

Even the Best Get Discouraged

Elijah – Humble Hero

1 Kings 19: 1 - 21

Why Elijah was discouraged

1. He wasn't thinking clearly.
2. He separated himself from others.
3. He was on the heels of a victory.
4. He was physically and emotionally exhausted.
5. He got lost in self pity.

How God dealt with Elijah's discouragement

1. God gave Elijah rest and refreshment. Vs. 5b - 9a
2. God gave Elijah his presence. Vs. 9b - 13
3. God gave Elijah a mission to accomplish. Vs. 15 - 16
4. God gave Elijah a close personal friend. Vs. 19 - 21