

istorically, cast iron has been the prime material chosen for cooking vessels. Evidence of this can be seen in heritage centres all over the world. Durability is the most obvious benefit of cast iron, but durability is not its only strength. Many Le Creuset pieces are handed down from one generation to the next, which mimics their lifetime guarantee.

Cast iron cooks very evenly, distributing heat throughout the piece so that each corner or curve achieves the same temperature. Every single piece of Le Creuset cast iron can be used on the stove, in the oven or under the grill - and then served directly to the table.

Cast iron is a highly efficient material that absorbs heat from the hob very well. This is why medium and low hob settings should be used at all times in order to achieve the best cooking results. However, the use of medium and low heat does not mean that heating-up times are excessively long. On the contrary, the efficiency of cast iron results in heating-up times equal to, or sometimes quicker than other materials. Once a piece of Le Creuset is hot, the food is surrounded by a 'blanket of heat' that cools very slowly. Le Creuset cast iron is built to last and with a little care, will simply go on and on producing delicious foods for many years to come.

Le Creuset is consistently chosen by leading chefs, restauranteurs, and those who just enjoy cooking; all of whom appreciate its performance, cooking advantages and style. As the world's leading manufacturer of enamelled cast iron cookware, our reputation is unsurpassed. We maintain this position by exceptional quality, superior materials and innovative product design. This same rigorous discipline in upholding standards is maintained across our other product categories.

No matter which colour you choose, you can be sure that the colour won't fade, the finish is durable and hygienic and your cookware will stay looking good for a lifetime.

The many enamel colours of Le Creuset cast iron cookware are as durable as the cookware itself. From the most classic to the most contemporary, we have a wide range of colours to match your lifestyle. The initial coat of colourless enamel provides a perfect base on which the colour-rich second coat is applied. No matter which colour you choose, you can be sure that the colour won't fade, the finish is durable and hygienic and your cookware will stay looking good for a lifetime.



### round & oval Casseroles

Fired at temperatures of around 840°C, the smooth enamel finish of Le Creuset cast iron is durable and hygienic. This means that everything you stew, braise or simmer in a Le Creuset Casserole will taste just as good as you intended. The finish also means that your dishes will keep looking good from the hob to the oven, from the oven to the table (and from the table to the dishwasher). Le Creuset Casseroles are ideal for stews, pot roasting, casseroles and perfect for preparing soups and rice dishes, even for baking.



| Round         | Casserole          | • | • | • | • |   |   |   | • |   |   |   | • |
|---------------|--------------------|---|---|---|---|---|---|---|---|---|---|---|---|
| Round<br>18cm | Casserole          | • | • | • | • | • | • |   | • |   |   | • | • |
| Round<br>20cm | Casserole<br>2.4L  | • | • | • | • | • |   |   |   | • |   |   | • |
| Round<br>22cm | Casserole<br>3.3L  | • | • | • | • | • | • | 0 | • | • |   | • | • |
| Round<br>24cm | Casserole<br>4.2L  | • | • | • | • | • | • | 0 | • | • | • | • | • |
| Round<br>26cm | Casserole<br>5.3L  | • | • | • | • | • | • | 0 | • | • | • | • |   |
| Round<br>28cm | Casserole<br>6.7L  | • | • | • | • | • | • |   | • | • | • | • |   |
|               | Casserole<br>8.4L  | • | • | • |   | • |   |   |   |   |   |   |   |
| Round<br>34cm | Casserole<br>12.4L |   | • | • |   |   |   |   |   |   |   |   |   |

Oven, grill, freezer and dishwasher safe. Suitable for all heat sources (this applies to all our cast iron products).









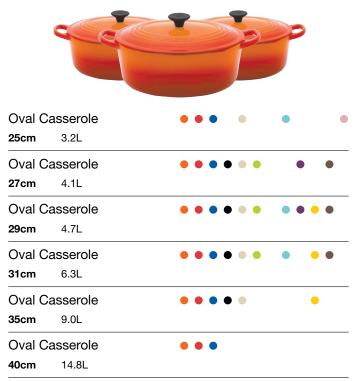






Thermic oven Wood/Oil ovens







The Le Creuset Casseroles absorb heat slowly and then distribute it gently and evenly. Moreover, they retain heat for a long time.

#### **Seafood Potjie**

#### Ingredients

- 500g Kingklip steaks, cut into cubes
- 250g Baby calamari
- 500g Prawns
- 300g Black mussels
- · 2-3 Crayfish, halved and heads rinsed
- 1 Onion, diced
- 2 Garlic cloves, diced
- 1/2 Cup (125ml) white wine
- 1 Can (400g) tomatoes
- 1 Cup (250ml) cream
- · Plenty of fresh flat leaf parsley, chopped
- Salt and pepper

Fry the onion and garlic in a generous 'glug' of olive oil until soft. Add the wine and allow to reduce by half before adding the tinned tomatoes. Add the Kingklip cubes, halved crayfish and prawns then cook for 3 minutes. Add the mussels and baby calamari and cook until the mussels have opened. Pour over the cream and chopped parsley and stir to combine. Serve with plenty of crusted breads and chilled white wine.



