

# **Electric Skillet**



**Owner's Guide** 

**READ AND SAVE THESE INSTRUCTIONS** 

# IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed, including the following:

- 1. Read all instructions before using.
- 2. Do not touch hot surfaces. Use handles or knobs.
- To protect against electrical shock, do not immerse TEMPERATURE CONTROL PROBE, cord or plugs in water or other liquid.
- Close supervision is necessary when any appliance is used near children. This appliance is not to be used by children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts, and before cleaning.
- 6. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Call Customer Service(see warranty) to return for examination, repair, or adjustment.
- 7. The use of accessory attachments not recommended by manufacturer may cause injuries.
- 8. Do not use outdoors.
- 9. Do not let cord hang over edge of table or counter, or touch heated surfaces.
- 10. Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving appliance containing hot oil or other hot liquids.
- Always attach TEMPERATURE CONTROL PROBE to appliance first, then plug cord into the wall outlet. To disconnect, turn TEMPERATURE CONTROL DIAL to "OFF", then remove plug from wall outlet.
- 13. Do not use appliance for other than intended use.
- 14. Be sure SIDE HANDLES/LEGS are assembled and fastened properly. See assembly instructions on page 4, "How to Assemble Your Skillet".

# SAVE THESE INSTRUCTIONS

This appliance is for **HOUSEHOLD USE ONLY.** No user-serviceable parts inside. Power Unit never needs lubrication. Do not attempt to service this product. A short power-supply cord is provided to reduce the hazards resulting from entanglement or tripping over a longer cord.

# AN EXTENSION CORD MAY BE USED WITH CARE; HOWEVER, THE MARKED ELECTRICAL RATING SHOULD BE AT LEAST AS GREAT AS THE ELECTRICAL RATING

**OF THE SKILLET.** The extension cord should not be allowed to drape over the counter or tabletop where it can be pulled on by children or unintentially tripped over.

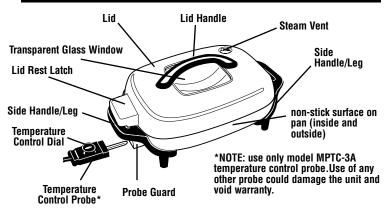
**KEEP WARM SETTING:** The TEMPÉRATURE CONTROL PROBE has a "Keep Warm" range setting of approximately 160° to 180° F. The indicator light will cycle on and off when this setting is maintaining the desired temperature. **NOTE:** During initial use of this appliance, some slight smoke and/or odor may be detected. This is normal with many heating appliances and will not recur after a few uses. Only use with Temperature Control Probe number MPTC-3A.

#### **POLARIZED PLUG**

This appliance has a polarized plug (one blade is wider than the other).

As a safety feature, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to defeat this safety feature.

## KNOW YOUR ELECTRIC SKILLET

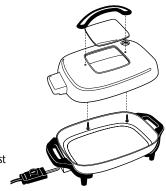


#### **HOW TO ASSEMBLE YOUR ELECTRIC SKILLET**

Remove all parts from the packaging.

#### ASSEMBLING LID HANDLE

- 1. Find LID and LID HANDLE.
- Holding LID HANDLE on the outside top of LID, align holes in IID HANDLE into holes located on the outside of the LID. Handle should be centered over glass in the LID.
- 3. Place the phillips head screws through screw holes on the inside of the LID (2 places).
- Tighten screws with a screwdriver until snug. Screws should be seated flush against LID surface. The LID is now ready for use.



#### ASSEMBLING SIDE HANDLES/LEGS

- 1. Place pan upside down on table.
- 2. Find one SIDE HANDLE/LEG and mount on the pan side where the probe connects to the pan.
- Align screw holes in SIDE HANDLE/LEG over the screw posts on pan (2 places per handle).
- Insert screws (2 per handle) through holes in bottom of SIDE HANDLE/LEG and align screws in holes in the pan.
- Tighten screws with a screwdriver until snug. Screws should be seated flush against handle.
- 6. Repeat steps 3 through 5 with the other SIDE HANDLE/LEG.
- Once both handles are tightened securely, place skillet upright onto its legs. Assembly is complete.

