

Massage Therapy

- 364 - 366 G5® Massagers
- 367 Thumper Massagers
- 368 Massage Chairs
- 369 - 370 Massage Tools
- 371 - 378 Massage oils, creams & gels





1 G5® Vibracare®

G5® Vibracare® Professional Percussor/Massage system. The G5® Vibracare is a uniquely designed portable massage percussor which makes it ideal for the respiratory therapists in hospitals and at home. It is also used in nursing homes to help prevent bed sores and to help relieve constipation.

- In built Directional-Stroking™ system
- Adjustable frequency 0-60 CPS
- NEW Soft Carry Case
- Kit of 3 applicators

What is Directional-Stroking™?

Directional-Stroking® is in-built with the G5® Vibracare and combines both horizontal and vertical forces, which produce:

- An effective and comfortable percussion
- A mobilisation of waste products
- An oscillating massage

Battery Operated Model

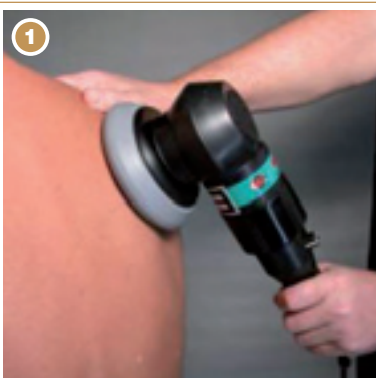
The G5® Vibracare is now also available with its own dedicated NiMh battery pack, so no need for a power point until you need to re-charge. This new unit has at least 5 hours running time after each charge. It's ideal for the travelling sports physiotherapists and nurses working in care homes.

- NiMh Long Life rechargeable battery
- Mains charger

Includes standard accessories as shown:



- MAS566** G5® Vibracare Professional
MAS567 G5® Vibracare Battery Model



2 G5® Variko®

Our most popular portable G5® system. The G5® Variko™ is a light weight (under 14lbs) professional massage system that has been especially designed for the mobile therapist and is often purchased as an additional unit to the floor standing G5 unit. It is used widely by sports clubs and mobile therapists.

- A unique gyratory massage system that:
Mobilises deep, soft tissue, creates a smooth comfortable massage
- Continuously variable frequency range 15-50 CPS
- Strong, heavy duty carrying case
- Kit of 4 interchangeable applicators

Includes standard accessories as shown:



VKC



1 G5® Fleximatic

Our most versatile and popular G5® model. The G5® Fleximatic is being used widely in the UK by many Physiotherapists, Osteopaths, Chiropractors and Sports Clubs.

The G5® system provides a unique therapeutic massage and soft tissue mobilisation.

- 24 Volt brushless motor with internal 24 Volt/150W transformer
- Variable frequency control 0-60 CPS
- Rolling caster stand & accessory tray
- Physio kit of 4 applicators (see list below)
- 2 year warranty

Directional-Stroking™

If you use the AP209 Percussion adapter (optional extra) the G5® produces a Directional-Stroking™ action which produces both horizontal and vertical effects.

The main benefits provided by G5® massage and percussion modalities include:

- Powerful deep massage, or percussion, without tiring the therapist
- Shorter treatment time, which allows the therapist to treat more clients
- Combines "hands on" massage and percussion techniques with the benefits of a quiet but powerful assistive modality
- An effective and comfortable percussion
- A deeper mobilisation of waste products

Includes standard accessories as shown:



AP212
Soft massage



AP227
Trigger Point



AP216
Deep massage



AP230
Relaxation Drainage

FLX24-SP Black
FLX24-SP/WHITE White





1 Adjustable Percussion Adapter

For respiratory therapy and deep drainage techniques.
AP209FR

2 Fixed Percussion Adaptor

Used for respirator therapy and deep drainage techniques.
09 143 4174

3 Small Sponge Applicator

For effleurage/soft massage. Includes 5 soft covers. (8cm Dia).
AP210

4 Large Sponge Applicator

For effleurage/soft massage. Includes 5 soft covers. (10cm Dia).
AP212

5 Exfoliation Kit

Including backing plate and 10 disposable sponges, comprising of 5 smooth and 5 coarse.
09 143 4190

6 Disposable Sponges

To be used with AP214M.