## buffet Casserole the entertainer's dream



The Buffet Casserole goes beautifully from the oven directly to the table for serving...

The Pantone Color Institute® crowned Pantone 15-5519 Turquoise as the Colour of the Year for 2010. The colour conjures up everything from the Caribbean Sea to Southwestern jewellery. Leatrice Eiseman, executive director of the Pantone Color Institute®, credited its connection to feelings of serenity, protection and luscious escapism.

#### **Tarragon Roasted Chicken**

Serves 4-6

#### Ingredients

- A little butter or oil for greasing
- 1½kg Roasting chicken
- 2 Level tablespoons (60ml) dried tarragon
- Sal
- Freshly ground black pepper
- 1½ Cups (375ml) hot chicken stock
- ½ Cup (125ml) double cream
- 1½ Teaspoons (7.5g) cornflour

#### Preparation

Oven: 180°C / 350°F / Gas mark 4

1. Lightly grease the inside of the Casserole.

Wash the chicken, inside and out. Dry thoroughly on kitchen paper. Truss into shape with fine string.

Place the chicken into the Casserole, smear with a little butter or drizzle with some oil. Sprinkle half the tarragon over the flesh together with some salt and pepper.

- 4. Cover with the lid and roast for 50 minutes per kilo, plus 25 minutes, or until the juices run clear when the thigh meat is pierced with a skewer or sharp knife.
- Lift out the chicken, cover with aluminium foil and a clean tea towel.Allow it to 'rest' before carving.
- 6. To make the sauce, drain off any excess fat from the Casserole, pour the hot stock into it and place over a medium heat on the hob. Stir to remove any residues from the surface which can be incorporated into the sauce.
- Once the stock is boiling, lower the heat and stir in the cream blended with the cornflour and remaining tarragon. Cook, stirring, until thickened.



The Le Creuset Buffet Casserole is extremely versatile. It goes from the oven to the table for serving beautifully, while the cast iron retains the heat and keeps the food warm throughout the meal. The shallow, wide base of this dynamic pot allows maximum contact between the food and the heat. A paella, couscous or simple seafood linguine cooked and served in the Buffet Casserole is a visual feast. It is also ideal for casseroles, risottos, pasta sauces, browning, and baking.

| Buffet ( | Casserole | • • • • • |
|----------|-----------|-----------|
| 26cm     | 2.0L      |           |
|          |           |           |
| Buffet ( | Casserole |           |



## frying pans sauté pans & skille

#### **Frying Pans**

Available in a variety of colours to match your collection or kitchen, Le Creuset Frying Pans are perfect for frying and sautéing. Each pan features an iron helper handle and a phenolic handle which is oven safe up to 190°C. All pan interiors are finished in satin black enamel.

| Frying Pan |      | • • • |  |
|------------|------|-------|--|
| 24cm       | 1.6L |       |  |
| Frying     | Pan  | • • • |  |
| 26cm       | 2.1L |       |  |
| Frying     | Pan  | • • • |  |
| 28cm       | 2.6L |       |  |

Glass lids sold separately - 24cm, 26cm & 28cm



## ... assisted handles allow for easy and balanced handling...

30cm Sauté Pan

#### Sauté Pans

With a little care your Sautéing Pan will last a lifetime. Their assisted handles allow for easy and balanced handling and unlike lighter materials, Le Creuset Sauté and Frying Pans do not distort, which means that the bases remain perfectly stable for optimum contact with the heat source. Le Creuset's range of Sauté Pans are available in three sizes and are perfect for sautéing and browning. The iron handled 30cm Sauté Pan (with optional lid) can be used as a shallow casserole which makes it a truly multifunctional pan.

| Sauté l | an (wooden handle)     | • •     |
|---------|------------------------|---------|
| 24cm    | 2.3L                   |         |
| Sauté l | Pan (wooden handle)    | • • • • |
| 28cm    | 3.6L                   |         |
| Sauté l | Pan (cast iron handle) | • • •   |
| 30cm    | 4.4L                   |         |
|         |                        |         |

Domed Glass & Cast Iron lids available - 24cm, 28cm & 30cm



#### **Skillets**

Suitable for use in the oven, hob or under the grill, the Le Creuset Skillet is extremely versatile. It can be used as an iron handled frying pan or it can go in the oven. The sloping sides enable rapid evaporation and help to prevent splatter. It also has two integrated pouring spouts to simplify the draining of fats and juices, as well as an iron helper handle that eases lifting and carrying of the filled pan. This skillet offers all the benefits of a classic cast iron skillet, but without the tendency to rust or need for occassional seasoning.

| Skillet | 0.4L | • • •   |
|---------|------|---------|
| Skillet |      | • • • • |
| 20cm    | 0.8L |         |
| Skillet |      | • • • • |
| 23cm    | 1.2L |         |
| Skillet |      | • • • • |
| 26cm    | 1.5L |         |
| Skillet |      | •••••   |
| 30cm    | 1.5L |         |

#### Peppered Steaks with Red Wine Sauce

If you have access to two frying pans, or one frying pan and a shallow casserole, cook the steaks and sauce side by side. If not, make the sauce first, keep it hot in another pan and then add to the steaks at the end.

