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You can read the recommendations in the user guide, the technical guide or the installation guide for KETTLER FAVORIT. You'll find the answers to all your questions on the KETTLER FAVORIT in the user manual (information, specifications, safety advice, size, accessories, etc.). Detailed instructions for use are in the User's Guide.

User manual KETTLER FAVORIT  
User guide KETTLER FAVORIT  
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## KETTLER

Montageanleitung für Rudergerät  
„Favorit“  
Art.-Nr. 7978-900



FREIZEIT MARKE KETTLER



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**Manual abstract:**

*There is always a risk of suffocation if children play with plastic bags! The equipment must be assembled with due care by an adult person. If in doubt call upon the help of a second person, if possible technically talented. The fastening material required for each assembly step is shown in the diagram inset. Use the fastening material exactly as instructed. The required tools are supplied with the equipment. Bolt all the parts together loosely at first, and check that they have been assembled correctly. Tighten the locknuts by hand until resistance is felt, then use spanner to finally tighten nuts completely against resistance (locking device). Then check that all screw connections have been tightened firmly. Attention: once locknuts have been unscrewed they no longer function correctly (the locking device is destroyed), and must be replaced. Please keep original packaging of this article, so that it may be used for transport at a later date, if necessary.*

*For technical reasons, we reserve the right to carry out preliminary assembly work (e. Assembly step D: Insert the hexagon bolts M8 x 50 mm (short thread) and secure them with washers and gold-coloured safety nuts. The safety nuts may seem stiff. This is not a defect, but is intended to secure them against unintentional loosening. In order to alter the power setting (rowing resistance), the clamps can be loosened and moved up or down the rowing arms/"oars".*

*The knurled markers (see triangular arrow) make it possible to set both clamps at the same level. Before using the rowing machine, make sure that the knurled knobs are absolutely tight. Clamps at lowest knurled marker=lowest power level Clamps at highest knurled marker=highest power level When ordering spare parts, always state the full article number, spare-part number, the quantity required and the inspection number stamped on the back.*

*Important: spare part prices do not include fastening material; if fastening material (bolts, nuts, washers etc. ) is required, this should be clearly stated on the order by adding the words „with fastening material".*

*If the computer is too faint to read or disappears completel, the batteries must be changed. the computer requires four batteries. They are replaced as follows:*

*Remove the lid of the battery compartment and replace the batteries with 2 fresh ones of type AA 1,5 V. ensure that the batteries are inserted as indicated in the battery compartment. Should the wrong figures be indicated when the computer is switched onagain, disconnect the battery and reconnect it immediately.*

*Important: Do not dispose of used batteries along with houschold waste. Spent batteries are not covered by the guarantee..*



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