



Journey Group Lesson for “The Joy of Giving Yourself Away” – January 22, 2012

Getting Started

Is serving and looking out for others a natural thing for you or do you have to work at it? Why?

What are some of the things you are doing right now to serve others?

Digging Deeper

Read Philippians 2:1-11

Paul said that the church in Philippi could make his joy complete by “being one in spirit and purpose.” What does that mean?

How do we “consider others better than ourselves”?

In verse 5, Paul says that our attitude should be like Jesus, he then lists how Jesus’ attitude was. How do we have an attitude like Christ in today’s culture?

Read 1 Peter 4:10-11

How does this verse differ from what society tells us?

What does it mean to administer God’s grace?

Bringing It Home

What are some ways that you can give yourself away that you are not currently doing?

What is the purpose of giving ourselves away?

Pray for opportunities to serve others and give yourself away. Ask that God would give you the ability to see beyond yourself to the needs of others.