

PE30.5

Complex Skills, Tactics and Strategies – Assess, through participation, the proficiency of skills, tactics and strategies in target, invasion/territorial, net/wall, striking/fielding and low organization and inventive activities.

Indicators for this outcome

- (a) Compare at least two complex skills (e.g., swinging a baseball bat and swinging a golf club) that have similar transferrable, basic movement patterns, strategies and performance cues.
- (b) Demonstrate a complex skill in a specific activity and compare execution to that of a proficient performance.
- (c) View the execution of complex skills, performed by self or others, and provide feedback to increase proficiency.
- (d) Receive and incorporate feedback to improve skill proficiency in a variety of activities.
- (e) Apply modifications to complex skills, tactics and strategies in activities and games, considering age and developmental stage, to enhance the confidence and competence of participants.
- (f) Develop strategic plans and tactics for individual and multi-player activities and games, including First Nations and Métis games and activities.
- (g) Design and implement a plan to teach skills, tactics and strategies required to participate in an individual or multi-player activities and games.