AP214FC 10 Coarse

09 143 4182 10 Smooth

7 Multi Prong

Gives deep massage, very effective in sports therapy to stimulate circulation.

AP215S

8 Four ball

Firm rubber (deep muscle petrissage).

09 143 4208

9 Half Ball Silicone

Abdominal massage and sole care.

AP217SD

10 Blunt-tipped

Firm rubber. Useful for deep-working of soft tissue.

AP222

11 Two Ball

Firm rubber. Stimulation of the stomach, massage of the dorsal-lombar zone.

AP223

12 Hot and Cold Applicator

Filled with Cyro Gel. This accessory can be stored in a deep freeze or heated in warm water. For relaxation and tired legs.

09 143 4216

13 Small Prong Silicone Applicator

Exfoliation and peeling.

AP225S

14 Seven Suction Cups

In silicone. Decongesting action.

AP226SD

15 Fine Point

Hard rubber cone. Deep massage of the trigger points.

AP227

16 Silicone Large

Firm rubber. Bronchial drainage/sportive massage.

AP229SD

17 Curved Soft Sponge

Including 5 disposable covers. Limb drainage/relaxation.

AP230

18 Soft Disposable Covers

AP234 50 for use with AP210

AP235 50 for use with AP212

AP236 50 for use with AP230



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##



1 Thumper Maxi Pro

The professional Maxi Pro Thumper is ideal for 2 person use (eg. Doctor & Patient). A full-body thumper massage takes around 5 minutes, leaving the patient completely relaxed. It has eight anatomically-designed massaging spheres which pivot up and down a full 6mm, twenty-seven times per second. Its large size allows you to massage both thighs, calves, feet or paraspinal muscles at once. It weighs 3.2kg which provides all the necessary force to provide a sensational massage! There is no pressing and prodding, just place it on the muscle area of choice and relax.

09 118 3367

2 Thumper Mini Pro2

A lot of power in a little package, the Mini Pro2 is a professional strength massager in a personal, self-use size. Using the same patented thumper percussive action, the Mini Pro2 was designed for those hard to reach areas like the shoulders and mid-back. Two anatomically-designed massage spheres pivot up and down a full 6 mm, adjustable from 20 to 40 times per second producing deep penetrating waves to release tension and knots. Weighing only 1.4kg, the Mini Pro2 has three electronically regulated power settings for use on both thick and thin muscles. Use it on low for the rib cage or on children and elderly, where the full size maxi pro thumper may be too overpowering.

09 118 3391

3 Thumper Sport Pro

Thumper Sport is considered to be the ultimate percussion massager for home use. Developed for active individuals who need to relax their muscles after exercise, and for those who don't get enough exercise and need to improve their circulation. Weighing only 1.4kg. Thumper's Sport patented percussive technology transmits energy deep into the muscle tissue. With a variable speed control from 20 to 40Hz that match your muscles' natural healing frequency. It has an ergonomic handle that accommodates all hand sizes and helps you reach all muscle groups. With interchangeable massage heads that let you customise your massage experience.

09 118 3383

4 Thumper Versa Pro

Versa Pro is a whole new way to release muscular tension and invigorate your tired, aching body. Just rest your feet, calves, thighs or lower back against the Versa Pro and let the healing begin. It has 13 different massage settings, a remote control and 7 auto programs. Self-leveling steel suspension automatically adjusts to different body parts for maximum penetration and relief. 184 acu-pressure nodes are powered by direct-drive percussion and adjustable from 16 to 30 pulses per second.

