

Psalm 25:1-7
DEFEATING THAT
WHICH HAS DEFEATED
US.

FIRST PRAYER SESSION

THINK ABOUT SOMETHING THAT FRIGHTENS YOU.

- Ask the people in your prayer group to pray for you that you will be able to trust in God and no longer have fear about that situation.
- We are going to ask the Lord to be exulted over that enemy.
- Tell the Lord that you believe you will not be humiliated because you waited on Him.

SECOND PRAYER SESSION

**TELL THE PEOPLE IN YOUR
GROUP SOMETHING THAT IS
DEFEATING YOU.**

SECOND PRAYER SESSION

**Spiritual disciplines we need to
all learn: Bible Study, Prayer,
Witnessing, Tithing, Holiness.**