**CAUTION:** Do not operate skillet prior to assembly of SIDE HANDLES/LEGS and LID HANDLE.

#### **IMPORTANT**

Check the SIDE HANDLES/LEGS of your skillet periodically for looseness. If needed, re-tighten with a screwdriver. **CAUTION:** Overtightening can result in stripping of screws or cracking of handles and base.

#### **HOW TO USE YOUR ELECTRIC SKILLET**

- Turn TEMPERATURE CONTROL DIAL to "OFF". Plug TEMPERATURE CONTROL PROBE securely into receptacle on skillet, plug into standard 120v AC outlet and turn TEMPERATURE CONTROL DIAL to desired setting.
- The TEMPERATURE CONTROL INDICATOR LIGHT will come on when you set or adjust the temperature. Once the desired temperature is reached, the indicator light will go out. (When adding food, the indicator light will come on briefly as the overall cooking temperature is reduced.)
- The cooking temperatures listed in this user manual are estimates. Adjust the cooking temperature slightly up or down to achieve the results you prefer.
- 4. A STEAM VENT is located on the LID. To open STEAM VENT, carefully pull the tab located on the top of LID. Reverse to close the STEAM VENT. The STEAM VENT allows steam to escape while cooking with the LID in place. **CAUTION:** Escaping steam is hot! Be careful when removing or lifting LID.

**NOTE:** If heating oil, always leave the lid off. If oil smokes, immediately turn skillet "OFF" and allow to cool.

### **HOW TO USE THE LID REST FEATURE**

 Hold lid at almost a 90-degree angle and insert LID REST LATCH (on LID) into the cut-out opening in left SIDE HANDLE (opposite side from PROBE GUARD). LID REST LATCH must be inserted between rib on handle and handle itself.

#### **HOW TO CLEAN YOUR SKILLET**

**CAUTION:** Skillet is hot. Handle carefully.

- 1. Always allow the skillet to completely cool before cleaning.
- Unplug cord from wall outlet, then remove TEMPERATURE CONTROL PROBE from appliance. Wipe probe clean with a dry towel.
- Immerse the skillet and lid in warm, soapy water and wash with a soft cloth. Rinse well and dry. All parts, except the TEMPERATURE CONTROL PROBE, are fully immersible and dishwasher-safe.

**NOTE:** Do Not use steel wool, abrasive cleaners, or metal scouring pads on cooking surfaces as this will damage the non-stick coating.

**WARNING:** Do not immerse TEMPERATURE CONTROL PROBE in water or other liquid.

#### **HELPFUL HINTS**

- Before using the skillet for the first time, lightly brush cooking surface with vegetable oil. Heat, uncovered, to 300°F. Turn "OFF" and cool completely. Wipe away excess oil.
- Use only nylon or heat-proof plastic cooking utensils. Metal utensils may scratch the non-stick surface.
- This skillet is not designed to deep fry. To pan-fry, do not use more than 1 cup
  of oil. Select a vegetable oil or peanut oil for frying, Butter and olive oil should
  only be used to saute foods on a lower temperature setting.

