



## “Where the Adventure Begins”



**UNITED  
BOYS & GIRLS CLUBS**  
OF SANTA BARBARA COUNTY

### Fighting “Nature Deficit Disorder” One Camper at a Time! ♥

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**Fighting Nature Deficit Disorder,  
One camper at a time!**

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**Thank you!  
Donations to Camp  
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**Thank you!  
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Camp Whittier is a beautiful 55 acre camp located among the rustic setting of oak trees and sits directly across from Cachuma Lake, 17 miles north of Santa Barbara. The camp is owned and operated by the United Boys and Girls Clubs of Santa Barbara County. We serve 300-400 children each summer, mostly underprivileged, many from broken homes with single parents who are working or going to school to increase their skills.

Unfortunately, today’s youth suffer from what is now termed as “Nature Deficit Disorder”. The alarmingly, increased amount of “screen time” (computer, video games, TV, etc.) spent by youth today is from 6-10 hours a day and in the summer, it doubles. Studies have shown that this “screen time” has lead to childhood depression, obesity and attention disorders.

It is our goal to help combat this problem by providing warm, nurturing care in a summer camp setting. Each summer we help the children learn social skills, while at the same time, offering them an outstanding outdoor experience. We have qualified counselors, program staff and an excellent kitchen staff that serve nutritious meals and snacks in a safe environment. We are also certified by the American Camp Association.

Last summer we gave complete scholarships to over half of our campers and they were able to come to camp for one week and some came for two. We would like to continue to help these needy families, but to do so next summer we need your help to provide these scholarships.



#### Camp Whittier Scholarship Fund Campaign

To raise these needed scholarship funds we have launched our “Camp Whittier Scholarship Fund Campaign”. This campaign began in January, 2012 and will end on June, 2012. We are reaching out to the community to help with donations towards camper scholarships. Our cost per child for a week of summer camp is \$500 and many of our community youth can only afford 0-\$50 to attend camp. We will also have a fundraising dinner and dance, “Giddy Up to Camp Whittier” on June 16th, 2012 and all proceeds will go towards camper scholarships. Dance to the Tim Buley Band, enjoy wine tasting by Santa Barbara Winery, a variety of beer donated by Firestone Brewery, appetizers & a gourmet dinner by our own Camp Whittier Chef, Fabio Hidrobo. A good time will be had by all. To purchase tickets, please call our camp office at 805-962-6776.

### Camp Whittier Kitchen Project -Thank You’s !

Little did Camp Whittier Director, Debi Hite, realize when she approached the Rotary Club of Santa Barbara Sunrise (RCSBS) for help, that this help would be an international affair! The Santa Barbara County Health Department informed the Camp in 2010 that a kitchen upgrade would need to be completed in 2011 to install a walk-in freezer and bring the kitchen up to code with the current county health standards. The recent recession has greatly impacted funding for the United Boys & Girls Clubs of Santa Barbara County (which operates Camp Whittier), leaving them with almost no reserves for a crisis such as this. They turned to RCSBS to help save the Camp. Since 1997, RCSBS has committed a work day each year to help improve and maintain the Camp by painting, mending fences, irrigation/landscaping, building projects, etc.

The RCSBS went to work by contacting other local Rotary Clubs and Rotary District 5240 to match its donation as well as a district in So. Korea who recruited three local clubs to help; then a matching grant request was submitted to the Rotary International Foundation. Through Rotary matching grant wizardry, this grant funded the purchase and installation of the outside walk-in freezer as well as a double prep sink, utility tables, a commercial mixer and an ice-maker for a **total of \$20,375.00**. Our heart goes out to the Rotary for all of the help and support, we couldn’t have done it without you!

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#### Giddy Up to Camp Whittier

Saturday, June 16th  
4:00 till 8:00pm  
Dance to the Tim Buley Band till sunset  
Wine tasting by Santa Barbara Winery  
Beer donated by Firestone  
Gourmet dinner by Camp Whittier Chef Fabio Hidrobo

## Camp Whittier Kitchen Project Thank You's ....continued

### **Rotary funders for this grant include:**

Rotary Club of Santa Barbara Sunrise  
 Rotary Club of Santa Barbara North  
 Rotary Club of Santa Barbara  
 Rotary District 5240, California  
 Rotary Club of Ulsan, South Korea  
 Rotary Club of North Ulsan, South Korea  
 Rotary Club of Ulsan Moon-Su, South Korea  
 Rotary District 3720, South Korea  
 The Rotary Foundation

### **Community Support**

We would also like to thank our community donors that donated funds toward the construction cost to complete the project:

The Adams Legacy Foundation  
 The Barbara N Rubin Foundation  
 The Boys & Girls Club of America  
 The Edgcomb Foundation  
 Enerpro Inc.  
 The Fulton Foundation  
 The Goleta Lions Club  
 The Kiwanis Club of Lompoc  
 The Robert Bros. Foundation  
 The SB Foundation Mini-Grant  
 The Writer Family Foundation

A big "Thank You" to Thomas Heath & Athena Contractors Inc., for a job well done in completing our kitchen project. The kitchen has never looked better and we are so appreciative of the tremendous support we received from all of our generous donors.



