

NEOLIFEBAR FRUIT & NUTS

Traditional snack foods such as potato chips, cheese curls, and chocolate sandwich cookies have lined the shelves of our neighborhood supermarkets and grocery stores for decades. Although they are convenient, many snack products sold today are far from wholesome; they contain empty calories and unhealthy ingredients such as high fructose corn syrup and trans fats. Such foods may contribute to the obesity epidemic when they are not consumed in moderation, or as a small part of an overall nutritious and balanced diet. That's why it's important to have a healthy choice in snacks especially when striving to achieve or maintain a healthy weight.





#3850 - 15 individually wrapped bars

- 10g Protein
- 320 Omega-3s
- 5g Fiber
- 180 Calories

Snacking Smarter

- The right combination of protein and fiber has been shown to curb hunger and promote satiety.*
- Flaxseed, a plant source of omega-3 ALA (alpha-linolenic acid), also provides fiber and lignans that support digestive health, cardiovascular health, and normal blood sugar.*
- Fiber and flaxseed are associated with maintaining healthy total cholesterol and LDL cholesterol, and maintaining normal blood pressure—important indicators of cardiovascular health.*
- Antioxidants from berries have been associated with protecting cells from free radical oxidation.*
- Healthy snacking twice a day can keep your appetite in check, increasing your chances for success while on a weight loss or weight management program.





WHOLE GRAINS

rains flaxseed





MIXED BERRIES

ASSORTED NUTS

Our Solution: NeoLifeBar

- The perfect snack for the whole family! NeoLifeBar is a delicious, nutritious, natural snack that satisfies your hunger between meals.
- Based on the science of Glycemic Response Control Technology to help minimize fat storage and promote fat burning.*
- Rich source of protein and fiber from the NeoLife proprietary protein and fiber blend to help you feel fuller longer.
- Whole grain goodness from soy crisps blended with rolled oats.
- Provides 320mg of omega-3s from flaxseed, with ALA which is an essential fatty acid that plays a role in managing normal inflammatory processes our bodies experience on a day-to-day basis. Also a good source of dietary fiber and beneficial lignans.*
- Antioxidants abound in a fusion of dried blueberries, dried cranberries and raisins.
- Chunks of cashews and almonds, plus sunflower and pumpkin seeds – provide a boost of protein, fiber, and delicious flavor.
- 17 essential vitamins and minerals
- Fits perfectly in the NeoLife Weight Management Program as a healthy AM or PM snack.
- No artificial colors, flavors, sweeteners, or preservatives added.
- No genetically modified (GMO) ingredients.
- Gluten free Dairy free Low sodium

Kosher

Try both flavors: Fruit & Nuts and Dark Chocolate Peanut Butter

* These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

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Nutrition Facts

Serving Size: 1 Bar (45 g) Servings Per Container: 15

Amount Per Se	rving	
Calories		180
Calories from Fa	ıt	60
	% Dai	ly Value**
Total Fat	6 g	9%
Saturated Fat	1 g	5%
<i>Trans</i> Fat	0 g	
Cholesterol	0 mg	0%
Sodium	110 mg	5%
Potassium	120 mg	3%
Total Carbohydr	ate 22 g	7%
Dietary Fiber	5 g	20%
Soluble Fiber	4 g	
Insoluble Fiber	1 g	
Sugars	10 g	
Protein	10 g	20%
Vitamin A		25%
Vitamin C		30%
Calcium		25%
Iron		25%
Vitamin D ₃		35%
Vitamin E		40%
Thiamine		35%
Riboflavin		35%
Niacin		35%
Vitamin B ₆		35%
Folic Acid		35%
Vitamin B ₁₂		35%

Pantothenic Acid			35%	
Phosphorus			30%	
Chromium			25%	
**Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				
l	Calories	2,000	2,500	
Total Fat	Less than	65 g	80 g	
Sat. Fat	Less than	20 g	25 g	
Cholesterol	Less than	300 mg	300 mg	
Sodium	Less than	2,400 mg	2,400 mg	
Potassium	Less than	3,500 mg	3,500 mg	
Total Carbohydrate		300 g	375 g	
Dietary Fiber		25 g	30 g	
Protein		50 g	65 g	
Calories per g	am: Fat 9 Ca	rbohydrate 4	Protein 4	

INGREDIENTS: NeoLife proprietary protein and fiber blend [soy crisps (soy protein isolate, taplica starch, salh), soluble corn fiber, gluten free rolled oats, soy protein isolate, flasseed, oat fiber], tapioca syrup, pumpkin seeds, raisins, evaporated cane juice, dried cranberries (cranberries, sugar, sunflower oil), cashews, roasted almonds (almonds, sunflower oil), brown rice syrup, roasted sunflower seeds, sunflower seeds, sunflower seeds, sunflower oil), roam and mixed tocopherols (vitamin E), vitamin C, niacinamide, ferrous sulfate (iron), chromium yeast, vitamin A palmitate, calcium pantothenate, pyridoxine hydrochloride, riboflavin, thiamin mononitrate, vitamin D3, vitamin B12 and folic acid], sunflower oil, natural flavor, dried blueberries (blueberries, apple juice concentrate, sunflower oil), salt and tocopherols (tocopherols, sunflower oil).



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