## TEMPERATURE GUIDE

FOOD	AMOUNT	TIME/DIRECTIONS	TEMP.
BURGERS	¼ lb.	3 to 9 minutes/per side (med.)	300°F
STEAK	1" thick, boneless	9 to 12 minutes/per side	300°F
CHICKEN	boneless breasts	6 to 7 minutes/per side	300°F
FRENCH TOAST		3 to 5 minutes/per side	325°F
PANCAKES		1 to 3 minutes/per side	300°F
<b>EGGS</b> Fried		2 to 3 minutes/first side 1 to 2 minutes/second side Melt 1 to 2 tsp. butter or margarine in skillet	300°F
Poached 300°F	1 to 6 eggs	2 to 3 minutes	250°F or
		Pour 2 cups water and 1 tsp. cider vinegar in skillet. Heat to boiling. Break each egg into a bowl; slip into water. Cover and cook 2 to 3 minutes.	
Scrambled		3 to 4 minutes Melt 1 to 2 tablespoons butter or margarine in skillet. Add eggs, cook, stir gently, until set and cooked.	300°F
BACON		5 minutes/first side 1 to 3 minutes/second side	300°F
SAUSAGE LINKS		8 to 10 minutes	300°F
SAUSAGE PATTIES		6 minutes/first side 5 to 6 minutes/second side	300°F

# RECIPES

#### **APPLE NUT PANCAKES**

2 tablespoons butter or margarine

½ cup plus 2 tablespoons all-purpose flour 1½ teaspoons sugar

2 teaspoons baking powder

¼ teaspoon salt

¼ teaspoon cinnamon

Dash nutmeg ½ cup milk

1 egg

½ cup peeled and finely chopped apple 2 tablespoons chopped pecans or walnuts

Vegetable oil

Melt butter. Set aside to cool slightly. Combine flour, sugar, baking powder, salt and spices in a small bowl. Combine melted butter and milk in mixing bowl. Add egg and beat lightly to combine. Blend in flour mixture, stirring just until combined. Fold in apple and nuts. Preheat skillet to 350°F. Brush lightly with oil. Pour about ¼ cup batter for each pancake. Cook until bubbles come to the surface and the bottom is golden brown, about 2 minutes. Serve 3 warm with maple syrup for breakfast or brunch or top with ice cream, additional nuts and caramel syrup for dessert.

#### **CLASSIC FRENCH TOAST**

1 egg, slightly beaten

½ cup milk

¼ teaspoon vanilla extract Dash nutmeg or cinnamon ½ teaspoon confectioner's sugar 1 tablespoon butter or margarine

2 slices French bread, sliced 1-inch thick

Confectioner's sugar

Maple syrup

Combine egg, milk, spice and sugar in shallow pan. Preheat skillet to  $350^{\circ}$ . Add butter to skillet. Dip both sides of bread quickly into egg mixture then place in skillet. Cook 2 to 3 minutes per side or until bread is golden brown. Dust each piece lightly with confectioner's sugar and serve with maple syrup.

#### DENVER OMELET

½ cup diced, cooked ham ¼ cup chopped green bell pepper

¼ cup sliced fresh mushrooms

1 green onion, sliced 1 tablespoon butter or margarine 3 eggs 2 tablespoons water ½ teaspoon salt

Dash cayenne pepper ½ cup (1-ounce) cheddar cheese, shredded

Set skillet temperature to 300° F. Add ham, green bell pepper, mushrooms, onions and butter. Saute 2 minutes, stirring frequently. Arrange vegetables in an even layer. Lightly beat eggs with water, salt and cayenne pepper; pour egg mixture over ham and vegetables. Cover and cook 4 minutes or until eggs are set. Sprinkle with cheese, cover and cook additional 2 minutes. To serve, slice omelet in half then gently fold each part in half. Lift omelets from skillet with a wide spatula.

#### HAM AND EGG FAVORITE

1 tablespoon butter or margarine

¼ cup chopped onion 2 tablespoons all-purpose flour

1/4 cup milk

2 eggs

½ cup chopped cooked ham ½ cup chopped fresh spinach

% cup (3-ounces) Swiss cheese, shredded

Set skillet temperature to 300° F. Add butter and melt. Add onions and saute until onions are tender, about 2 minutes, remove onion from skillet and set aside. Combine flour, milk and eggs; beat lightly to blend. Pour egg mixture into pan. Cover and cook 2 minutes. Arrange ham, spinach and cooked onions evenly over eggs. Sprinkle cheese evenly over top. Cover and cook additional 2 minutes. Gently cut into four pie-shaped wedges. Lift each wedge onto serving plate.

