



## **Journey Group Lesson for “Putting up Guardrails” – March 6, 2011**

### **Getting Started**

How are guardrails beneficial for drivers and passengers of cars?

Maybe you have experienced an accident where a guardrail saved your life or the life of someone close to you. If not, maybe you know of a story of lives being saved in an accident because of guardrails. If appropriate and applicable, share your story or experience.

What are spiritual guardrails and how do you think they can benefit us in our Christian life?

### **Digging Deeper**

Read Ephesians 5:15-17. With what parts of these verses do you identify most?

Greg said the following are wrong questions to be asking: “How far can I go without sinning?” “Is it a sin to \_\_\_\_\_?” Do you agree or disagree? Why or why not?

Read Matthew 6:24, 31-33. In what ways can our pursuit of money compete with our pursuit of Jesus? What are some guardrails you could put up in this area to help you grow in your walk with Jesus?

Read 1 Corinthians 6:18-20. In what ways does our culture ignore guardrails in the area of sexuality? What does the Bible have to say about this?

In what ways is sexual sin different from other sins? In what way does sexual sin affect the rest of our lives?

What were some guardrails Greg mentioned in the area of sexuality?

### **Bringing It Home**

Why do you think guardrails are necessary in the Christian life?

In which areas of your life have you been dancing on the yellow line? Where do you need to set up some guardrails?

Nobody plans to enter into a violent marriage. Nobody plans to ruin his or her finances. What steps do you take to make sure these things don't happen? You set up guardrails. You can tell yourself that you'll "be careful." Well, setting up guardrails is the way that you can accomplish this – the way that you can “be careful”.