Serves 4

#### Ingredients:

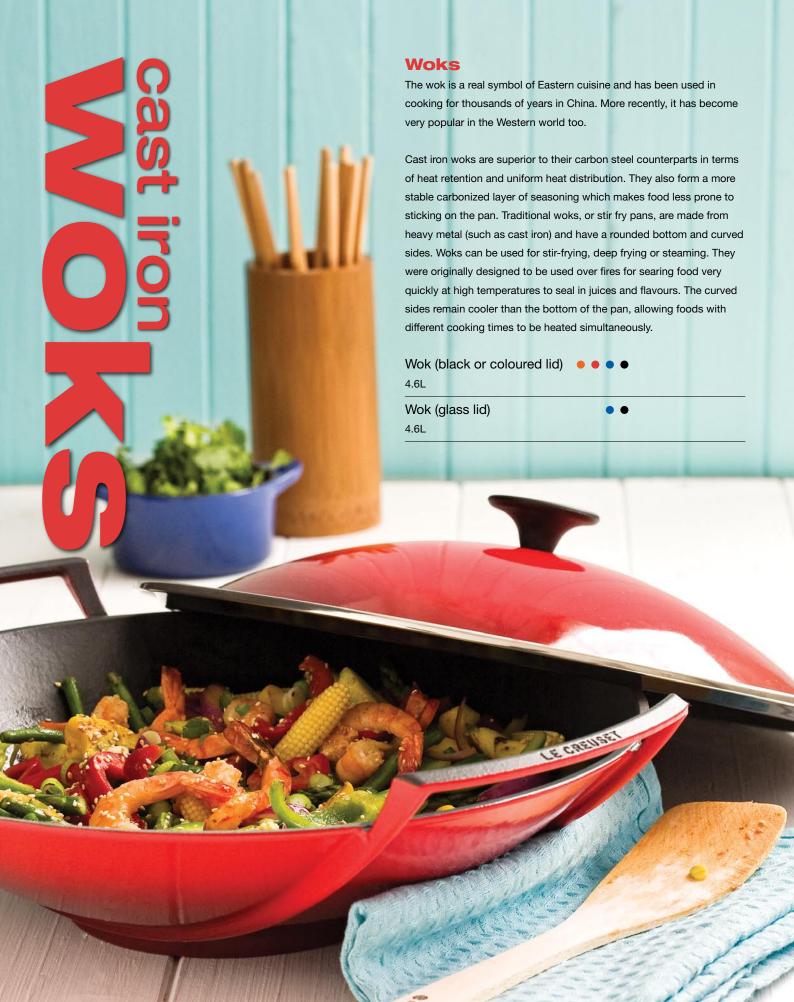
- · Four 225g good-quality steaks, such as fillet or sirloin
- 2 Tablespoons (30ml) vegetable oil
- 2 Tablespoons (30ml) black peppercorns, crushed
- ½ Teaspoon (2.5ml) coarse sea salt

#### Ingredients (wine sauce):

- 1 Tablespoon (15g) butter, softened
- 1 Tablespoon (15ml) vegetable oil
- · 2 Shallots, chopped finely
- · 1 Garlic clove, crushed
- 1 Tablespoon (15ml) plain flour
- 1 Cup (250ml) port wine or other sweet red wine
- 1 Teaspoon (5ml) mild prepared mustard
- 1 Teaspoon (5ml) sugar
- 1 Tablespoon (15ml) tomato purée

Prepare the steaks by brushing both sides with a little of the oil, then turn them in a mixture of the peppercorns and salt, pressing it well into the surface. To make the sauce, melt the butter with the oil in the frying pan over medium heat. Add the shallots and fry, stirring, until they begin to soften. Add the garlic and fry for 1 minute longer. Add the flour and stir until it absorbs the excess butter and oil. Gradually stir in the port, mustard, sugar, and tomato purée with seasoning to taste. Simmer slowly, while cooking the steaks. To cook the steaks, heat the remaining vegetable oil in another pan over medium heat. When hot, add the steaks and cook for 2 to 3 minutes on each side, adjusting the cooking time to suit personal taste. Take care when cooking because the peppercorns will give off a pungent aroma; use an overhead extractor if possible. When the steaks are cooked, pour the sauce into the pan, warm through briefly and serve with a little of the sauce spooned around the steaks.

It also has two integrated pouring spouts to simplify the draining of fats and juices...





#### **Skillet Grills**

Le Creuset Skillet Grills are a contemporary range complete with stylish, integral handles for easy and safe lifting. Excellent for lower fat cooking, the ribbed base gives characteristic char-lines and flavour. Le Creuset Skillet Grills more than provide the strength and durability required to withstand the intense heat that a grill produces.

#### Ideal for:

- SEARING quickly, with a minimum of fat, large pieces of meat (rump steak, rib of beef) and smaller foods (sardines, prawns, cutlets).
- · GRILLING vegetables, fruits and toasts.
- FINISHING cooking thicker pieces of meat in the oven (chicken, duck etc.)
- · ROASTING a leg of lamb or beef in the oven.
- DEGLAZING use the caramelised residue of grilled meats with a glass of wine to make a delicious sauce.



| Round Skillet Grill          | • • • • |
|------------------------------|---------|
| Oblong Skillet Grill 32cm    | • • • • |
| Square Skillet Grill<br>26cm |         |

#### **Grills**

Excellent for lower fat cooking, Le Creuset Grills recreate the delicious seared flavour of sizzled meat and browned fish at home. Le Creuset Grills more than provide the strength and durability required to withstand the intense heat that a grill produces.

