



St. Mary's Research Centre Seminar Series

Visiting Speaker from United Kingdom



Melissa Girling, M. Sc.,

Social Science Research Methods

PhD Candidate

**Research Fellow of the National
Institute for Health Research (NIHR)**

Faculty of Medical Sciences

Newcastle University, United Kingdom

Centre intégré
universitaire de santé
et de services sociaux
de l'Ouest-de-
l'Île-de-Montréal

Québec 

When :

Tuesday, October 11
12:00—13:00

Where :

Auditorium
(Basement)
St-Mary's Hospital center
3830 Lacombe Avenue,
Montreal

A light lunch will be served

Everyone is welcome !

Young people's experience of mental health and well-being in the youth justice system (YJS): A qualitative systematic review and meta-ethnography

Abstract.

Research into the early identification and intervention of the mental health of young people who offend is vast, but largely concerned with the incidence and treatment outcomes of young people with mental health problems in secure settings. However, little is understood about how mental health and wellbeing is experienced by young people who offend. A clearer understanding of experiences and trajectories towards offending and what 'vulnerability' means for this group is needed in order to identify problems and formulate more appropriate and timely interventions. This paper reports the findings from a qualitative systematic review and synthesis of studies using an adapted meta-ethnography approach. I will explore themes identified from these studies and uses those themes to inform the development of new insight. The findings from this paper inform a broader innovative UK study of young people in the community who offend to better understand and meet their health and wellbeing needs using an Experience Based Co-Design methodology.

About the speaker

Prior to joining the Institute of Health and Society (IHS) at Newcastle University, Melissa held a number of research positions in New Zealand. Melissa has 15 years' experience in research and evaluation projects concerned with providing timely and on-going responses to mental health and addiction issues. She has a strong interest and experience in developing research tools and outcome measures (both qualitative and quantitative) and health experience research methodologies. Melissa has recently been awarded a NIHR Research Fellowship: Young people who offend: Understanding and meeting health and well-being needs using experience based co-design .

**St. Mary's Research seminar series has a strong commitment towards the education of the hospital's staff, of its patients, and of the neighbouring community. The research center hosts bi-weekly seminars
open to everyone**