

Phosphatidyl choline supports key brain functions including memory and muscle control and assists fat metabolism in the liver and throughout the bloodstream. Phosphatidyl inositol supports nerve cell structure and nerve impulse transmission.*

Each 1,200 mg serving of Lecithin delivers important phytonutrients from pure soybean phospholipids. As well as being rich in phosphatidyl choline, this nutritious whole food provides 100% myo-inositol, the only bio-active form of this nutrient, and 230 mg of other biologically active phosphoglycerides.

This product contains no sucrose, gluten, yeast, corn or milk derivatives.

Store in a cool, dry place, away from direct sunlight.

Packaged with safety seal.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NUTRITIONALS

LECITHIN



Supports brain function, fat metabolism & nerve transmission*

*Apoya la función del cerebro, el metabolismo de la grasa, y la transmisión nerviosa**

Dietary Supplement
130 SOFTGELS

SUGGESTED USE: 2 softgels daily.

Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 65

	Amount Per Serving	% Daily Value
Calories	16	
Calories from Fat	13	
Total Fat	1.5 g	2.5%**
Saturated Fat	0 g	0%**
Vitamin E (as d-alpha-tocopherol)	10 IU	33%
Magnesium (as magnesium oxide)	12 mg	3%
Phosphatidyl choline (from soy lecithin)	175 mg	†
Phosphatidyl inositol (from soy lecithin)	100 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

OTHER INGREDIENTS: Gelatin, glycerin, soybean oil, yellow beeswax, water, natural color and wheat germ oil.

DISTRIBUTED BY:

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3500 Gateway Blvd.
Fremont, CA 94538 U.S.A.

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