#### **CHEESE AND BACON POTATOES**

6 slices bacon

4 large potatoes, thinly sliced with skins on 1 can (4-ounces) chopped green chilies

¼ cup onion, finely chopped

 $1\frac{1}{2}$  cup (6-ounces) cheddar cheese, shredded

Place bacon in cold skillet. Turn temperature control dial to 350° F. Fry bacon until crisp, remove and drain. Carefully remove grease, reserving 2 tablespoons bacon grease in skillet. Add potatoes to skillet; cover and cook 10 minutes. Turn potatoes and cook an additional 5 minutes. Crumble bacon and combine with green chilies and onion. Sprinkle over potatoes. Top with cheese; cover and cook 5 more minutes.

#### PASTA WITH PEPPERS AND CHICKEN

1 clove garlic, minced 1 tablespoon olive oil

1 whole boneless, skinless chicken breast. cut into 1/2-inch x 2-inch strips

1 cup sliced red, green or yellow bell pepper (or combination)

½ teaspoon basil

Set skillet temperature to 350° F. Add garlic and oil and saute 2 minutes. Add chicken; cook and stir for 5 minutes. Stir in bell peppers and allow to cook additional 2 minutes or until vegetables are crisp tender and chicken is done. Reduce temperature to 250° F. Blend seasonings and cornstarch into chicken broth, stirring until well blended. Pour broth mixture into skillet. Heat, stirring gently, 1 minutes or until mixture is hot and thickened. Serve over past.

#### **EASY BEEF FAJITAS**

iuice of 2 limes

2 tablespoons olive oil

Makes 2 servings.

½ teaspoons ground cumin

¼ teaspoon salt

1 clove garlic, minced

1/2 teaspoon red pepper flakes freshly ground black pepper, to taste

34-lb, top round steak, thinly sliced

1 small onion, thinly sliced

½ green or red bell pepper, thinly sliced

4 flour tortillas

½ cup (2-ounces) monterey jack or cheddar cheese, shredded

quacamole, optional salsa, optional

Pinch ground red pepper

1½ teaspoons cornstarch

34 cup chicken broth

and drained

Salt and ground black pepper to taste

4-ounces linguine or fettuccine. cooked

sour cream, optional chopped tomatoes, optional

Combine lime juice, 1 tablespoon olive oil, cumin, salt, garlic, red pepper and black pepper in glass bowl. Add beef and allow to stand, at room temperature, 30 minutes. Set skillet temperature to 350° F. Add remaining 1 tablespoon olive oil, onion and green/red bell pepper and stir gently. Cover and cook 1 to 2 minutes or until vegetables are tender. Remove vegetables and keep warm. Drain meat, discard marinade and place meat in skillet, Saute meat 7 to 9 minutes or until done. Meanwhile, wrap tortillas in aluminum foil and heat in 350° F. oven for 5 minutes. To assemble, spoon about ¼ of meat and vegetables into center of each warmed tortilla. Sprinkle with 2 tablespoons cheese. Roll tortilla and place on serving plate. Garnish, as desired, with quacamole, salsa, sour cream and/or chopped tomatoes.

#### **SWISS STEAK**

1½-lbs beef round steak. ¾- to 1-inch thick 1 car

1/4 cup flour

¾ teaspoon salt

¼ teaspoon ground black pepper

2 tablespoons shortening

1 can (14½-ounces) stewed tomatoes, drained

1 can (8-ounces) tomato sauce

1 onion, sliced

1 stalk celery, sliced 1 carrot, thinly sliced

½ teaspoon worcestershire sauce

Cut meat into 6 serving-size pieces. Combine flour, salt and pepper. Coat meat with flour mixture. Add shortening to skillet and preheat to 300° F. Brown meat on both sides. Carefully drain off excess fat. Add remaining ingredients. Set temperature Control dial to "SIMMER". Cover and cook over low heat about 1½ hours or until meat is tender. Remove meat from skillet. Combine ¼ cup cold water and 1 tablespoon flour, add to tomato mixture in skillet. Cook and stir until thick and bubbly. Serve meat with tomato sauce spooned over meat.