09 118 3375



1



2



1 Professional Therapy Chair

Physio-Med

The Physio-Med Therapy Chair is both portable and multi-functional. The thorax panel offers comfort, stability and safety. In the prone and supine position both the head and neck are always well supported by the variable head rest. Ideal for use while treating the back and shoulders and also reduces tension in the neck and back muscles.

MA110

2 Saddle Stool

Treatment saddle stool, height and tilt adjustable in blue.

TAB425

3 Physio-Med Universal Performer

The couch top performer is both lightweight and foldable and will adapt to any surface or couch.

MA-120

4 Deluxe Massage Chair

Our top of the range model, offers total flexibility and a wide range of adjustment. Supplied with black upholstery.

CHR400

3



4



1 Mini Massager

Compact but powerful massager includes three heads for concentrated massage of specific areas. Cap can be left on for massage over larger areas. Battery operated massager vibrates at approximately 5500 cycles per minute. Battery included.

AA9200A

2 Omni Massage Roller

Omni Massage Rollers target problems such as a bad back or stubborn tension knots by rolling away stress and tension. The massagers are just the right size to pinpoint problem areas anywhere on the body and can provide effective relief and deep tissue stimulation simply by rolling the ball in circular motions. They also work well as an aid to traditional massage, helping to improve blood circulation, reduce build up of toxins, relieve tension and alleviate pain. Colour may vary.

AA98265

3 Massage Balls

When massaged on the body these balls help relieve tension and stimulate blood circulation.

	Diameter	Colour
AA90003A	6cm	Orange
AA90003B	7cm	Green
AA90003C	8cm	Yellow
AA90003D	9cm	Red
AA90003E	10cm	Blue

4 Reflexball

These firm textured balls are suitable for massage, hand therapy, reflexology and relaxation exercise.

	Diameter	Colour
AA9807A	8cm	Green
AA9807B	9cm	Blue

5 The Original Jacknobber™ II

This hand held massage tool is used to provide a pleasing and relaxing massage to any part of the body. The knobs at each of its four points can be used to apply deep pressure to muscular trigger points. The smaller knobs provide deeper, more intense pressure. The larger knobs provide broader, gentle pressure. Colour may vary. Latex free.

922286

6 The Original Index Knobber™ II

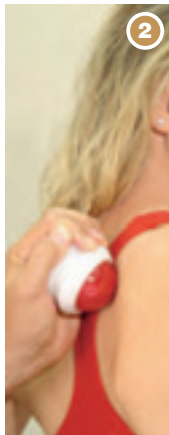
Ergonomically designed massage tool protects the clinician's hand and forearm against fatigue and over use. Moulded in a highly durable polymer, it allows the user to apply deep, sustained, and precise pressure to trigger points and sore muscles. Colour may vary. Latex free.

922288

7 The Original Backnobber™ II

Deep muscle therapy device constructed of reinforced, polymeric resins. Hook the backnobber over the shoulder or under an arm and use it as a leverage to apply deep pressure to trigger points in the muscles of the neck, shoulders or back. Includes user guide.

922287





1 Acuforce®

The Acuforce® Soft Tissue Therapy Tools are used for trigger point therapy, muscle stripping and cross-fibre friction. What makes these products different? Their weight! All Acuforce products incorporate the weight of each product into its applications. Weight ranges from 11oz for the Massage Star to 7lbs for the Acuforce 7.0! Whether treating an athlete who has completed a tough workout or a person who suffers from sciatica, Acuforce® Soft Tissue Therapy Tools are an ideal way to give patients the deep tissue therapy they need.

- 09 132 9200 **A** Acuforce 2.5
- 09 132 9218 **B** Acuforce 3.0
- 09 132 9226 **C** Acuforce 7.0
- 09 132 9234 **D** Acuforce Massage Star
- 09 132 9242 **E** Acuforce Massage Star XL

2 Roller Massager with Trigger Point Release Grips

The Roller Massager stretches muscles and tendons, breaks down soft tissue adhesion, and soothes tight fascia while increasing blood flow and circulation to the soft tissues. Deep tissue stimulation and massage maximises muscle performance and flexibility. 56cm Long.

