

# LESSON 4: Wealth Energetics of Money

Clear energetic limitations holding you back from attracting money, and learn to position yourself to get paid consistently.

#### **MONEY ISSUES**

Are you a <u>"leaky bucket" type</u>? > Money flows consistently in and then flows out, you attract a lot but then nothing stays.

Write down what personal issues this is linked to.

Then ask yourself these 2 questions, sit with them – write below what came up for you.

What is scary about HAVING lots of money just sitting in my back account?

What do I think people will think if I had a million dollars just sitting in the bank?

Are you a <u>"feast of famine" type</u>? > lots of money comes in but irregularly, you either have a windfall or nothing.

Write down what personal issues this is linked to.

Then ask yourself these 2 questions, sit with them – write below what came up for you.

- What if I am worthy of more than I believe I am?
- What if I trusted my ability to do what is needed and to RECEIVE what is coming?



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Are you a "small drops" type? > money trickles in very slowly, you can sell smaller offers but can't seem to sell your higher end offers well.

Then ask yourself these 2 questions, sit with them – write below what came up for you.
<ul> <li>What if I didn't have to work harder to have more money?</li> <li>What if I had lots more money and it didn't take away from anyone else?</li> </ul>
Are you a "drought" type? > money doesn't come no matter what you do, your actions don't bring results.
Write down what personal issues this is linked to.
Then ask yourself these 2 questions, sit with them – write below what came up for you.
<ul> <li>Then ask yourself these 2 questions, sit with them – write below what came up for you.</li> <li>What if money didn't have to come to me the way I think it has to?</li> </ul>
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## Money Energetics 3 step sequence

Where does Money come from?
What is the difference between "mentally deciding" and a full "embodied decision"? What kind of language does Universe understands when you are intending to create something?
What are the 3 steps of the Money Energetics sequence?

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#### Money Problem Diagnostic

What is your main sabotaging component(s) inside the Money Energetics sequence?

- Is it that you did not decide clearly what you wanted?
- Or you mentally decided but did not experientially hold it in your body?
- Or you are avoiding and procrastinating on the action?
- Or you are making many not-soul-aligned actions out of frantic energy of compensating and forcing?
- Or you are not open enough to receive? Perhaps too controlling how you want it to come to you?
- Do you put conditions on what you believe you have to do for it to come to you?

Or som	nething else?					
		Dunation t	ha Manay	Energetics		

ŀ	How much monthly income do you want to shoot for?	

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Imagine it already happened – what does it feel like in your BODY?	
What actions do I need to take from now on to create this outcome?	
If this happens as you planned, or NOT, or even better, what would it feel like if you remain unattached to th outcome?	e
When you open to RECEIVE, where do you feel that opening in your BODY?	

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What do you now see you <u>need to change</u> (internally and externally) and <u>do</u> (aligned actions) to accelerate your growth without sacrificing your natural rhythm and profitably position yourself to get paid consistently? (Be very specific, make a list below)
What is Money and what is it anchored in?

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HOMEWORK >> What are your 3 biggest take-aways from Lesson 4?
To enter to win \$1000 in savings towards my program, complete this WORKBOOK and COMMENT in the FB Group LESSON 4 thread (and during the livestream or on replay) – the more you show up, the higher your chance to win!
In the LESSON 4 thread, answer this question:
What is your main sabotaging component(s) inside the Money Energetics sequence? What adjustment do you need to make?

PS – if you want to continue working together to help you fully step into the Premium Energetics and align your Business with your unique way that works for you, with flow and consistency, apply to <u>The Conscious</u> **Future Mastermind**.

It is a 12-month experience to help get grounded in your Purpose, infuse your Business & Marketing strategy with your unique Soul Design, and expand your Wealth capacity to attract more money & opportunities (while getting your spiritual needs met & having space for self-care.)