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ASCENSION STAIRWAY with Paa-Tal

ET Spotlight

This class is about the Paa-Tal Guardians. Those are incredible beings who have created a humanoid form. Before the Paa-Tal Guardians there were no people in the way we think of people. Other Guardians created other types of form. Those forms were non-human-looking. They were anything from jelly-fish-like, to sphere-like, to something that we might think of as an animal, or a geometric shape that is not even a form in the way we would think of as a form. The Paa-Tal created this new pattern of a human looking form.

Paa-Tal are the Elvin people. When we think of elves, we tend to think of nature spirits. That has nothing to do with the Paa-Tal. Nature spirits would be a much further off-shoot of the echo of that DNA that could resonate within this Simulation creating something like nature bouncing off itself in this particular form that looks like a person. Most stories about the Fairy people and about the Elvin people actually come from the imprint of some of the other cultures that came to Earth and who were of the higher frequencies.

There were many different races that existed here on Earth. They were from many different genetic hybridization projects. They were not native to this planet. They came here and visited. Some of them interacted with the people and, let's say, Hyperboreans created their own project that interacted with people from the North, and later on those people became known as Druids. Then the Druids became associated with the Fairy or the Elvin because they had access to that frequency. That's one way.

There was another way. When the reptilian beings called Amashutum (the female lizard people) were here and they were also resonating their dragon codes into the human beings. That is a different





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hybrid. They had dragon codes and were also seen as the Fairy type of a person because of their access to magic, or what looked like magic from the human standpoint. There are many misconceptions about what Fairy and Elvin people are...

What we are talking about here are the Guardians. Dimensionally, forget 3D for a moment. Go much further up to the frequency of 10D, 11D and 12D. At that point we get really close to Source. That is the place where the Guardian Host is unified. At the same time there is a little bit of personality and of individuality in the different Guardians.

The Paa-Tal were very particular beings because they individuated from Tal and kind of split into Paa and Kih. There is actually a Guardian who was even more unified: that is the Tal Guardian. From Tal comes Paa-Tal. The Paa-Tal are the Elvin Tal. Paa-Tal people are what we think of as being human-looking people. Originally there were three types of different Elvin groups. One was the Fire Elf. Another one was the Flora Elf. The third one was the Water Elf.

Why are they connected to elements? We are not talking about people in the human sense, sitting in something physical and bursting into flames. We are talking about really high frequencies – let's say 9D. In the 9th dimension this is more of a blueprint from our perspective. The original being was the Fire Elf. They were the ones who were a part of the project when the Ghee-Ra (another group of Guardians) and their next level (the Dragons; these amazing and really wise fire beings) and the Fire Elves worked together on a particular project.

Originally the Paa-Tal helped the Ghee-Ra create the Dragons and the whole line of what we know as reptilians. But as a 'thank you' back, the Ghee-Ra and the dragons helped the Paa-Tal create a humanoid form with the imprint of the Fire Element. That was the first being that was human looking so it had a 5-point shape like a star shape. Two arms, two legs, the torso and a head. Elementally it was made very differently. It digested life force differently. It had experience with nature of the 9th dimension based on what we would think of as plasma (plasma or atomic energy). It resonated that energy through itself in order to comprehend reality and create.





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It was an extremely creative being, but it was also really hard to manage.

Beings that were originated from that line (from the Fire Elvin line) are pretty head strong. The desire, the passion is so strong because they are driven by the Fire Element. That makes them much less versatile in participating in different Simulations and in different experiments. They work well “in small doses”, like to go somewhere as a small anchor point to then do something to create change. But to put them all together – it is constant chaos and is just too much. They don’t necessarily fight obviously because they don’t understand the concept of war (because there is no separation). But it’s a really strong Fire Element energy.

The next being that was created to somewhat remedy that situation is what is known as the Flora Elf. The Flora Elf is actually the same humanoid form. It looks very similar to the Fire Elf but it utilizes different frequencies. It works much better within Simulation environments. The Flora Elf was designed in order to be inside of a Simulation. That is where the Paa-Tal, working with the other Guardians, decided to begin creating Simulations. Some beings that were taking on the bodies of the stars were coming in and opening up their exploration by creating planets and then creating different simulated environments like classrooms in order to learn something. In order to graduate. In order to provide parameters for understanding reality.

Paa-Tal was extremely instrumental in this concept of descension and ascension. From what I understand, this was originated by the Paa-Tal. The concept that you sort of fall asleep and then you go deeper and deeper into density. Then as you wake up inside density, you learn and understand something. Then you ascend. You arrive back at the level where you started from with new wisdom and something that you have learned. That concept of descension and ascension was created by the Paa-Tal. They were very instrumental in the entire concept of Simulations in which to learn.

The Flora Elf was a template or a blueprint for a human-like being to learn within that system. Going down in consciousness and coming back up. That consciousness went through certain stages. At some





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point (finishing the three different Elvin races before I come back to the stages of consciousness) much, much later on – the Water Elf were created (we'll get to them).

