



**Ridge Group Lesson “Jesus Trains His Disciples” – March 9, 2014**

**Getting Started**

We are halfway through “His Story”, have you learned anything new from this series?

Have you ever trained for a race or an event? What was the toughest part of training?

**Digging Deeper**

Read [Matthew 15:2-9](#) and [17-20](#)

The religious leaders question Jesus in an effort to trap Him and discredit Him. Why do you think they were so intent on discrediting Jesus? How do people attempt to discredit Him today?

Why do you think Jesus wasn't concerned about offending the Pharisees as His disciples were? What lessons can we learn from Jesus' example?

Read [Matthew 16:13-16](#)

Why is Peter's confession of Christ so important?

What are some of the opinions that people in our world have about who Jesus is?

How would you answer someone who asked, “Who is Jesus to you?”

**Bringing It Home**

Why is it important to surrender our hearts to Jesus? How does this change our behavior?

Greg said the phrase “being changed from the inside out.” What do you think it means to be changed from the inside out?

Jesus spent a lot of time training His disciples. How have you been “trained” in your faith? What does training in our faith look like today?

Spend some time praying together as a group.