



Barrie Colts AAA Hockey Association

65 Cedar Pointe Drive, Suite #470
Barrie, Ontario, Canada L4N 9R3

Concussion Management Program

At its Annual General Meeting held May 9, 2011, membership voted in support of implementing a concussion management program for the 2011-2012 hockey season. Barrie Colts AAA have partnered with Clinical Medical Research Group (CMRG) and specially trained local physicians to deliver brain injury healthcare management. Our collective mandate is to improve general awareness, conduct neuro-cognitive baseline testing, and safely guide players back to play.

All players Major Atom through Major Midget are now required to do annual neurocognitive baseline ImpACT testing. This test must be completed before the team's first league game, or the player will face suspension until such time as this has been completed. Novice and Minor Atom players are exempt since the test requires players to be at minimum 10 years of age.

A player's neurocognitive test results and personal information are securely protected by CMRG under Canada's Privacy laws. Only the physicians listed below will be granted access for treatment purposes.

Neurocognitive baseline testing through ImpACT is completed from a home computer and takes about 20-25 minutes. The test should be done in a quiet room with no distractions and supervised by a parent (especially in the younger age groups). Once started, the test must be completed. No retests for "best score" are permitted. Cost of this baseline test is \$25 and must be paid to your team account.

You can begin by going to the website:

https://www.impacttestcanada.ca/welcome/barrie_AAA_colts.html

ACCESS CODE: **TTU8KJZ9NX** (case sensitive)

Any player, Novice through Midget, now suspected of suffering a brain

injury during warm-up, practice, or game shall be withdrawn from that activity and assessed by the team Trainer using a SCAT-2 card. If evidence points to a brain injury, that player will sit out the remainder of the activity and be referred to the healthcare profession for proper diagnosis and follow-up treatment. Any player diagnosed as having suffered a brain injury (concussion), will now be required to follow a six-step internationally accepted return to play guideline before resuming play.

Any player suspected of suffering a head injury MUST see a doctor. Options include seeing your own family physician, going to a walk-in clinic, or a hospital ER. The following specially trained local sports medicine physicians must be seen for follow-up treatment.

Dr. Margaret Burghardt
Active Health Sports Medicine Centre
115 Bell Farm Rd., Suite 102
Barrie, ON L4M 5G1

Dr. Richard Goudie and Dr. Shannon Bauman
Barrie Sports Medicine & Rehabilitation Centre
480 Huronia Rd., Suite 104
Barrie, ON L4N 6M2

*Dr. John Bowman is available in the Collingwood area.

Barrie Colts AAA have partnered with the above physicians and all have extensive training and experience in the fields of sports medicine and brain injuries. Players are now required to see any one of the above physicians for treatment of a suspected head/brain injury. Only the above listed physicians have been ImpACT test trained to do follow-up neurocognitive retesting. Physiotherapy may be required. Though OHIP covers any consult with a physician, an ImpACT retest, physiotherapy, or "Cleared-To-Play" note is not. Typically, a retest and "Cleared-To-Play" note may cost between \$20-\$30. A "Cleared-To-Play" written note from one of the physicians listed above must accompany that player before returning to play.

Should you have any questions regarding this program, please contact:

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