

# Life Apps

*Based on the  
book of James*

Sermon Series



## Journey Group Lesson for “Trust” – March 11, 2012

### Getting Started

Are you the type of person who trusts people easily, or are you skeptical of people motives until they prove it to you? Why do you think you are that way?

How does someone earn your trust?

### Digging Deeper

Read Luke 5:4-11

What is the first thing that jumps out to you about this passage?

What can we learn about trusting God in this section of Scripture?

Read James 5:7-11

How do patience and trust work together? Can you have one without the other?

Which one is easier for you to do, be patient or to trust? Why?

What does it mean to “trust God with what you cannot control”?

### Bringing It Home

What are the benefits of trusting God?

This may be tough to do, but is there something that you are having trouble trusting God with? What are some steps to begin to give it over to Him?

How does being a part of a group like this help us to trust God more? Does it help?

How can your group pray for you?