

# DIVORCE

GUIDE



## *Helfand & Associates*

NJ Divorce Lawyers NJ Family Law Attorneys

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## Zealous Legal Representation for Complex Divorce



### Ready to Mediate, Negotiate and Litigate

Divorce is a life-changing event that is often filled with emotional turmoil. At the New Jersey law firm of Helfand & Associates, Tanya Helfand, a Certified Matrimonial Attorney and her associates, put almost 20 years of in-depth legal experience to work towards getting you a resolution that is practical and dignified.

We believe mediation or negotiation should be used first to avoid costly litigation. However, we are always prepared to go to trial to protect your interests.

### A Trustworthy Law Firm That is Experienced With All Aspects of Divorce and Family Law

Since 1992, we have been handling divorce, complex financial settlements, bankruptcy, property division, child and spousal support, child custody, and father's rights with care and sensitivity. You and your children's best interests always come first. We keep you informed and prepared at every step in your divorce process, and communicate with you respectfully and clearly.

### Committed to Your Best Interest

When you trust our family lawyers to represent and guide you through this challenging time, be assured that we will:

- Remain zealously committed to resolving your divorce effectively, efficiently, and in a manner that achieves your best outcome possible with least amount of cost and stress.
- Listen carefully to uncover the details that make-up your unique situation, so that we can identify, organize and present your case in the strongest possible manner.
- Tell you what you need to hear — and not what you want to hear — so that you can make wise decisions for yourself and your children.
- Advocate for both women's and men's rights, and help you develop a civilized relationship with your spouse — because ultimately it's in the best interest of your children to do so.
- Provide you with the positive support you need to make it through this challenging phase, and guide you safely into your new life after divorce.

### We Provide Legal Services for Individuals, Families and Small Businesses Throughout New Jersey

In addition to family law our attorneys blend a wealth of experience as negotiators and litigators in multiple areas of practice. We represent clients in Superior Court, U.S. Bankruptcy Court and municipal courts throughout New Jersey.



*Tanya Helfand is a Certified Matrimonial Attorney.*

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*Serving clients throughout New Jersey, including Morris, Essex, Sussex, Bergen, Passaic and Union counties.*