09 132 9192

3 The Original Orbit Massager®

The Original Orbit Massager® has a smooth comfortable shape that allows you to give stress releasing, relaxing massage to the back, neck and shoulders and to muscles throughout the body. You can use the Orbit Massager on yourself or on someone you care about. The innovative, gliding action of its freely rotational ball kneads the muscles in the same way the professional massage therapist works to loosen and relax soft tissues and to encourage circulation.

- ORB001EG Emerald Green
- ORB001AP Amethyst Purple
- ORB001RR Ruby Red

4 The Original Palmassager™

The Original Palmassager™ is one of the most efficient massage therapy aids ever made. Hold it firmly in the palm of the hand and use one, two or three of its smooth, round knobs to massage tense, tired or some muscles of the neck, back, shoulders, arms or legs. Ergonomically placed finger holds at the base of each leg provide for optimum comfort and control.

- PALM-SB Sapphire Blue
- PALM-EG Emerald Green
- PALM-AP Amethyst Purple
- PALM-RR Ruby Red
- PALM-GB Glacier Blue



The Brand for Health Fitness and Sports



5 Bodybone®

An outstanding anatomically aligned tool, the Bodybone can be used methodically in any therapy and training to loosen up tensions and blockades in the entire spinal area.

09 142 3227





1 Baselin Massage Milk

Non-greasy and specially developed for oily skin. Very suitable for cross fibre tissue work & manipulation.

000182 **A** 500ml

000158 **B** 5ltr

2 Chemodol Massage Oil

Suitable for all skin types. Chemodol looks like a lotion but has a high oil content. Will not stain, water washable. Good skin contact and excellent for general massage.

004576 **A** 500ml

004577 **B** 5 Litre

3 Chemotherm Heat Rub

Contains menthol and eucalyptus oil to provide a mild warming effect. Suitable as a pre-sport rub and non-irritant to patient and massage therapist.

004578 **A** 500ml

004579 **B** 5 Litre

4 Chemovine Hypoallergenic

Chemovine hypoallergenic oil is a water washable clear oil, ideal for use on hairy skin. Will also help prevent hair follicle infection. Pure oil easily absorbed by the skin making it supple. Ideal for skin with heavy hair growth.

004580 **A** 500ml

004581 **B** 5 Litre

5 Chemoderm Massage Oil

Suitable for dry, problem skin. Chemoderm contains camomile oil which helps prevent skin irritation. Also contains Vitamin E, which will help reduce redness in scar tissue.

004582 **A** 500ml

000141 **B** 5 Litre

6 Chemolan Ultrasound Gel Not Illustrated

World Standard for Medical Ultrasound Transmission, it is used for diagnostic and therapeutic medical ultrasound. Recommended for all procedures where a viscous gel is required, including Ultrasonic diagnosis, Ultrasonic therapy, ECG, EEG, EMG and Defibrillation. Neutral contact gel for ultrasound and echotherapy. Has excellent conductive properties, is odourless and has a highly suitable viscosity.

015702 5 Litre

7 Pumps

Pump for 500ml

015701 **A** For 500ml Bottle

Pump for 5ltr

015807 **B** For 5 Litre Bottle



1



1 Massage Oil Vita Silk

- Jojoba oil, vitamin A and E for silky smooth skin
- Gentle fragrance for feel good factor

MAS320 200ml

MAS325 1 Litre

MAS330 5 Litres

2 Massage Oil Neutral

Without any perfumed oils. A special oil-rich lotion with excellent lubricant properties specially developed for extended massages such as sports massages. Particularly suitable for hairy skin. Can be applied sparingly and so is economical in use.

MAS300 200ml

MAS305 1 Litre

MAS310 5 Litres

MAS315 10 Litres

3 Arnica Massage Oil

Arnica Massage Oil contains arnica extract for relaxing muscles and joints as well as high quality plant oils for skin function care.

