



Volleyball

Last updated 2013

GRADE

Open A

Open B

Mixed C (Maximum 5 males on court)

Under 18

FORMAT

- Round robin competition followed by knockout finals
- Finals will be held at the completion of the round robin
- For sections A and B, 6 players allowed on court, plus substitutions
- For sections C and Under-18, 8 players allowed on court, plus substitutions, with a maximum of five of these being male if the section is Mixed.
- One point is scored per rally
- Each match will proceed for a pre-determined length based on the number of teams per grade. Games should be a minimum of 6 minutes each.
- Each team to provide one scorer / time keeper.

UMPIRES

- Each team will be expected to umpire some games when they are not playing
- Failure to do so will result in the loss of 1 point from the Round Robin competition ladder for each game not umpired as required.
- Teams supplying umpires for the finals will receive bonus points

UNIFORMS AND EQUIPMENT

- Uniforms must be of like kind and colour.
- Volleyballs will be provided

State Youth Games is presented by Youth Vision Victoria

To ensure SYG participants are adequately covered in the event of a personal or sporting related accident it is strongly recommended that participating groups or individual participants arrange personal accident insurance. It is the responsibility of the group co-ordinator to ensure this is communicated to SYG participants associated with their groups.



RULES AND REGULATIONS

Volleyball is a team sport played by two teams on a playing court divided by a net. The sport originated in the United States, and is now just achieving the type of popularity in the U.S. that it has received on a global basis, where it ranks behind only soccer among participation sports.

OBJECT

The object of the game is for each team to send the ball regularly over the net to ground it on the opponent's court, and to prevent the ball from being grounded on its own court. The ball is put into play by the right back-row player who serves the ball by hitting it over the net to the opponent's court. A team is allowed to hit the ball three times (in addition to the block contact) to return it to the opponent's court. A player is not allowed to hit the ball twice consecutively, except when attempting a block. The rally continues until the ball touches the ground / floor, goes "out" or a team fails to return it to the opponent's court or commits a fault. During play, the ball can be hit by any part of the body from the knees up. Kicking with either the feet or lower legs is not permitted.

Whilst a hit off the body is acceptable, this rule is not to be abused and the point may be awarded to the other team if this is being mis-used.

SCORING

In International Volleyball, points are credited to a team at the conclusion of each rally regardless of which team served the point. When the receiving team wins a rally they are credited with 1 point, gain the right to serve and also its players rotate one position clockwise. Rotation ensures that players play at all the different positions on the court, ie. the net, the middle and the back. Each game will proceed for a set time limit, after which time, the team with the highest score wins. The maximum winning margin a team can be credited with is 15 points.

PLAYERS

At State Youth Games, in Sections A and B, no more than six players are allowed on court, plus substitutions.

In Sections C and Under-18, no more than eight players are allowed on court, plus substitutions, with a maximum of five of these being male if the section is Mixed.