

Early Treatment of Vein Disease: Why It's Important

By JONATHAN CALURE, M.D.



Medicine is changing. The role of the Physician traditionally had been to treat problems. (Reactive Medicine) The patient saw the doctor when she became sick or developed a condition. As the science of medicine evolves the prevention and early treatment of many conditions is becoming ever more the imperative of the Physician.

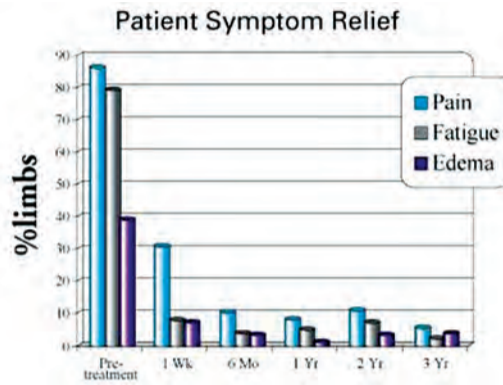
In our practice we see between 200-300 new Varicose and Spider Vein patients each month. Our specialty, caring for people with Venous Insufficiency, has evolved dramatically over the past few years. In the past, patients sought or were referred for vein care only after suffering a blood clot, ulcer, phlebitis or some other complication of vein disease. This was the case, in part, because the only treatment option was a trip to the operating room for vein stripping surgery, an invasive and painful procedure. Unfortunately too many excellent Primary Care Physicians still follow this paradigm. The complications of longstanding vein disease can now be prevented with an array of minimally invasive outpatient techniques.

While generally not a life-threatening problem, if left untreated vein disease can lead to significant morbidity. And unlike many other medical conditions, vein disease may take years to fully manifest. But as with any disease process early detection and treatment will produce better outcome and reduce the risk of developing future complications. It is no longer appropriate to wait until a complication of vein disease occurs to consider treatment. With our minimally invasive vein treatment, VNUS Closure, patients are candidates for treatment when the symptoms interfere with activity and conservative attempts to control symptoms have been unsuccessful.

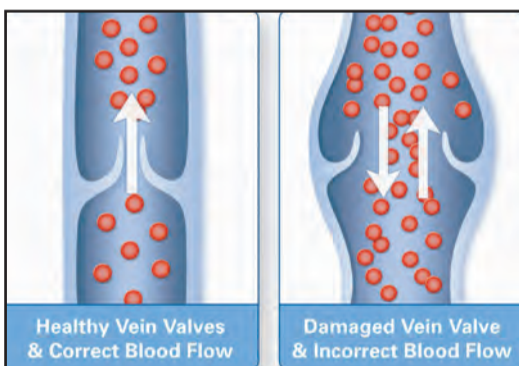
In my practice I am surprised to hear from patients that they had been referred elsewhere for Vein Stripping. Smartly, that patient had sought another opinion. To be sure, there are some rare cases where surgical vein removal is the only choice. Fortunately, the vast majority of patients may be successfully treated with minimally invasive VNUS Closure or Sclerotherapy. Our sole focus at Maryland Vein Professionals is minimally invasive vein care. We have performed more than 7,000 Closure procedures since 2005. Our specialized outpatient facilities are unparalleled in the region. The Closure Procedure takes only 1-2 minutes, and patients are out of the office in 60-90 minutes. Most of our patients report

little or no discomfort and can enjoy a video during treatment at our specialized centers.

VNUS Closure is a catheter based treatment that addresses the cause of Varicose Veins. Veins that bulge at the surface are branches of one or two damaged source veins well below the skin. These damaged veins have incompetent or insufficient valves that no longer function to guide venous blood flow to move out of



the leg. Gravity pulls the venous blood back down the pipes toward the ankle, and out into the bulging veins at the skin surface. (This is why varicose veins seem to clear when the legs are elevated.) VNUS Closure uses light energy to ablate or close the damaged source veins. This depressurizes the skin veins and blood reroutes to other healthy veins. Sclerotherapy is a treat-



ment for smaller (spider) veins. Here a medicine is injected directly into the spider veins that closes seals and clears the small skin veins. Usually Sclerotherapy is more cosmetic in nature, but there may be medical indications as well.

We are pleased to

announce that Maryland Vein Professionals will be offering a Free Vein Screening Event over two days at the end of June. See if you are a candidate for treatment on Tuesday, June 29 at The Columbia Main Office or Wednesday, June 30 in the New Annapolis Main Office. Both events will run from 9 A.M. – 7 P.M. Participants should wear shorts to the event. Registration is required and space is limited. Call 410-964-VEIN or 410-268-LEGS to register. *

A Cardiovascular Surgeon, Dr. Calure holds two American Board Certifications, in General Surgery as well as Cardiovascular Surgery. As one of the first physicians in the region to perform The VNUS Closure® procedure, Dr. Calure now performs more Closure Procedures than any other single Physician in the United States, according to VNUS Medical, Inc. Dr. Calure's Practice, Maryland Vein Professionals is devoted exclusively to Vein Care and has locations in Columbia, Annapolis, Chevy Chase, Gambrills, and Clarksville.

Experience you can trust.

Maryland Vein Professionals

Dr. Jonathan Calure

Dr. Jane Lingelbach

Our medical team, led by board-certified cardiovascular surgeons Dr. Jonathan Calure and Dr. Jane Lingelbach, lead the nation in the VNUS® Closure procedure, having performed over 6,000 cases since 2006.

VEIN CARE IS ALL WE DO
VNUS® Closure for varicose veins • Sclerotherapy for spider veins

<p>Relieve the pain of varicose veins without major surgery.</p>	<p>Rebuild your self-esteem with healthy-looking legs.</p>	<p>Resume your normal activities the same day.</p>	<p>Rejoice covered by most insurance plans.</p>
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4 convenient locations
 Annapolis 410-268-LEGS (5347) | Columbia 410-964-VEIN (8346)
 Chevy Chase 301-654-VEIN (8346) | Clarksville 410-964-VEIN (8346)

www.MDVeinProfessionals.com

Insurance covered & surgeries performed by board-certified cardiovascular surgeons

FREE VARICOSE VEIN SCREENING
 Tuesday, June 29th, 9am-7pm in Columbia Main Office | Wednesday, June 30th, 9am-7pm in Annapolis Main Office
 Call today to register 410-964-VEIN (8346) or toll free 877-7-MD-VEIN | Space is limited!