



Ridge Group Lesson "Toxic Relationships" – June 22, 2014

Getting Started

Who is your best friend? How did you meet? How long have you been friends? Why do you consider them your best friend?

Digging Deeper

Read [2 Corinthians 6:14-7:1](#)

What do you think Paul is saying in this passage?

How do we purify ourselves?

Paul says that we need to perfect "holiness out of reverence for God"?

Bringing It Home

Greg said that, "Your closest relationships determine the direction and quality of your life." What do you think that means? Do you agree? Why or why not?

Why is it that toxic people tend to influence us rather than us influencing them?

How do you set healthy boundaries?

Why do you think we struggle to cut off toxic relationships?

Spend some time praying together as a group.