#### Ideal for:

- SEALING quickly, with a minimum of fat, pieces of meat perfectly sealed outside and deliciously juicy inside.
- GRILLING poultry, fish and sardines just like old-fashioned cooking over a wood fire.
- MARKING vegetables, skewers and fruits.
- SERVING grilled food at the table with a sizzle.

Rectangular & Square Grills ● ● ● ● ■ 32.5cm x 22cm; 24cm x 24cm

#### Reversible Grills (ideally used on gas)

Ribbed on one side, the large surface of the Reversible Grill is excellent for preparing lower fat grilled food on the hob or barbeque. The flat side is ideal for frying delicious meals for family and friends "a la plancha".



Reversible Grills

47cm x 25.5cm; 23cm x 23cm

## & saucepans



#### **Rectangular Dishes**

The sturdy cast iron Le Creuset Rectangular Dishes are indispensable in the kitchen. They are big enough to hold an entire chicken or leg of lamb and resistant enough to withstand the high searing temperatures of the oven. They are also perfect for pasta, desserts or pies.

Ideal for:

- ROASTING/GRILLING whole poultry, pieces of meat or fish in the oven.
- · BAKING lasagne, large family pies and cakes.
- COOKING baked potatoes, large vegetable gratins.

Rectangular Dish

30cm 2.5L

Rectangular Dish

40cm 4.9L

shell, she accidentally put them in the dish first and layered the pastry on top. This meant that the tart had to be turned upside down before serving - the response was overwhelmingly positive! Today the tatin is a modern classic and the Le Creuset Tatin Dishes offer a unique shape for today's contemporary cooking.

#### Ideal for:

- MAKING the original "apple tarte tatin" and various other tatin tarts.
- · BAKING gratins, quiches, tarts, cakes and crumbles.
- · ROASTING meat or poultry in the oven.

#### Tatin Dishes

A traditional tatin recipe begins by placing the dish on the hob to tenderise and caramalise the ingredients. A layer of pastry is then pressed over the ingredients before transferring the dish to the oven for baking.

Finally, the tart is turned upside down and served.

The original Tarte Tatin recipe was the result of a mistake made by the daughter of Jean Tatin, owner of L'Hotel Tatin in the Loire Valley. Instead of placing the apples inside a pastry





#### **Oval Dishes**

Found in most classically trained chefs' kitchens, the Oval Dish is one of the staples of the Le Creuset cookware collection.



#### **Marmitouts**

The marmitout piece is a multi use product. Truly three-in-one, it can be used as a saucepan, casserole, or the lid can be used as a frying pan.



#### **Saucier Pan**

The right pan is essential for making sauces and the Saucier Pan has all the credentials you'll need. Its wide, shallow design and curved side edges make stirring efficient, so that any sauce will cook evenly and at the pace you dictate.



#### Saucepans

Le Creuset enamelled cast iron saucepans gradually absorb heat, maintaining slow and even cooking temperatures, which preserve nutrients and flavour. Their unique functional design makes them easy to use for all day-to-day tasks in the kitchen. Deep sides and contoured interiors making stirring, using and cleaning simple and successful.



#### **Terrines**

A great dish for traditional terrines or pates, but can also be used for breads, cakes, desserts or even casseroles.



21cm

2.0L



LECREUSET

## toughened non-stick

The Toughened Non-Stick range by Le Creuset combines a special strengthening process and an internally reinforced non-stick surface to create a new, unique, toughened finish for extra durability and superb cooking results. From searing, sautéing and pan-frying to braising and stir-frying, the Le Creuset Toughened Non-Stick range will do it all. Each pan is made from heavy gauge, forged aluminium that has been specially treated to provide a strong, toughened finish that will withstand the demands of everyday use. Each pan distributes heat evenly and efficiently, so there are no hot spots in your cooking. The carefully constructed base incorporates a magnetic, stainless steel disk that provides extra strength and stability to the pan and makes it suitable for use on all heat sources - including the latest induction hobs. The interior and exterior of each pan is finished with one of the most modern, toughened non-stick finishes available. The result: superb release of food and easy cleaning - every day. (Optional heat-resistant glass lids are available to buy separately.)

The interior and exterior of each pan is finished with one of the most modern, toughened non-stick finishes available.











#### **Shallow Frying Pans**

The shallow frying pans are ideal for searing, omelettes, pan-frying, sautéing, making crepes/pancakes and for shallow frying.



Sizes: 20cm, 24cm & 28cm

#### **Deep Frying Pans**

The deep frying pans are perfect for preparing "one pan" recipes e.g. chilli, curry, risotto, paella, pasta sauces, casseroles/stews. They are perfect for pan-frying, sautéing and deeper frying.



