



## Ridge Group Lesson “We’re Sorry for being uptight” – August 24, 2014

### Getting Started

What makes you uncomfortable in life?

After this series, which area (hypocrisy, politics, mistreatment of homosexuals, being uptight) do you feel like you might need to apologize for in your life? What can you do to change in your life?

### Digging Deeper

Read [Galatians 3:3-5](#)

How do we try attaining our goals by our own effort today? (vs. 3)

Read verse 5. What is the answer to the question? If you were to ask someone who isn’t a believer, which one (observing the law or believing) does your life reflect?

Read [Romans 14:1-4](#)

Put this passage in today’s terms. How do we do this?

Why is it important for us to not be judgmental?

### Bringing It Home

Why do you think Christians are so uptight and judgmental?

Why do you think the world thinks our message is condemnation? What can we do to change this perception?

Why do people in the church think its their job to point out sin instead of pointing them to Jesus?

Why do you think we have a hard time accepting God’s grace?

Spend some time praying together as a group.