



**Ridge Group Lesson “Conversations” – September 13, 2015**

**Getting Started**

When you hear the word “Grace”, what is the first thing that comes to your mind?

Tell the group of a time where you were offered grace?

**Digging Deeper**

Read [Colossians 4:5-6](#)

Why is it important for our “conversation be always full of grace”?

What does it mean to have our conversation “seasoned with salt”?

How does this connect with how we treat “outsiders”?

Read [Ephesians 4:29](#)

What do you think is the definition for “unwholesome talk”?

**Bringing It Home**

Why is it important that we watch what we say?

Greg said, “It’s not just what we say (content) but how we say it.” Why is it important to be mindful of the tone of our words?

The Bible says that what comes out of our mouth is a reflection of our heart. How have you seen this truth played out in your life?

Greg asked the question, “Did the way I speak today appropriately reflect the grace I’ve received?” Why is it critical that we ask this question?

Spend some time praying together as a group.