

***DON'T BE AFRAID***

**SERIES: I AM WITH YOU**

*My comfort in my suffering is this:*

*Your promise preserves my life.*

*Your word is a lamp to my feet and a light for my path.*

Psalm 119.50, 105 (NIV)

**Abstract:** Those who trust in the Lord have found this to be true: Just when you need him, he is there. Just when anxiety and alarm almost break you, he speaks his peace into your experience. Just when the winds and the waves are at their worst, he says, “Be still.” He is our ever-present help in trouble!

**Your notes and comments:**

In Thy footsteps place my feet,  
As Thou dost will, as Thou dost will;  
And if thorns my pathway meet,  
Bid me be still, be still.  
*J. O. Hillyer, “Jesus, I Would Faithful Be”*