

## **FULL MOTION**

Joint pain is the most frequent cause of physical disability among adults, impacting both quality of life and finances. It affects more than 40 million Americans and more than half the U.S. population age 65 or older. Glucosamine is an amino sugar that exists naturally in our body. It is the building block of molecules that gives structure and resilience to cartilage and it is essential for the function and integrity of joints. Glucosamine has been shown to be effective in reducing pain and other symptoms associated with joint pain and to stimulate the regeneration of joint cartilage.\*





#3505, 90 Tablets

## Why a Glucosamine Supplement?

- Promote healthy and comfortable joints. Glucosamine is the building block of proteoglycan, one of the main structural components of cartilage. Studies show that glucosamine stimulates cartilage cells (chondrocytes) to produce proteoglycans, thus normalizing cartilage metabolism and keeping it healthy.
- Slow down the breakdown of cartilage. Studies have shown that glucosamine may inhibit the activity of enzymes responsible for breakdown of cartilage. Glucosamine may also support healthy inflammation.
- Help build, repair and regenerate cartilage. Studies have shown that glucosamine can stimulate chondrocytes to begin producing healthy new cartilage matrix. Glucosamine has been shown to stimulate the regeneration of experimentally-induced cartilage damage.
- Reduce pain and other common symptoms. Studies show that joint tenderness and restriction of movement also improve with glucosamine supplementation. While glucosamine alone does not produce the immediate dramatic reduction in pain associated with over-the-counter pain relievers and anti-inflammatory drugs like Tylenol® or Advil®, its ability to reduce pain is consistent and increases throughout its use, leading to long-term improvement.
- Glucosamine is quickly and efficiently absorbed from the intestinal tract and is rapidly incorporated into joint cartilage. Studies using tagged glucosamine to allow scientists to follow the compound through the subject's

bodies, found that glucosamine did indeed travel to the joints and incorporated itself into the cartilage to help stimulate new cartilage growth.

## **Our Solution: Full Motion**

- Provides 1500 mg of glucosamine, the "therapeutic" dose shown in studies to reduce pain and stiffness.\*
- Pharmaceutically pure, biologically functional glucosamine from Glucosamine Hydrochloride—easy to digest and sulfite-free—minimizing digestive discomfort and allergic reactions.\*
- Natural, high-quality source of purified glucosamine.
- Herbal Comfort Complex, an exclusive blend of Bromelain, White Willow, and Boswellia, ingredients that promote long lasting relief.\*
- Regenerative Mineral Complex, an exclusive blend of synergistically critical Zinc, Boron, and Silica, key minerals for joint health.\*
- 3D Advantage, which provides optimal bioavailability through maximum Disintegration, Dissolution, and Dispersion.
- Formulated under the direction of the SAB using leading edge science.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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**SUGGESTED USE:** Take 3 tablets daily with 8 fl. oz. of water. For best results, take just before mealtime.

Supplement Fact Serving Size: 3 Tablets Servings Per Container 30		
t Per Serving	% Daily Value	
15 mg	100%	
1500 mg	Ť	
30 mg	†	
6 mg	†	
756 mg a)(plant); Bromelair act ( <i>Salix alba</i> )(bar		
	1500 mg 30 mg 6 mg 756 mg a)(plant); Bromelair	

OTHER INGREDIENTS: Stearic acid, microcrystalline cellulose, sodium croscarmellose, silicon dioxide, hydroxypropyl methylcellulose, triacetin and natural color.

+Contains shellfish (lobster, shrimp and crayfish)

Glucosamine stimulates the regeneration of healthy joint cartilage. Full Motion is made from high quality glucosamine plus (HCC) Herbal Comfort Complex and selected minerals for comfort and mobility.\*

Notice: Not recommended for pregnant or lactating women.

Store in a cool, dry place, away from direct sunlight.

Packaged with safety seal.

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