Sizes: 24cm, 26cm, 28cm & 30cm (pictured with & without optional lid)

#### **Stir-fry Pan**

Size: 16cm

Perfect for oriental and Asian cooking (stir-frying, tempura, curry). Also large quantities of "one pan" recipes and braising and steaming.



#### Crêpe Pan

The ultimate non-stick crêpe pan for creating perfect French crêpes.



#### **Toughened Glass Lids**

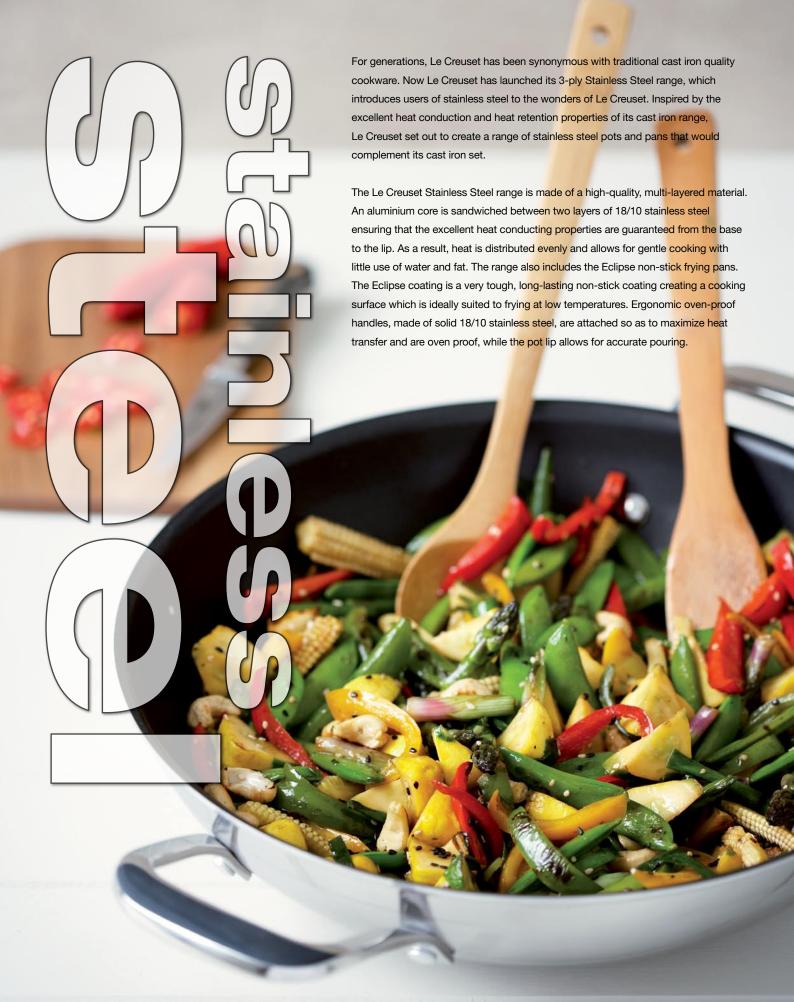
Toughened, heat resistant glass lids provide even more versatility allowing different cooking methods - steam frying, braising, steaming, casseroles, stews and oven cooking. Keeps food hot and the hob/oven clean. Oven-safe up to 170°C / 325°F / Gas mark 3.



#### **Buffet Casserole**

The shallow, wide base of this dynamic pan allows maximum contact between the food and the heat. A paella, couscous or simple seafood linguine cooked and served in the Buffet Casserole is a visual feast. It is also ideal for casseroles, risottos, pasta sauces, browning, and baking.





**Cashew Nut & Vegetable Stir Fry** 

Serves 4-6

#### Ingredients:

- 1 Cup (250ml) patty pans, chopped
- 1 Bunch of spring onions, chopped
- 2 Peppers, sliced
- 1 Cup (250ml) baby corn, halved
- 1 Cup (250ml) sugar snap peas
- 100g Cashew nuts
- · 2 Garlic cloves, sliced
- 1 Tablespoon (15ml) ginger, chopped
- 1 Chilli, chopped
- 3 Tablespoons (45ml) peanut oil
- 1 Teaspoon (5ml) sesame oil
- 1/2 Cup (125ml) oyster sauce
- · Sesame seeds to garnish
- Steamed rice or noodles to serve

Heat a good slug of vegetable oil and the sesame oil in a Le Creuset Stainless Steel Wok and fry the ginger, chilli and garlic for a minute. Add the vegetables and cashew nuts and fry for a few minutes until the vegetables are cooked but still crunchy. Pour over the oyster sauce and fry for a few seconds more before garnishing with sesame seeds and serving with steamed rice or noodles.

Frying Pan (non-stick)



| Frying Pan (non-stick) | 24cm |
|------------------------|------|
| Frying Pan (non-stick) | 28cm |
| Frying Pan (non-stick) | 32cm |



Wok (non-stick) 30cm 4.8L



Sauté Pan & Lid 24cm 2.9L

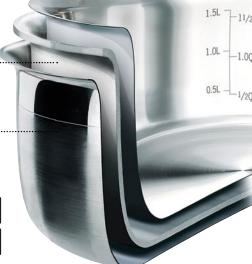
Mirror polished .....