MAS340 125ml

MAS345 1 Litre

4 Arnica Sport Gel

Alcohol based embrocation, renowned for its healing properties, apply sparingly prior to use of massage oils and lotions.

MAS375 200ml

2



3



4



1 Massage Lotion pH 5.5

- Protect your hands with the skin friendly aloe vera, panthenol and allantoin
- This top quality massage lotion has excellent lubricating qualities but without the greasy feeling of massage oils
- Dermatological tested

MAS350 200ml

MAS355 1 Litre

MAS365 5 Litres

2 Massage Lotion Top

- An oil with a light consistency for an enhanced massage experience
- Active ingredients aloe vera, allantoin, vitamin E and camomile

MAS380 200ml

MAS385 1 Litre

MAS395 5 Litres

3 Massage Lotion Relax

- Especially suitable for a relaxation massage
- With high content of jojoba oil, vitamin B5 and aloe vera
- The fragrance is based exclusively on essential natural oils
- This range offers an additional soothing, calming and relaxing effect

MAS400 200ml

MAS405 1 Litre

MAS410 5 Litres

4 Massage Lotion Neutral

An alternative oil without any perfume for especially sensitive skin as a neutral base, won't dry out and goes a long way.

MAS415 200ml

MAS420 1 Litre

MAS425 5 Litres





FIRST CLASS
PRODUCTS FOR
PROFESSIONALS



REHABILITATION

1 Naqi Inflamm Gel

- Reduces inflammation and pain
- Keeps joints supple

Can be used with a neutral Naqi Massage Lotion, with ultrasound & electrotherapy or with a compress.

09 131 9672 50ml
018355 500ml

2 Naqi Lymph Gel

- Stimulates venous circulation
- Prevents water retention
- Lightens heavy legs

Can be used with a neutral Naqi Massage Lotion, with ultrasound & electrotherapy or with a compress.

09 131 9680 50ml
018354 500ml

3 Naqi Cool Gel

- Very cold gel
- Reduces inflammation and pain

Can be used with a neutral Naqi Massage Lotion, with ultrasound & electrotherapy or with a compress.

09 131 9698 50ml
018461 500ml

4 Naqi Plus Gel

- Stimulates circulation
- Reduces stiff muscles

Can be used with a neutral Naqi Massage Lotion, with ultrasound & electrotherapy or with a compress.

09 131 9706 50ml
018601 500ml

5 Naqi Arnica Gel

- Contusion gel for sprains, injuries and bruises
- Relieves rheumatic pain
- Recommended for functional rehabilitation

Can be used with a neutral Naqi Massage Lotion, with ultrasound & electrotherapy or with a compress.

09 131 9714 100ml

WARMING UP & PROTECTION AGAINST COLD

6 Naqi Arnica Gel

Protective against cold

Protective and water-resistant lipogels that stimulate the circulation and protect against cold.

Naqi Warming Up Competition 1:

- Gentle feeling of heat, specially designed for sensitive skins
- Inclement weather conditions

09 131 9722 100ml
09 131 9730 500ml

Naqi Warming Up Competition 2:

- Pleasant feeling of warmth, makes the skin slightly red
- Inclement weather conditions

09 131 9748 100ml
09 131 9755 500ml

Naqi Warming Up Competition 3:

- Intense feeling of heat, lasting effect
- For extremely bad weather conditions

09 131 9763 100ml
09 131 9771 500ml

Massage gently into legs, arms, back and neck in cold weather ten minutes before exercise and definitely after a warm up massage. If necessary repeat. Avoid contact with the face and mucous membranes.



FIRST CLASS PRODUCTS FOR PROFESSIONALS

1 Naqi Massage Lotion

The Golden Standard for Massage Lotions.

