

THIS IS LOVE
A Communion Meditation

*This is love: not that we loved God, but that he loved us
and sent his Son as an atoning sacrifice for our sins.*

I John 4.10 (NIV)

Abstract: The bread and the cup of the Lord's Supper are received *in remembrance*. Jesus used these simple elements to provide a lasting memorial of *how God showed his love among us: He sent his one and only Son into the world that we might live through him* (I John 4.9). Amazing love! Precious memory!

Your notes and comments:

*What Thou, my Lord, hast suffered
Was all for sinners' gain;
Mine, mine was the transgression,
But Thine the deadly pain.*
Bernard of Clairvaux. *O Sacred Head, Now Wounded*