Magnetic stainless steel exterior for use on all hobs \* including induction











Omelette Pan (non-stick)

20cm



Milk Pan (non-stick)

14cm

1.3L

#### Chef's Pan (non-stick)



Chef's Pan (non-stick)

24cm

#### Frying Pan (uncoated)



Frying Pan (uncoated)

28cm



 Saucepan
 16cm
 1.9L

 Saucepan
 18cm
 2.8L

 Saucepan
 20cm
 3.8L



#### **Deep Casseroles & Pasta Pots**



| Deep Casserole | 18cm | 1.9L |
|----------------|------|------|
| Deep Casserole | 20cm | 4.0L |
| Deep Casserole | 24cm | 6.0L |
| Pasta Pot      | 20cm | 5.0L |
| Pasta Pot      | 24cm | 7.2L |

Thoughtful touches include capacity markings inside our saucepans and casseroles...





Steamer 20cm





Mediterranean Casserole 30cm 4.8L

Suitable for use on all types of hob, including induction, the pans are also oven safe to 220°C and are dishwasher safe.





Le Creuset's Traditional Stoneware has proven so useful in the kitchen; you may wonder what you ever did without it. Not only does it perform beautifully in the microwave and oven, but its classic design lends a distinctive charm to any table.

#### **Durability**

Le Creuset's virtually non-porous Stoneware is fired at 1280°C, giving it unmatched strength and durability. This makes it resistant to chipping, cracking and staining.

#### **Enamelled Surface**

Its enamelled surface makes each piece easy to clean and scratchresistant. The result: a collection of cookware that looks good and performs perfectly for years to come. Le Creuset Stoneware will not absorb odours or flavours, and resists moisture absorption. Our Stoneware features sure-grip knobs, handles, and rims, which allow for easy handling and confident use. Known for our bright, classic colours, the Le Creuset Stoneware matches the Le Creuset enamelled cast iron cookware beautifully.

### ...fired at 1280°C, giving it unmatched strength and durability...



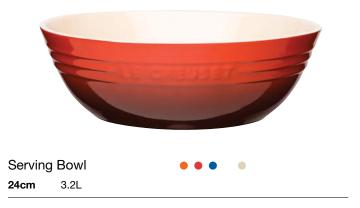
| Deep Dish<br>33cm 1.92L | • • • • |
|-------------------------|---------|
| Deep Dish<br>39cm 4.20L | • • • • |
| Round Pie Dish 22.8cm   | •       |



| Rectanç         | gular Dish          | • • • | • |
|-----------------|---------------------|-------|---|
| 19cm            | 0.5L                |       |   |
| Rectano<br>32cm | gular Dish<br>2.13L | • • • | • |
| Square<br>23cm  | Dish<br>1.06L       | • • • | • |



| Mixing Bowl         | • • • |  |
|---------------------|-------|--|
| Mixing Bowl         | • • • |  |
| Mixing Bowl<br>3.8L | • • • |  |
| Mixing Bowl<br>7.1L | • • • |  |





| Spice Jar (small)  | • • • |
|--------------------|-------|
| 0.2L               |       |
| Spice Jar (medium) | • • • |
| Spice Jar (large)  | • • • |
| Canister (small)   | • • • |
| Canister (medium)  | • • • |
| Canister (large)   | • • • |



| Spatula Crock  | • • • |  |
|----------------|-------|--|
| 1.1L           |       |  |
| Utensil Holder | • • • |  |
| 2.3L           |       |  |



Mini Round Cocotte

10cm 0.25L



| Set of 2 Ramekins | • • •   |
|-------------------|---------|
| 0.12L             |         |
| Set of 4 Ramekins | • • • • |
| 0.12L             |         |



Large Bean Pot

4L

Small Bean Pot (set of 2)

0.5L

Not only does our Stoneware perform beautifully in the microwave and oven, but its classic design lends a distinctive charm to any table.



Small Jug 10cm 0.6L

Large Jug

**22cm** 1.89L

#### **Cappuccino with Cocoa Sprinkles**

Makes 2 mug servings

In its native homeland of Italy, a cappuccino is more likely to be drunk at breakfast or brunch time. Elsewhere in the world its huge popularity means that cappuccinos are enjoyed at any time of day. At home a simple and effective way to produce good frothy milk is to use a hand held "aerolatte<sup>TM</sup>" milk frother.

#### Ingredients

- 1 Cup (250ml) milk
- ½ Teaspoon (2.5ml) vanilla extract
- · 4 Level teaspoons instant espresso or strong filter coffee
- · A little cocoa powder, for the tops
- Heat the milk to just under boiling point in either a saucepan on the stove top, or in a straight sided jug in the microwave. Stir in the vanilla extract. If the milk is heated in a saucepan transfer it to a straight sided jug for frothing.
- 2. Using the aerolatte<sup>™</sup> and beginning in the base of the jug, begin whisking in a circular movement, then gently draw the machine up and down through the milk (keeping it under the top of the milk at all times) until a firm, dense, froth is produced.
- 3. Using very hot water and 2 teaspoons of coffee in each mug, fill them approximately one third full (or use freshly made filter coffee).
- 4. Pour the milk down the side of the mug into the coffee spooning some of the froth on top. Sprinkle with the cocoa powder and enjoy!

