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Sunny Health & Fitness Twister Stepper

\$104.00 delivered



Compact, surprisingly versatile home fitness device, is essentially a portable elliptical machine with built-in resistance training

Twist action helps you tone thighs and buttocks, while achieving a challenging cardiovascular workout; work deep muscles in hard-to-reach places without putting stress on joints

Resistance is adjustable, and exercise bands work arms, chest, back, and shoulders for total body workout

Heavy-duty steel construction provides years of reliable use; oversized, slip-resistant foot plates keep you firmly planted during workout

Onboard computer with LCD display shows total count, time, calories burned, and rep count

A compact, surprisingly versatile home fitness device, the Sunny Health & Fitness Twister Stepper is essentially a portable elliptical machine, with built-in resistance training. The twist action the device creates helps you tone thighs and buttocks, while achieving a challenging cardiovascular workout. Moving up and down and side to side, you'll work deep muscles in hard-to-reach places without putting undue stress on joints.

Resistance is adjustable, and the exercise bands work the arms, chest, back, and shoulders for a total body workout. Heavy-duty steel construction will provide years of reliable use, and oversized, slip-resistant foot plates keep you firmly planted during your workout. An onboard computer with LCD display shows total count, time, calories burned, and rep count.

Get amazing thighs and buttocks with this Twist Stepper from

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