

# Redeeming **SEX**

Sermon Series  
March 12 - 26

## Ridge Group Lesson “Redeeming Sex”– March 12, 2017

### Getting Started

What were some of your highs (wins) this week? What were some of your lows (struggles) this week?

How has the media influenced our attitudes about sex?

### Digging Deeper

Read [1 Corinthians 7:2-7](#)

What do we learn about God/Jesus in this passage? What do we learn about man?

Is there a sin to avoid, a promise to claim, and example to follow, or a command to obey in this passage?

### Bring It Home

Why do you think that there is such a stigma when it comes to talking about sex in the church?

What are some ways that the church can change the way it talks about sex?

Why is it important for the church to speak about the truth found in the Bible in regards to sex?

What is one thing that you can **obey** and put into practice in your life from this sermon and/or lesson?

Is there anyone in your life that needs to hear the truths found in this message/study? How can you share with them?

Spend some time praying together as a group.