#### **Breakfast Collection**



Classic Teapot

1.3L

Grand Teapot

1.3L

Mug

350ml

Sugar Bowl

300ml

Milk Jug

350ml



kettles

Le Creuset Kettles are a must for any cookware collector. They are made of heavy gauge steel and coated with a very hard, glossy enamel for which Le Creuset is well known.

a. Traditional Kettle

2.1L

b. Whistling Tea Kettle

1.7L

c. Zen Kettle

1.6L



...made of heavy gauge steel and coated with a very hard, glossy enamel for which Le Creuset is well known...

#### **Replacement Knobs**

Spruce up the look of your Le Creuset cookware with a new Phenolic or Stainless Steel Knob. The traditional Phenolic Knob stays cool during stovetop use and is oven safe to 190°C, while the Stainless Steel Knob withstands even the highest cooking and baking temperatures to deliver versatile, worry-free use. Includes assembly screw.





Stainless Steel Knob

Traditional Phenolic Knob

#### **Trivets**

Le Creuset Trivets add warmth and style to your table or entertainment area. Protect your beautiful table linens with an equally beautiful enamel coated cast iron trivet - the perfect way to present your favourite dish with Le Creuset style and colour. Guaranteed to impress your dinner guests.

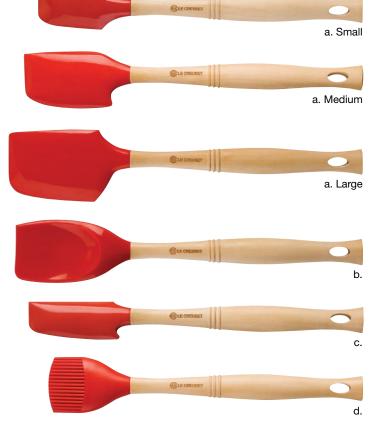


Trivets Round

#### Silicone Utensils

Like all of Le Creuset's classic cookware, the new silicone utensils are as elegant as they are effective and show a perfect balance between functional design and finessed style. Stable and substantial, the innovative designs pair the ideal handle shape and length with task-inspired silicone heads that deliver excellent comfort and control. Premium silicone construction makes stirring and folding possible even in very high heats, while also ensuring durable, long-lasting quality.

| a. Spatula<br>Sizes: Small, Medium & Large | • • • |
|--|-------|
| b. Spatula Spoon<br>Size: Medium           | • • • |
| c. Jar Scraper<br>Size: Medium             | • • • |
| d. Basting Brush<br>Size: Medium           | • • • |



## the Ceramics collection













Created with you in mind, the new Le Creuset Ceramics collection exudes style. Whether you are entertaining family or friends it will add practicality and style to any occasion. The range is manufactured from the highest quality porcelain that will provide the best in durability and cooking performance time after time. As well as being excellent for cooking, every piece can be used for serving to make your food look its best.

Fired at 1280°C, it is fully vitrified and non-porous which gives it strength, durability and chip resistance. The products can be transferred from the freezer to the oven and from the oven to the table easily resisting thermal shock and cracking. Every single piece in the Le Creuset Ceramics collection is oven, microwave, freezer and dishwasher safe making cooking both easy and pleasurable.

#### **Bowls**



| Oval Spouted Bowl | 17cm |
|-------------------|------|
| Round Bowl        | 23cm |
| Round Bowl        | 31cm |

#### **Round & Oval Dishes**



| Round Dish | 26cm |
|------------|------|
| Oval Dish  | 30cm |

#### **Square & Rectangular Platters**



| Square Platter      | 25cm |
|---------------------|------|
| Rectangular Platter | 37cm |

# The range is manufactured from the highest quality porcelain that will provide the best in durability and cooking performance time after time.