For a really long time there were just two types of Elvin people. The Fire Elves who were not that large in number, and there still are not that many of them in the Universe because, as I said, they are only needed in small doses. And the Flora Elves, which pretty much most of us are. Pretty much any humanoid race out there, may that be Pleiadean, Lyran, Vegan, Ameli, Sirian, Arcturian, Andromedean. As long as it is like the humanoid star (you know, 2 hands, 2 feet, a torso and head) chances are, one way or another it is linked to the Paa-Tal.

Either it is of the Paa-Tal Soul Group literally and is incarnating further down and that's the Elvin group line that is the Flora Elves. That's the line that did this crazy opening up of the whole Universe and populated it, like *a lot!*

Or it could be a hybridized template with a form that was then used by other species as well. But the point being that pretty much the majority of the human looking races with variations, depending on how they were hybridized, is usually actually the Flora Elf Soul Group which is the Paa-Tal Soul Group coming in and exploring.

This became a prevalent way of exploring reality. This is why you notice that one of the most common blueprints out there for form in which to learn is a humanoid one. Not because somehow it is better than any others! A form that looks like an orb or a triangle, or a form that looks like a furry blob could also be extremely beneficial for whatever lesson it is. But it's not as versatile. To allow the most versatile experience of learning and within the Simulation the humanoid looking form which is the Paa-Tal blueprint, it is the one that everybody desires. That's why that form is so prevalent anywhere in the Universe. It's not because "*Oh, we people are special.*" It's because it's just we can experience more within that form than any other form.

It's true that we *cannot* experience some things that maybe some other forms can. That's possible. But the range of different capacities, different skills and abilities that could be added into the human form?





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It's practically endless. There are so many species out there. Even on the Solar Council. There are so many species that have abilities that we can't even imagine. And they are humanoid species. They might require different external environments because whatever Simulation they come from they might not be breathing oxygen for example. They might be breathing something else. Or their capacity to interact with water might be different than ours. And so on. But they still have certain similarity in their shape and overall blueprint of the chakra system in the vertical alignment that the person walks vertically. And that the head, the consciousness, is stored in the brain that's above, set above.

There are plenty of species that don't look like that, where the brain, let's say, is underneath and the legs are on the top. Those are usually arachnoid types of species. But the humanoid blueprint is the most versatile.

So, to finish up the Elvin people the third Elvin type is the Water Elves. Those were created much, much, much, much further where the whole Universe was already populated by the Flora Elves and the Fire Elves were ancient by then. The Water Elves are the somewhat recent project of the Quitri which are another group of Guardians that are water-type of Guardians, with the Paa-Tal.

Now, let's go back to the concept of different steps of moving along in consciousness. This is the part that Paa-Tal engineered as a way of experiencing reality when we go down in consciousness and then come back up. You can think of it as a "V". You start at the Source, or at Oneness, or at whatever level of consciousness you begin your journey. It doesn't have to be that high. And then from there you go down. That descension process is when you experience a certain amount of separation and kind of coming away from Oneness in your experience. By the time you get to the lowest point of the "V" that's the spot where it's the most extreme separation. Obviously depending on the Simulation that extreme would look very differently.

Here on Earth we have duality very far apart so it's very extreme. But in other Simulations that "V" might not be as extreme. It might be less severe. The bottom point, think of it like if you jump in the pool and then you push off the bottom to start your ascent. So that bottom point is where we push off to start the ascent. So descension and ascension. Now in the human Simulation here on Earth this is the





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process that all the consciousness goes through. I usually equate this to the school system because it's easier to understand and explaining of it because linear terms are limited.

If we start from the level of consciousness when we're kind of like in Nursery school that would look like people who are connected to everything and almost animal-like in their existence. And I don't mean it in any negative sense. They're just really present, really connected to the planet. They are not separated even in their identities. So, some Aboriginal tribes of Australia, some Native American tribes. There are very few who are still in that level of consciousness but that's the more basic level. That was the level of Lemurian culture when it was on Earth a long time ago. Seventy-something thousand years ago.

Then the next level of progression is kind of like Kindergarten. That's the level where the entity begins to want to play and do something with the reality it is in. It doesn't just exist. It now wants to like make something out of things. Make a better house for itself, or a nest, or get something it wants. It has a little bit more of desire. That desire didn't really exist in the previous one. It was just kind of existing. Kindergarten stage is kind of basic desire. In that level there are some people on Earth still, but also not that many. That would be a very basic desire. Like the person doesn't actually have a vision or an understanding of anything in the future, or whatever, but it might be like they want a more comfortable bed. Or they just really love their shoes. Or they enjoy eating a particular food. But the rest of it just kind of fades away. They don't care. Now days there are pretty few individuals still left like that but that would be the Kindergarten level.

