



*my active participation in*  
**prayer** *and* **supplication**  
*with* **thanksgiving**  
*is predicated on being*

**PHILIPPIANS 4:4-7** [NKJV] ~ “<sup>4</sup>Rejoice in the Lord always. Again I will say, rejoice!

<sup>5</sup>Let your gentleness be known to all men. The Lord *is* at hand.

<sup>6</sup>Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; <sup>7</sup>and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”

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**overwhelmed by His goodness** ,

*“Rejoice in the Lord always. Again I will say, rejoice!” (4)*



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overwhelmed by **His** goodness ,

*“Rejoice in the Lord always. Again I will say, rejoice!” (4)*

overflowing with **His** gentleness ,

*“Let your gentleness be known to all men. The Lord is at hand.” (5)*

*my active participation in*  
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*is predicated on being*

overcome by **His** grace ,

*“Be anxious for nothing . . .” (6)*

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**prayer** *and* **supplication**  
*with* **thanksgiving**  
*is predicated on being*

overcome by **His** grace ,

*“Be anxious for nothing . . .” (6)*

and obedient to **His** guidelines :

*“but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God” (6)*

*my active participation in*  
**prayer** *and* **supplication**  
*with* **thanksgiving**  
*is predicated on being*

◆ **hold nothing back !**

*“ . . . but in everything . . . ” (6)*



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◆ hold nothing back !

*“ . . . but in everything . . . ”* (6)

◆ thank Him up front for **His** response !

*“ . . . with thanksgiving . . . ”* (6)

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◆ **hold nothing back !**

*“ . . . but in everything . . . ” (6)*

◆ **thank Him up front for His response !**

*“ . . . with thanksgiving . . . ” (6)*

◆ **and rest in His peace !**

*“ . . . and the peace of God, which surpasses all understanding,  
will guard your hearts and minds through Christ Jesus.” (7)*