#### SHRIMP AND VEGETABLE STIR-FRY

%-lb, raw, shrimp, shelled and deveined

2 tablespoons light soy sauce

2 tablespoons dry sherry 2 teaspoons cornstarch

1 teaspoon grated gingerroot

1 tablespoon vegetable oil

1 small sweet red bell pepper, in thin strips

1 cup broccoli flowerettes

½ medium onion, thinly sliced 5 large fresh mushrooms, sliced

½ package (3-ounces) frozen snow peas, thawed

2 stalks celery, sliced

Place cleaned shrimp in bowl. Combine soy sauce, sherry, cornstarch, and gingerroot; pour over shrimp. Preheat skillet to 400° F. Add oil to skillet. Stirfry celery, red bell pepper, broccoli and onions for 2 minutes. Add shrimp with marinade and stir-fry additional 2 minutes or until shrimp turn pink. Add mushrooms and snow peas. Stir-fry until heated through.

#### **PORK CHOPS WITH SPANISH RICE**

2 to 4 center cut pork chops, about ½-inch thick ½ cup raw long grain rice ½ cup chopped onion ½ teaspoon chili powder

1 can (14½-ounces) whole tomatoes

Set skillet temperature to 350° F. Add chops and cook on first side 5 minutes. Turn chops; add onion and green bell pepper. Cook, stirring vegetables occasionally, 2 minutes. Reduce temperature to "WARM". Add rice, chili powder and tomatoes and stir to blend into vegetables. Cover and cook 25 to 30 minutes, stirring occasionally.

#### FISH FILLETS WITH LEMON DILL SAUCE

1/4-lb. fresh mushrooms, sliced 2 green onions, sliced

2 tablespoons butter or margarine

11/2 teaspoons all-purpose flour 1/4 cup milk

1 tablespoon white wine

2 tablespoons water

1 tablespoon lemon juice 1/3 teaspoon dill weed 1/4 teaspoon salt

Dash ground black pepper

1 to 2 orange roughy or other firm fish fillets, (about 8-ounces each)

1/4 cup cream, optional

Set skillet temperature to 300° F. Add mushrooms, onions and butter. Saute, stirring frequently, 2 minutes. Add flour; cook, stirring constantly, 1 minutes. Combine milk and water.

Reduce temperature to "WARM". Add milk mixture to skillet and cook, stirring constantly, 1 minutes. Blend in wine, lemon juice and seasonings. Arrange fish fillets in sauce, spooning sauce over fish. Cover and cook 8 to 10 minutes or until fish flakes easily with a fork. Lift fish from sauce with a wide spatula.

If not using cream, spoon sauce over fish and serve. If desired, remove fish from serving platter and keep warm. Blend cream into sauce in skillet. Heat uncovered 1 to 2 minutes. Spoon sauce over fish.

#### CHICKEN CACCIATORE

2 tablespoons vegetable oil

3 to 4 pieces chicken (thighs, legs, of halved breasts) 1 can (4-ounces) sliced mushrooms, drained ½ cup chopped onion

1 clove garlic, minced

1 can (14½-ounces) peeled, diced tomatoes

½ cup chopped green bell pepper

1 bay leaf

1 teaspoon Italian seasoning

salt and ground black pepper to taste hot cooked spaghetti or other pasta

Set skillet temperature to 350° F. Add oil. Arrange chicken pieces, skin sidedown in skillet. Cook chicken until well browned on first side, about 5 minutes. Turn chicken. Add onion and garlic around chicken. Cook 3 minutes, or until onion is cooked, but not brown. Reduce temperature to "WARM". Add remaining ingredients, except spaghetti. Cover and cook 30 to 40 minutes, or until chicken is cooked. Stir sauce and spoon over chicken occasionally. Serve chicken and sauce over spagnetti or other pasta.

