CHAKRA IMBALANCES: Spinning Counter Clockwise

Back

Fanatical. Believe We are right; they are wrong.

They are special (often blind cult leaders) and mistake that for a real spiritual experience. Fear of disappointing God, who is seen as jealous and disapproving.

Throat

Hear

Solar Plexus

Front

Obsessive compulsive.
Over focus on details.
Micro managing. Busy with
non-essential details.

Project reality onto the world.
Fear issues and then come to
the conclusion that the world is
as we feared.

We attempt to be responsible for everyone in the world.
Feel shame when do not succeed and front chakra cannot know truth.
We become rescuers, jumpers, doers.

Looking for fulfillment, with all expectations based on external reality. We do not deal with things internally with meditation, exercise or processing so it comes to us in external.

Project onto world. Ego feels like Higher Self is sabotaging life and life is its enemy.

People pleaser. Love whole world. Sacrificial pattern. Give love, feed them, sacrifice self. Addiction to infatuation as a drug.

Fake peace-maker. We are only okay if everyone okay. Way too much effort. Dependent on needs and wishes of others.

Narcissistic, selfish, entitled.
Obsessed with being noticed,
either as an irresponsible
childish way or a tyrannical way.

Entitlement. Addictive need to

Inability to commit. Control through aggressive inability to follow through or by will to have/not have life force.

Dabblers. Powerful sex drive.

(Didn't have positive attachment to Mother)

be fulfilled by toxic substances and behaviors, sexual perversions. (Got too much attention from Mother)

If not in root, we cannot make a mark on reality.