it. Or they might choose to damage reality somehow because of its level of consciousness. That is actually okay for that person but that person should not be given the tools that will only naturally arrive later on in their development.

When we give somebody tools that are higher than the person's level of consciousness, we give *ourselves* a karmic hook that now links us to how that other person is potentially going to use the information we gave them. That is why it is absolutely essential for us to understand how that works and for us to understand why we end up getting hurt. Getting a little bit hurt and feeling misunderstood is actually a clue. It helps us realize *"Oh. I'd better watch out because that person is obviously at a different level of consciousness than what I would like for them to be."* That means we have to downsize whatever wisdom we are trying to share with that person.

That is actually our responsibility. To bring the information we are trying to download and then deliver it exactly as we downloaded it is irresponsible. That is unless you are talking to someone who is at the same level of consciousness as you are. This is how we are able to then translate ourselves into this reality in a much more harmonious way. We stop getting hurt all of the time.

Another thing that happens as a result of that awareness is that we don't judge anymore. The constant experience of having judgment is actually spiritual arrogance. Believe it or not, there is such a thing. It is an arrogance that is based on *"Well, I know better. I know how harmonious it can be so I'm going to kind of force it on the one who doesn't know because I am passionate about giving them a short cut."* There is a component in there that is true. It is that natural passion because we care so much. Afterall, that is why we came here in the first place, right?

The other part of it is that we are pushing the person further than they naturally would go. That is a clue for us to stop and not do that. When we don't stop, we give ourselves a karmic hook linking ourselves to that person. The last thing we want to do is to become linked to that person.

Understanding the level of consciousness, understanding where someone else is and how we interact with that person so that the information, wisdom or whatever it is that we choose to share, advice, our





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caring? We get to care as much as we want but we must know where that person is and err on the side of caution if you don't know. Start low. Start pretty basic. If the person is utilizing that information and asking for more then you can give them the next level. And then another level. It's okay to see how far they can match you and are staying with you. Then you can keep going. That is a much better way of doing it.

What tends to happen with spiritual arrogance is that we end up with a belief that *"Well, I know better about how this should be. If this person would just get out of their own way and would just take this next step that I'm showing them then they will be much better because I know how to get them there. So, I'm going to tell them that."* But to that Soul, whatever we tell them is kind of like giving the keys to the spaceship to a child who has never even seen a spaceship. Never mind it being something as basic as a car – this is a spaceship!

The capacity that we are enabling someone to have a tool without first giving them the knowledge and wisdom to use it is huge. I know, it sounds a bit dramatic because if you are just giving advice then how does that equate to giving keys for a big spaceship? To that person it actually does. If you look back into your own life and you see where somebody got really mad at you because you told them something and you knew in your heart of hearts that that was the correct information (like it was good advice) but then that person got mad at you. They tried and it didn't work. Then the situation became a big disaster and chances are you were blamed for it. That is a good example of spiritual arrogance. That person trusted you. Maybe you had a good connection. Because of that trust they followed your advice. The problem was that they did not have the skills, knowledge or wisdom to know what to do with what they were given.

From your perspective it was only tiny, little advice. It might have seemed to you like *"Well, I only told them that they needed to think of it this way."* That's great. But did that person have the pre-requisite knowledge to understand what you based that on? If they did, then awesome! Give them advice if you want. But if they did not, then that means that you are trying to push them a couple of steps ahead from where they naturally would be ready to go.





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This is something that we need to learn to track when we are interacting with others. Think about it this way. If you are going to give advice to someone, that advice is based on an understanding of reality. Let's say, an example would be that *you* understand that we create our own reality by our beliefs. Then you tell a person that they need to think of it different, like 'this'. That would be the lower more basic way of seeing it. See how the person responds to that suggestion. The other way of presenting it would be to tell them that *"Well, you create your reality. Anything you want can happen. It's all totally possible. All you need to do is believe differently."* In that way you have given the person something for which they do not have a foundation of understanding. Unless you explain to them what it even means to create from their beliefs, they might misunderstand what you meant. The chances are they will.

