

St. Mary's Research Centre Seminar Series

Centre intégré
universitaire de santé
et de services sociaux
de l'Ouest-de-
l'île-de-Montréal

Québec 



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PhD

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Experiences of newly arrived immigrants with depression and anxiety

Abstract : In this qualitative study, newly arrived immigrants, self-identified as affected by depression or anxiety, and residing in Montreal or Toronto, provide a detailed account of their experiences living with their conditions. Mental-health providers working in those cities also speak about their experiences in caring for immigrants living with depression and anxiety. As the interviews were videotaped with the agreement of all participants, the preliminary results of the study will be shown in a short film by way of the narrations of the participants themselves. This film portrays difficulties and possible answers, but also raises questions about the skills of our society to understand the variations of these health experiences and to offer culturally-based solutions.

About the speaker : Joel Montanez is a health and humanitarian psychologist and a social filmmaker who have lectured in the Universities of Moncton, Montreal and Trois-Rivières in subjects involving action research, psychopathology, psychosocial work and intercultural intervention. He has a special interest in research, clinical work and advocacy regarding vulnerable populations such as refugees and internally displaced persons affected with mental disorders. His field work, with Action Against Hunger and Doctors Without Borders, has included victimised Kurdish populations in Iraq, Rohingya groups in Indonesia and sexually abused victims in Africa's Great Lakes region.

When :
Tuesday, May 17
12:00—13:00

Where :
Room 3228A
St-Mary's Hospital centre
3830 Lacombe Avenue,
Montreal

A light lunch will be served

Everyone is welcomed !

St. Mary's has a strong commitment towards the education of the hospital's staff, of its patients, and of the neighbouring community. The Research Centre hosts bi-weekly seminars
open to everyone.