Paraben-free and without formaldehyde releasers for an even softer feel for both therapist and patient. Especially designed for longer (sports) massages. Naqi Massage Lotion has excellent lubricating properties, is economical in use, and now even more skin friendly. The new Naqi Massage Lotion regular, no longer contains parabens, nor formaldehyde releasers which enhances the natural harmony of the skin and its environment. It provides intensive hydration which strengthens and softens the skin.

011147 500ml

010878 5ltr

2 Naqi Massage Lotion Ultra

The Massage Lotion for longer (sports) massages.

Completely preservative-free. With antibacterial emollients for an extra soft feel. Ideal for use in therapy. Naqi's bestselling massage lotion will be even more skin friendly without preservatives, but will retain all its previous assets such as excellent lubricating properties, economical usage and leaves the patient's skin dry after treatment.

011146 500ml

010880 5ltr

3 Naqi Massage Lotion Light

The Massage Lotion for Short Massages.

Massage lotion with a pleasant texture, ideal for short massages. This lotion provides lasting hydration and protection and restores the natural skin balance. After use the skin feels soft but never oily.

011148 500ml

010879 5ltr

4 Naqi Massage Lotion Ultra Plus

The Warming Massage Lotion.

Naqi Massage Lotion Ultra Plus provides a warming effect and works easily on the skin. Ideal for physiotherapy treatments. This lotion may cause redness to the skin.

010883 500ml

09 142 2674 5ltr

5 Naqi Massage Lotion Relax

The Relaxing Massage Lotion.

Completely preservative-free. Natural emulsifiers and essential oils for a relaxing effect. Stimulates the blood circulation. Extra soft feel for both therapist and patients. A brand new hypoallergenic and natural massage lotion for relaxing massages. It contains essential oils such as lavender, bergamot and laurel to ease aching muscles, stimulates the blood circulation and provide a soothing effect for the patient. With its excellent spreadability and soft feel this new lotion will be an absolute must among therapists!

09 132 0175 500ml

SKIN IN BALANCE



BIOFREEZE

Freeze your pain with Biofreeze

Biofreeze is the Number 1 recommended topical pain reliever by hands-on healthcare professionals. Biofreeze products help manage discomfort by offering a variety of benefits that assist in therapy, pain relief, exercise, training and overall comfort.

1 BIOFREEZE Gel

COL630	118ml (4oz)
COL635	473ml (16oz)
COL634	946ml (32oz)

2 BIOFREEZE Spray

COL694	118ml (4oz)
COL695	473ml (16oz)

3 BIOFREEZE Roll-On

COL636	89ml (4oz)
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4 BIOFREEZE Gel Sachets

Not Illustrated

COL637	100 x 5ml
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5 BIOFREEZE Point Of Sale Display

Not Illustrated

COL641	
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6 Painwave™ X4000

Pulsed magnetic wave therapy system featuring clinically proven technology to give lasting pain relief. The Painwave™ X4000 is a revolutionary new pain management device, which is a totally natural alternative to prescription medication. Unlike TENS and micro electric current therapy, Painwave™ does not block pain via pain gateways, instead it reduces and removes the pain and promotes healing at cellular level. Painwave™ treats the cause rather than the symptoms. Painwave™ is a portable hand held device that works by delivering pulsed electromagnetic field therapy (PEMF).

017712

7 Painwave™ Muscle & Joint Balm

A non-greasy, easily absorbed soothing balm for muscles and joints. This formulation includes added Menthol, which allows it to be safely and easily administered directly onto the skin with no greasy residue.

Painwave™ Muscle and Joint Balm helps to soothe aches and pains, whether as a rub for pulled muscles or to ease painful, still joints.

018466	50ml
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8 Painwave™ Muscle & Joint Gel

A soothing water-based massage gel for the relief of muscular aches and pains and particularly popular with sports people prior to exercise.

It is clean and simple to use, with only small amounts required to massage gently into the affected area.

018467	100ml
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9 Painwave™ Instant Moisturising Derma Spray

Painwave™ Instant Moisturising Derma Spray revitalises and re-hydrates the skin leaving it feeling soft and supple.