#### STIR-FRY BEEF AND BROCCOLI

½ to ¾-lb, top round or sirloin 1 clove garlic, minced dash ground ginger

2 tablespoons soy sauce, divided 2 tablespoons dry sherry, divided

½ cup beef broth

1½ teaspoons cornstarch

¼ teaspoon sugar salt to taste

2 tablespoons sesame or peanut oil

¾ cup broccoli flowerettes 1 to 2 medium carrots, bias sliced

½ onion, sliced in thin wedges

Hot cooked rice

Slice beef into very thin slices and place in glass bowl. (Partially freeze beef for 30 to 60 minutes to make beef easier to slice.) Add garlic, ginger, 1 tablespoon soy sauce and 1 tablespoon sherry. Toss to coat. Allow beef to stand, at room temperature for 30 minutes.

Combine remaining soy sauce and sherry with broth, cornstarch, sugar and salt; set aside. Set skillet temperature to 350° F. Add oil and heat 1 minutes. Drain meat, discarding marinade and add meat to skillet. Stir fry 7 to 9 minutes or until beef is done. Remove meat and keep warm. Add vegetables. Cover and cook 3 minutes or until vegetables are crisp tender. Stir mid-way through cooking. Reduce temperature to 250° F. Blend meat into vegetables. Stir broth mixture then pour over meat and vegetables. Heat, stirring, until broth is hot and thickened. Serve over rice.

#### STEAK AU POIVRE

2 teaspoons black peppercorns or mixture of black, green and pink peppercorns

1 green onion, sliced

1 tablespoon butter or margarine

3 tablespoons bourbon or beef broth ½ to ¾-lb. boneless steak, (1 strip or sirloin steak) 3 tablespoons water

Place peppercorns in plastic bag. Crack peppercorns with rolling pin or mallet. Press cracked peppercorns evenly over both sides of steak. Set aside. Set skillet temperature to 300° F. Add steak and cook, 7 minutes per side for mediumrare, or until desired doneness. Remove steak from skillet and keep warm.

Add butter and green onion. Saute, stirring for 1 minute. Combine bourbon/beef broth and water; pour over green onions. Allow to cook, stirring constantly, about 2 minutes or until sauce has thickened slightly. Cut steak into serving portions. Return steak to skillet and spoon sauce over meat. Heat 1 minutes. Serve steaks with sauce spooned over meat.

#### LIMITED ONE-YEAR WARRANTY

This product is warrantied to be free from defects in materials or workmanship for one (1) year from date of original purchase. If you have a claim under this warranty please follow these procedures:

- 1) Within the first 45 days from date of original purchase, defective product should be returned to original place of purchase for replacement (with proof-of-purchase).
- 2) Within the first 12 months from date of purchase manufacturer will repair or replace (at no charge)the defective product if it is delivered freight prepaid during that period to an authorized service station. To obtain warranty service write to Rival®, c/o The Holmes Group, Attn: Consumer Service Dept., P.O. Box 769, Milford, MA 01757. Proof of purchase is required when requesting warranty service SAVE YOUR SALES RECEIPT. This warranty is extended only to the original purchaser and does not apply to commercial use, unreasonable use, or to damage to the product (not resulting from defect or malfunction) while in the possession of the consumer. The manufacturer disclaims all responsibility for consequential, incidental, or commercial losses caused by the use of this product. Some states do not allow this exclusion or limitation of incidental or consequential losses, so the foregoing disclaimer may not apply to you. This warranty gives you specific lead rights, and you may also have other legal rights which vary from state to state.

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