#### **Square & Rectangular Dishes**

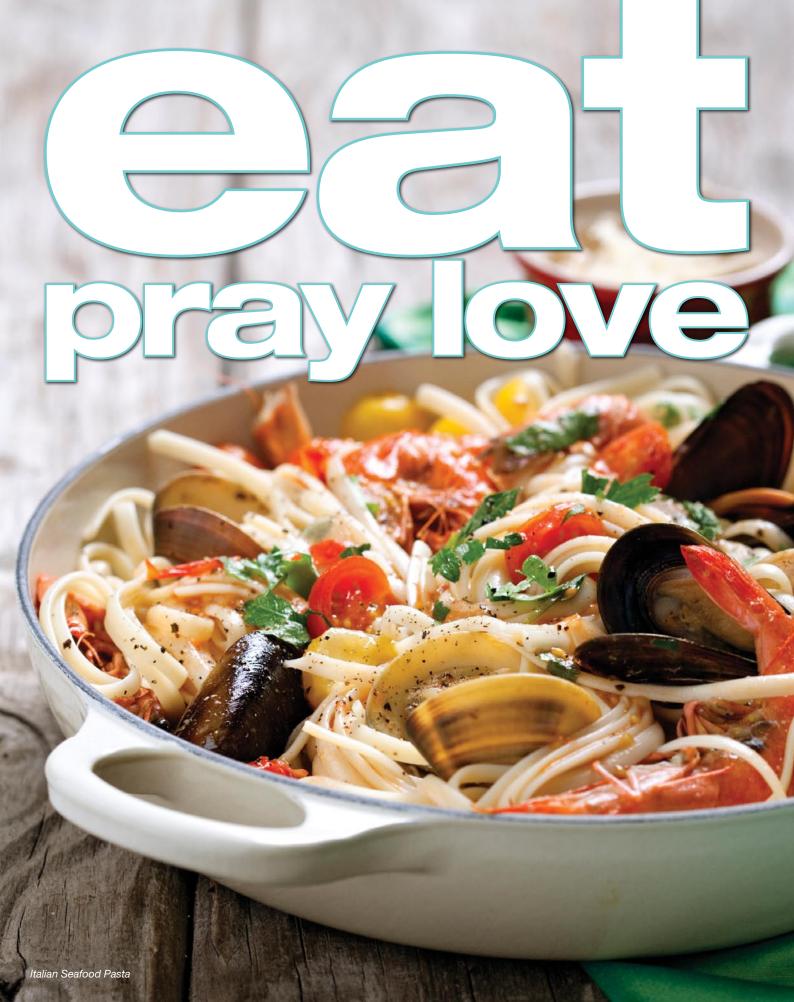


| Deep Dish          | 14cm                 |
|--------------------|----------------------|
| Square Dish        | 23cm                 |
| Rectangular Dishes | 23x12, 23x17 & 22x32 |

#### **Small & Large Casseroles**



| Small Casserole (with lid) | 14cm |
|----------------------------|------|
| Large Casserole (with lid) | 24cm |



To celebrate the release of Eat Pray Love'in cinemas, Le Creuset have created 2 delicious recipes, inspired by the locations in the movie.

#### Indulge yourself with 'Eat Pray Love' and Le Creuset...

Liz Gilbert is a modern woman on a quest to marvel at and travel the world while rediscovering and reconnecting with her true inner self in Eat Pray Love. At a crossroads after a divorce, Gilbert takes a year-long sabbatical from her job and steps uncharacteristically out of her comfort zone, risking everything to change her life. In her wondrous and exotic travels, she experiences the simple pleasure of nourishment by eating in Italy; the power of prayer in India, and, finally and unexpectedly, the inner peace and balance of love in Bali. Based on an inspiring true story, Eat Pray Love proves that there really is more than one way to let yourself go and see the world.

Watch the trailer at: www.sonypictures.com/movies/eatpraylove

#### **Balinese Calamari** & Coconut Curry

Serves 4

#### For the curry paste:

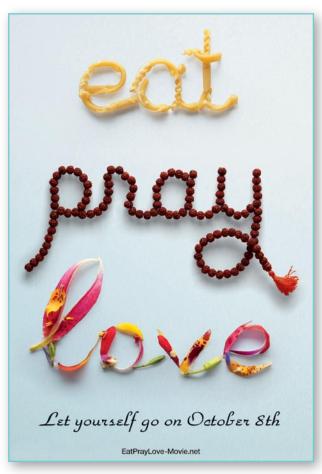
- · 4 Cloves garlic, crushed
- 2 Tbsp (30ml) grated ginger
- 1 Tbsp (15ml) turmeric powder
- ½ Cup (125ml) macadamia nuts
   1 Tbsp (15ml) tomato paste
- 1 Tbsp (15ml) fish sauce
- 2 Stalks lemongrass, bruised
- 1 Tbsp (15ml) ground coriander
- 1 Chilli, chopped
- 2 Tbsp (30ml) tamarind paste

#### Oil for frying:

- 1 Onion, sliced
- 1 Can (410g) coconut milk
- 1 Cup (250ml) chicken stock
- 1 Packet green beans
- 1 Packet sugar snap peas
- 500g Patagonian squid

Steamed basmati rice, mint, coriander or bean sprouts for serving.

Blend together all paste ingredients until smooth. Heat a glug of oil in a large saucepan and fry paste for a few minutes until fragrant. Add onion and fry until softened. Add coconut milk and stock. Allow to simmer for 5 minutes. Add vegetables and calamari. Cook for a further 5-10 minutes or until squid is just cooked.



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#### **Italian Seafood Pasta**

Serves 4-6

#### Ingredients:

- 1 Packet (500g) linguine
- 2-3 Large cloves garlic, crushed
- 1½ Cup (375ml) cherry tomatoes, halved
- 300g Vongole clams
- 500g Mussels
- 500g Prawn tails
- ½ Cup (125ml) white wine
- Pinch of nutmeg
- ¼ Cup (60ml) chopped flat-leaf parsley

Cook pasta according to packet instructions, drain and set a side. Heat a glug of oil in a large saucepan, fry garlic until softened, then add prawns and fry until cooked through, remove from pan. Add mussels, clams, wine and nutmeg to pan, seal with a lid and allow to steam open for 5-10 minutes. Return prawns to the pan to heat through, stir through parsley. Toss seafood with pasta and serve.



For more information or availability of stock, contact us on 086 177 3321 (sharecall) or visit www.lecreuset.co.za

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