

## Ridge Group Lesson “Freedom To Walk in the Spirit”—March 18, 2018



### **Reach**

What were some of your highs this week? What were some of your lows?

What did you do this week to reach people who are far from God? (i.e. pray for, serve, or share the Gospel)

Who is on your prayer card that needs to know Jesus? (Pray for them now as a group.)

### **Raise Up**

Read Galatians 5:15-26

Re-tell the story in your own words.

What do we learn about God/Jesus in this story?

What do we learn about the disciples?

- Is there a sin to avoid?
- Is there a promise to claim?
- Is there an example to follow?
- Is there a command to obey?

What can you do to start relying on the Holy Spirit this week?

What are some outward expressions in your life of being filled with the Holy Spirit?

### **Release**

What is one thing that you can **obey** and put into practice in your life this week?

Who is someone that is far from God that you can pray for and/or share the Gospel with this week?

Spend some time praying together as a group.