Then the next level, that would be what we could say kind of like the Primary school and into the Middle school. That's the Tribal consciousness. That is *the* prevalent level of consciousness right now on Earth. Tribal consciousness means a group of people is defined by a certain understanding of themselves. So, the identity still does not exist in the individual sense, just like it did not exist in the nursery school level or kindergarten level. In the Tribal level, in that middle school level identity, individually still does not exist. What does exist though is a group identity, or tribe identity. That could be this sports team against that sports team, or this family against that family. Or this country against another – so nationalism is all about that. Anything that's tribal and religion is another one. If people are separated by the concept of





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their belief in God that is a Tribal consciousness because really there is only one God.

When we see ourselves belonging to a group, that belonging is not true Universal belonging. It's not a vertical belonging that's between you and God. It is a tribal belonging. Kind of like horizontal belonging between you and a group of people. The majority of humankind right now is there.

The next level of consciousness is where the individuality point begins. That next level of consciousness is the "V". That's the bottom point. That is the most disharmonious level. This is where we could think of it like Lower High school. This is where everybody who arrives there are extremely selfish: *"It is all about me, me, me. I want what I want."* Usually those people become sort of like fake leaders. They try to manipulate the tribe into getting what they want. And usually think *"Oh, I'm better than you. I'm cleverer than you because I was able to do that."* A lot of sales tactics are based on that. Corporate structure from the big corporations is all based on that. Politics is all based on that. These are very few people that are manipulating really large groups of people on the planet. That is the most disharmonious stage and just wait what the rest of humankind gets there! That usually is pretty hard to watch... Right now, there are very few people in that stage.

The next level is the progression of the individuality so now the ascent begins into the understanding that there is something bigger. Something bigger than their selfish desires. That level, we can think of it like Higher High school. Think of it like King Arthur or a Knight in Shining Armor or Joan of Arc. It is a cause-oriented level. This is where somebody stands up for the cause and the cause doesn't have to be that great. It could be something basic like *"I don't want this restaurant to close because I love this pizza."* Whatever. But it still is something that the person is choosing to sacrifice something (comfort or time or whatever) for whatever they believe in. That's now not selfish just literally for them.

In the higher sense, as I said, that's a King Arthur (Arthurian code – this is this Knight honor code, or the Samurai code). This is all based on this idea of you dedicating your life. Devote your life. The whole world worship is in that stage. It's a cause-oriented stage. Very few people on Earth right now are in that stage but there are some. **That's where most Forerunners are of the earthling race.**





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The next level of consciousness, we can call it the College level. That would be when the person understands that everything is interconnected. You can think of it as a 'good person'. You know, a 'good Christian' or 'good Muslim', or a 'good Jewish person'. Whatever it is. It's somebody that kind of helps their neighbors and doesn't necessarily help only people of their religion but anybody in the world. Feeds animals, plants trees. Just generally chooses not to focus on all of the drama and the negative. Those are the people who will not necessarily stand up for a cause because they're kind of already beyond that and they get that it doesn't really change anything that much. They are more about like *"Ok, just feed the hungry. Just make sure that whomever needs a bed has a bed."* Or something like more on the basic level but it's more about caring. It is heart-based. That's the level of compassion. That's a base College level. **Every Starseed that comes to Earth is automatically at least at this level.** Most are much higher but that is the basic level.

Next level up would be like for advanced level of college, let's say Master's Degree type. That's when we understand that we actually create our own reality. We start building our relationship with God Source. We understand the essence within ourselves. And then, when we move to the higher level of education spiritually in this system, that's when we actually become God-like in our being. That's the Self Mastery on the spiritual level to a whole other degree. **That's where most Starseeds actually come in.**

It gets confusing because you might hear this whole system and say *"Well, I have issues in the Tribal. I have issues in the Cause level."* For sure. Or even in the selfish level. That might be so, but those are *issues*. Those are NOT where your Soul is. That's really important because you wouldn't be listening to this if your Soul was at those levels. That's a misconception when we find that *"Oh, I have an issue here. That means I'm on that level."* No. **That means your personality has a hook there and there is something that it still has to finish up because there is a wound on that level.** But your Soul essence already has arrived at the higher level. It's just that you've kind of piggy-backed on yourself a little bit in order to learn a lesson, which is why a lot of times we might have the lesson at the lower level, even though our Soul essence actually does understand that everything is One. That we're interconnected. So the Soul essence is at that higher level.





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That is the system that these beautiful Paa-Tal Guardians have created. And that is the system that all human-type beings that are of the Paa-Tal blueprint go through. Not just in this Simulation. In any Simulation.

Beings that are not Paa-Tal origin also some have adopted this system and it became kind of a way how the Universe works. There are some beings that utilize slightly different systems and I'm not going to go into that. But for the human beings and the majority of conscious cultures that we interact with – that is the system. We descend and we ascend. And there are stages of consciousness.

So, when you understand which stage you're at you understand where you have a lesson. It might be on a lower stage. If you now just understood something about yourself – that's power! And then, when you interact with another person, you can also start navigating where they are, so then it gives you more clarity on how to interact with that person.

In the Meditation segment we will go deeper into healing the wound in connection with whatever we have a component of us that is stuck within the Ascension Stairway so I will see you there.

