

# Kool-Aid Headband

Show off your favorite drink pouch brand with an upcycled headband!

Skill Level:



Time:

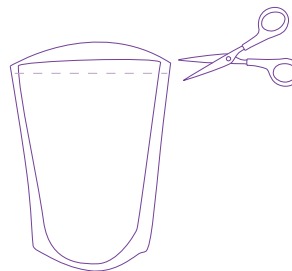


## Materials

Drink pouches  
Scissors  
Ruler  
Clear, shiny tape  
Headband

## Instructions

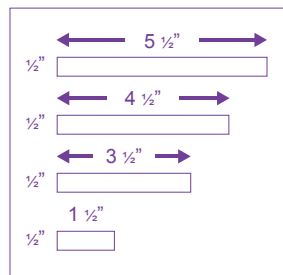
- 1 Cut the top off of your drink pouches and clean the inside with soap and water.



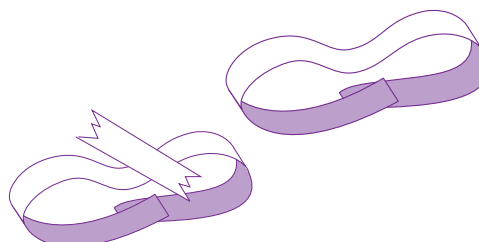
- 2 To create the bow, measure and cut four pieces of your drink pouches to these sizes.

Cut one piece each:

5" x 1/2";  
4 1/2" x 1/2";  
3 1/2" x 1/2";  
1 1/2" x 1/2"



- 3 Create a loop with the longest piece and wrap a thin piece of tape around the middle of the piece pinching the center and creating two loops with the piece. Repeat this for the next two pieces.



4

Take the shortest piece and create a loop. Secure the loop with a piece of tape.

5

Stack all four pieces on top of each other with the shortest piece on top and ending with the longest piece.

6

Place the stacked pieces on top of the headband. Place a piece of tape through the center of the shortest piece and wrap around the other pieces together.

7

Cut the remaining drink pouches into 1/2" strips. The number of drink pouches depends on the size of your headband. The headband pictured used about 3 drink pouches.

8

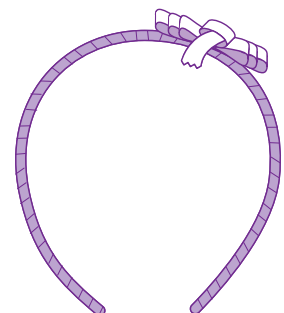
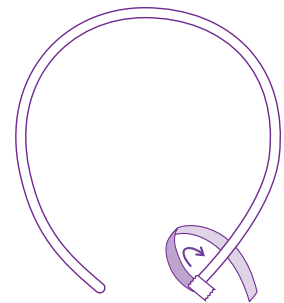
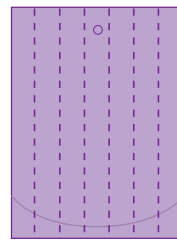
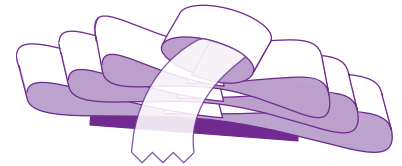
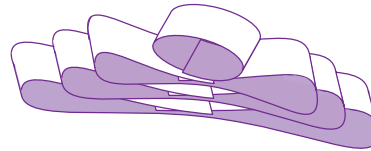
Tape the first drink pouch strip to one end of the headband. Wrap the strip around the headband, and then tape off the end. (Tip: It works best to wrap the headband at an angle)

9

Continue with another drink pouch strip at the point where the last strip ended. Continue with taping and wrapping strips around the headband until you have the whole thing covered.

10

Place your bow at the place you'd like to attach it on the headband. Place a piece of tape through the center of the connected pieces, wrapping it around the headband. Cover the tape with a drink pouch strip.



If you have completed this project and still have more materials to upcycle, be sure to sign up for TerraCycle Brigades at [www.terracycle.ca](http://www.terracycle.ca) and send them in. These items will be transformed into new products, and better yet, your collection will earn TerraCycle Points, which can be translated in charitable donations!

Project by: TerraCycle Design Junkies  
[www.terracycle.ca](http://www.terracycle.ca)

