



“Where the Adventure Begins”



**UNITED
BOYS & GIRLS CLUBS**
OF SANTA BARBARA COUNTY

Another Memorable Summer Camp at Camp Whittier!

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The month of July brought three great weeks of Summer Camp! Each session we had over 100 campers from our United Boys & Girls Clubs of Santa Barbara County, along with other children and youth from local counties and from Los Angeles. These weeks included hikes, stories around the camp fire, dance night, swimming, archery, arts and crafts, sleeping under the stars, music, drama, Rock wall and zip line and much, much more! Campers learned new skills that empowered them to generate concepts of responsible use of resources and appreciation of natural surroundings.



We were very fortunate to have our Summer Camp Director “Chango” and our Program Coordinator “JuneBug” this year as our leaders. They have been a part of Camp Whittier for many years and we were proud to have them as a team! So sad to see all our new friends go, but looking forward to seeing each and every one of them next year!



Keeping children in touch with Nature after school!

After-school time used to involve catching fireflies, exploring the neighborhood woods, making mud pies, and just having a good time running around outside. This has changed dramatically in the digital age and children are less connected to nature, which can cause them to care less about its condition. Instead of plopping down in front of the T.V. or computer after school, encourage your kids to get outside for an hour or two each day. Not much daylight left after the homework's done? Take a family walk after dinner, devote your weekends to outdoor-only activities like biking and hiking, or start a nature club for your family. Studies have shown children who spend more time outside are less likely to suffer from obesity, Attention Deficit Disorder, and depression!



Outdoor Education ~ Day and Night Programs Available

Outdoor education is a means of curriculum enrichment, whereby the learning takes place out of doors. Outdoor education broadly includes environmental education, conservation education, adventure education, camping, wilderness therapy, and aspects of outdoor recreation.

Among the curricular often associated with outdoor education are language arts, social studies, mathematics, science, nature study, and music. Self-concept enhancement is approached through

***Study Nature, Love Nature,
Stay Close to Nature.
It will never fail you.***



outdoor activities and opportunities for leadership development.

Outdoor education enables students and teachers to interact in an environment free from the limitations of the classroom. The change in environment can facilitate learning by removing behavior disordered students from the classroom setting which they may already identify with failure.

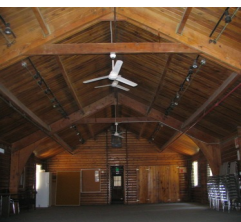
Please give us a call and we will help you schedule an outdoor education program for your school or group. (805) 962-6776.

Reserve Camp Whittier for your next Retreat or Conference!



Come to Camp Whittier, where you will find breathtaking natural surroundings, abundant wildlife, and a place that you will want to call home. Every year thousands of guests come to camp to retreat from their everyday lives and experience everything we have to offer. From religious spiritual retreats in our outdoor chapel, to booming college leadership courses, anyone can find a perfect solution to their retreat dilemmas. With so much to offer, it only makes sense!

Camp Whittier's 55 acres are located right across from Lake Cachuma and also in the midst of rolling hills and many miles of hiking trails are available too.



2 beautiful lodges and conference centers, 3 outdoor fire bowls catered with amphitheatre style seating, rustic cabins and tent style cabins that combined can house 185 people and a spacious dining hall completes our facilities we can offer you.

Because Camp Whittier is a completely economical way to run your special conference, training event or retreat, we are sure you will enjoy stays here for many years to come!

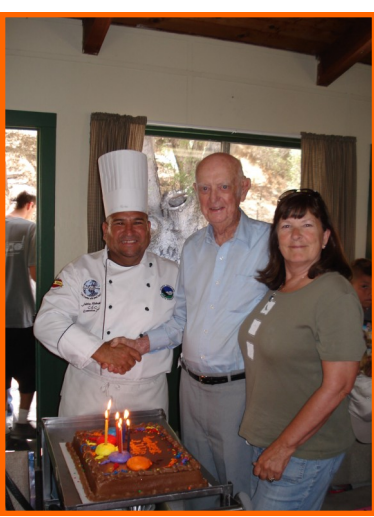
Challenge Course ~Low and High Ropes



A ropes course is a series of activities, events and challenges that are designed to build group dynamics, communication skills, self concept and challenge each participant to push beyond what they think they can do. Initiative activities and low ropes activities are done in large groups and can only be completed if the whole group is working together. These activities are sometimes done on cables or ropes that are set up in trees up to 5 feet off the ground. High ropes activities are done with partners or individually and are done on ropes and cables set up in poles and trees. These activities are between 12 and 40 feet off the ground. In all high ropes course activities everyone uses safety systems or harnesses and safety lines while participating. Camp Whittier is committed to customizing each challenge course program to fit your teams goals and to ensure continuous benefits. Call us today!



Bill Muncaster turns 97 at Camp Whittier!



We had the pleasure to celebrate with Mr. Bill Muncaster, on his 97th birthday during our summer camp program. Bill is a very dedicated camp committee member and is active in the community requesting donations to help The United Boys and Girls Clubs of Santa Barbara County and Camp Whittier. We thank you Bill for all that you do, we appreciate your many years of dedication and service! Happy Birthday to you!



American Camp Association Accreditation

At Camp Whittier we care about kids and parents too! We want you to know your children are safe, healthy and having fun at camp. This year we had our accreditation review and passed with high marks again. Rest assured, we take pride in our camp, campers and staff!



PHYSICAL ACTIVITY IS IMPORTANT!

Research shows that students who earn mostly A's are almost twice as likely to get regular physical activity than students who receive mostly D's and F's. Physical activity can help students focus, improve behavior and boost positive attitudes. Do what you can to help your child be physically active, be it running, biking or swimming. Any type of physical activity is good, and 60 minutes a day is best.

Their grades will thank you!



~Back to School Camp Skills~



For many families, it's back-to-school time. So along with those camp friends and songs, encourage your camper-student to remember the skills he or she learned this summer. These skills are sure to get the school year started off right and help your child thrive all year long!

Confidence — All through the camp experience, children and youth have tried new activities and been successful; they feel empowered.

Curiosity — Camp has given children and youth the chance to explore, study, and observe in an experiential learning environment.

Character — Camp has challenged children and youth to develop character — through fostering respect for each other, a sense of community, and the ability to solve problems.

Social Interaction — Studies show that children and youth are spending too much time connected to a machine, (i.e. computers, video games, T.V., etc) rather than a human being, and are losing their social skills. At Summer Camp we emphasize on social interaction with each other!



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Camp Whittier Wish List and Donation Requests

Here at camp we always have a need for this or that to improve and maintain our grounds, office and buildings.

Just incase you or anyone you know may have these items or would like to purchase and donate them to us sure would help us tremendously!

Golf Cart ~ Riding Lawn Mower ~ Any type of vehicle

Variety of any and all types of lumber ~ Wooden lattice

Proteam Supercoach Back Pack Vacuum ~ Shop vacuum

200 Feet of Marine/Boat Rope

Propane Heater

Volunteer Services (Electrician, Plumbing & Painting, etc.)

Fax Machine ~ Paper Shredder ~ Vacuum Cleaner

Please check in with us, as our needs are always growing.