That is why we must track what we are delivering to a person when we talk to them. Make sure that whatever that information is, it is always based on some foundational knowledge that we and the other person can share without our needing to explain the Universe. As you know, **you cannot progress somebody along consciousness artificially from the outside**. If that was possible then we could just go and create a broadcast telling everyone everything and then "Whoop". That's it. The human race has advanced. Consciousness is raised and we are all practically ascended.

That does not happen. The reason it doesn't happen is because people have to actually move along and learn their own lessons. When we try to make someone learn a lesson that they haven't arrived to yet for their learning, **we end up responsible for their development**. That's why we must notice what comes out of us when we give advice. It's a great thing to give advice. It's a great thing to care and to share, but we must do it consciously.

The subconscious component is where judgment comes in to play. That is where we end up internally feeling like *"I feel so hurt by the state of human consciousness. It's so painful for me to watch the people. They are so horrible. Why can't they just wake up? I feel so hurt by the level of how people treat each other. Or by how people treat animals. Or the planet. Why can't they do it better? Why can't they just get the point?"* Then very quickly it will go into the victim perspective where we become the victim of the environment. Remember, we **chose** this planet. We chose to be incarnated here because of the individuality and this is where we can have this unique and amazing experience of being an individual.





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That also means we must respect another person's individuality even if it is immature. Immature individuality can look very ugly. Nevertheless, it is step in progression toward enlightenment. We might be at a step that is a little bit further along. Because of that we might not feel like we need to go and, let's say, avenge something. We might not want to rage publicly, or bad-mouth somebody just because we are upset, etc. There are people who have not yet learned those lessons. Unless they do, they will not know.

Our job is to choose who we interact with and what information we allow into our world. This is the general rule to this human Simulation that the Solar Council upholds. If there is something that you are bothered by, you have two options. You either do something about it to change it externally (obviously you have to learn from it internally at the same time); or you move it out of your world because you don't need that frequency. It's a choice.

When we watch the news and there is something bad going on somewhere far away on another side of the world – because we are all interconnected, of course we can feel that pain! What do you do about that? If we are in spiritual arrogance at that time, then we might say something like *"Oh, why can't people just get together and do this? What is wrong with people? Why is this bad thing happening?"* Then we will kind of stew in that energy. We might talk to people about it. We might think about it all of the time. Then our life could become miserable because we have begun **matching** that energy. Guess what we are doing in addition to all of that? We are at that time energetically adding to the problem, but not to a solution.

What would it look like if we added our energies to a solution? That will look something like this. You watch or hear something that is negative. Internally you tune into what lesson these Souls are being presented. If you don't know what that is, you tune into compassion and love. Unconditional love, no matter what, even if you don't understand the lesson. From that point you just neutralized your own reaction and at that point you have a choice. Do you want to do something about it externally or not? If you do that might look like donating money or getting on a plane and flying there for a couple of months to donate your time and effort to help fix the situation. It could be that you choose to get involved with your town or whatever the issue is. But you actually **do** something.





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If you are not going to do anything, then your choice is to take it out of your world. If you have not done anything and in addition to that you have not let it go, then you are back to the first scenario where you are adding to the problem instead of the solution. That is why it is absolutely essential to know where we are and to understand that everything, every single event is a part of the learning curve. That we contribute to making the events more harmonious and flow spiritually more smoothly creating a shortcut, in a sense, for the Souls to arrive to the next level if we choose to either do something about it or step back and let it go. Either way by being internally nonjudgmental because we understand the Ascension Stairway.

The beings who have created the concept of the Ascension Stairway are the Paa-Tal Guardians. In the ET Spotlight segment, we will be talking about the Paa-Tal.

From this section what I want you to understand is to watch for those pieces of spiritual arrogance. When a judgment comes out of pain, but it is actually based on not understanding the Stairway.

When we go into the Meditation, we will learn how to process this energy better so that we are harmonious and not in judgment. **Judgment**, by the way, **can be external or internal**. We can apply it onto ourselves just as easily as we do to others. Either way it is still not beneficial because it is not helping us. It can even add to the negative morphogenic field of things like self-hatred or self-blame. There are plenty of fields like that. Those are all victim energy fields. We want to make sure that we are in Self Love so that we are adding positive energy to the Universe and to this planet.

Be LOVE. Be FREE. Be GOD.

Eugenia Oganova