018468	150ml
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1 Vulkan Pre-Sport Massage

Black Pepper, Rosemary and Grapefruit are blended to provide a stimulating, refreshing massage prior to sport. Designed to promote muscle circulation and help reduce the incidence of injuries.

0014901 500ml

2 Vulkan Post-Sport Massage

A combination of Juniper, Basil and Lemongrass will provide the soothing touch for muscular aches and pains and will also help disperse lactic acid.

0014902 500ml

3 Vulkan Therapeutic Oil

The excellent relaxant properties of this Lavender, Sweet Marjoram and camomile based oil make it the oil of choice to assist the therapist when performing massage.

0014903 500ml

4 Ibuleve Gel

Colourless fragrance-free gel containing Ibuprofen 5% w/w. For the relief of backache, rheumatic and muscular pain, sprains and strains. Reduces swelling and inflammation. Also for pain relief in common arthritic conditions.

002618 30g

004094 50g

5 Ibuleve Spray

Convenient spray reduces pain, swelling and inflammation. Ibuleve Spray is a clear, fragrance-free spray containing ibuprofen, a proven anti-inflammatory painkiller. The spray is specially formulated to allow rapid absorption of ibuprofen through the skin for effective relief at the point of pain.

004095 35ml

6 Mueller Massage Lotion

Softens & soothes as it disappears into the skin. 5 litre comes with pump.

010833 474ml

010834 5 Litre

7 Mueller Sports Balm

Greaseless analgesic lotion for warming pain relief. Great for warming muscles before play and afterwards to help relieve soreness.

010856 474ml

8 Fisiocrem

Fisiocrem is a fast working anti-inflammatory cream suitable for use during the treatment of strained muscles, bruising, sprains, tendonitis, dislocations and other injuries. It aids the local circulation and may also offer some relief for rheumatism, arthritis, or venous congestion. Fisiocrem is a completely natural product that can be used in conjunction with pharmaceutical medicine and other physiotherapeutic treatments. It is recommended for use in all types of musculo/skeletal treatment and is suitable for use during all stages of rehabilitation therapy of muscles and joints. It quickly soothes the pain and inflammation of common injuries, bruises, sprains and strains. Avoid open wounds.

09 118 9851 60ml

09 118 9802 250ml

9 Vulkan Sports Balm

More economical than traditional heat rubs in tubes, this pre-sport heat balm comes in 2 sizes.

002930 560ml



1



2



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4



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8



1 Weleda Massage Balm

Weleda Massage Balm with Arnica. For muscular and rheumatic pain.

000386 50ml

000387 100ml

000388 500ml

Weleda Massage Balm Dispenser

Dispenser comes free of charge.

09 125 7948 Dispenser for 100ml

09 127 8712 Dispenser for 500ml

2 Rhus Tox Ointment

For symptomatic relief of rheumatism, recommended where there is muscular stiffness or muscle strain.

000381 100g

3 Ruta Ointment

For symptomatic relief of sprains. Recommended where tendons and ligaments are affected, where pain is due to excessive physical activity.

000382 100g

4 Profelan Arnica

Helps with the effects of sports, injuries and accidents such as bruises, sprains, pulled ligaments, sore muscles, contusions and bumps.

018426 100g

5 Arnica Lotion

A traditional herbal remedy for symptomatic relief of sprains, muscular pain or stiffness, to reduce bruising and swelling from minor bumps. Helpful as a wet compress. A few drops in a warm bath can help relieve aching muscles.

000383 50ml

6 Arnica Ointment

A traditional herbal remedy made with organic arnica for the symptomatic relief of bruising, muscular stiffness and to help reduce swelling after minor bumps or sprains.

000377 25g

7 Almond Carrier Oil

001616 500ml

8 Lavender Essential Oil

001641 10ml

9 Tea Tree Oil

001647 10ml

10 Bio Oil

018452 200ml

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