*The New Walk-In Freezer*



## Camp Whittier Wish List

- *24-36 Sheets 4'x8' wooden lattice*
- *Variety of any and all types of lumber*
- *Grass Seed & Fertilizer for field. Plants, bushes, shrubs, etc.*
- *Fax Machine*
- *Paint*
- *Any type, vehicles*
- *Road Base*
- *Riding Lawn Mower*
- *1 Proteam Supercoach Back Pack Vacuum or 2 small shop vacs*
- *Wood Burning Stoves*
- *Refrigerators, kitchen stove*
- *Golf Cart*
- *Volunteer Services (Electrician, Plumbing & Painting, etc.)*



## Summer Camp – July, 2012

What's funny about camp is that even when we're having the most fun, we're also learning the most important lessons. In our play, we find meaning in the richness of the earth under our feet. Humans naturally adapt to their environments, and Camp Whittier is one of the most beautiful and organic places to adapt. Kids today seem to live in a world where "natural" is just another aisle in the grocery store, but camp can help bridge the gap between a technology based society and where it all started, outside, in nature. Camp Whittier gives children the opportunity to experience the natural world in an organized camp setting. We offer kids the chance to get their hands dirty in the soil, and see the stars beneath a clear night sky. By day our campers have the time of their lives camping, climbing, crafting, swimming, singing, zipping, hiking, running, jumping and so much more. By night we sing and perform skits at camp fires, tell stories at camp outs, and get our last ya-ya's out at the dance! Then, by Friday the busyness of camp has taken its toll and campers and staff alike are running on remaining bits of fuel to really take in our last moments at camp, and it's worth it. It's worth it because camp is one of the most inspirational and beautiful moments that we get to play and live in nature with these people that were once strangers and are now our closest friends. Camp is a place to live, play, learn, and create, and here at Camp Whittier we are an outlet for campers to take all of these opportunities and run with them.

# Outdoor Education ~ Day and Night Programs Available

Outdoor education is a means of curriculum enrichment, whereby the learning takes place out of doors. Outdoor education broadly includes environmental education, conservation education, adventure education, camping, wilderness therapy, and aspects of outdoor recreation.

Among the curricular often associated with outdoor education are language arts, social studies, mathematics, science, nature study, and music. Self-concept enhancement is approached through outdoor activities and opportunities for leadership development.

Outdoor education enables students and teachers to interact in an environment free from the limitations of the classroom. The change in environment can facilitate learning by removing behavior disordered students from the classroom setting which they may already identify with failure.

*Study Nature, Love Nature,  
Stay Close to Nature.  
It will never fail you.*



## Come and enjoy Camp Whittier for your next Retreat or Conference!

Camp Whittier offers you an economical way to rent the facilities needed to hold a successful retreat, conference, or training experience for groups of up to 150 participants.

Our Challenge Course offers experiential training and development that promote team performance, staff development & personal growth. Experienced based training along with a beautiful location will assure your retreat or conference a complete success.



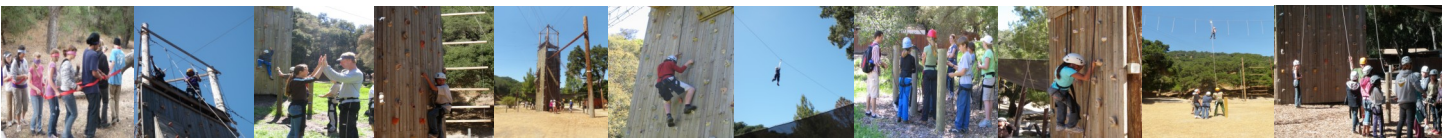
*Discovering this idyllic place, we find ourselves filled with a yearning to linger here, where time stands still and beauty overwhelms.*

We invite you to visit our facility, conveniently located just north of Santa Barbara.

Arrange a tour now!

Reservations are available for groups from 20 to 150 people.

For information regarding reservations, rates and services at Camp Whittier please call our office at (805) 962-6776 or [campwhittiersb@aol.com](mailto:campwhittiersb@aol.com) [www.campwhittier.org](http://www.campwhittier.org)



### ~~ High and Low

A ropes course is a series of activities, events and challenges that are designed to build group dynamics, communication skills, self concept and challenge each participant to push beyond what they think they can do. Initiative activities and low ropes activities are done in large groups and can only be completed if the whole group is working together. These activities are sometimes done on cables or ropes that are set up in trees up to 5 feet off the ground.

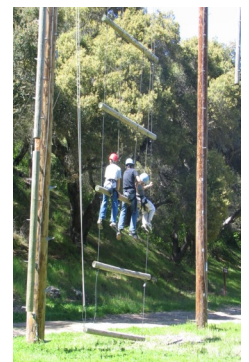
High ropes activities are done with partners or



### Ropes Challenge Course ~~

individually and are done on ropes and cables set up in poles and trees. These activities are between 12 and 40 feet off the ground. Camp Whittier is committed to customizing each challenge course program to fit your teams goals and to ensure continuous benefits.

**If you are interested in booking a Ropes Course at Camp Whittier, contact Debi at (805)962-6776**





Camp Whittier  
2400 Highway 154  
Santa Barbara, CA 93105

Phone: (805)962-6776 Fax: (805)693-1686 E-mail: CampWhittierSB@aol.com Web: www.CampWhittier.org

## Summer Camp Sign-Up's Now

To watch a camp video, for camper applications & additional information, please visit our summer camp page at [www.campwhittier.org](http://www.campwhittier.org).

Our 3 sessions this summer are:

Session 1— July 9-13,2012

Session 2— July 16-20,2012

Session 3— July 23-27,2012



## New Floor donated & installed for our Canyon Lodge

This year Camp Whittier was contacted by Charity-Jean Conklin, the Young Adult Coordinator/Developer of Family Ministries for the Whittier First United Methodist Church. For over fifty years the Church has hosted an Easter Work Camp where some 25 high school and college students donate their Spring Break to work on a local area camp, shelter or non-profit site. They restarted this tradition two years ago by adding a Young Adult "Work Retreat Weekend" with much success. This year's Whittier Work Weekend (WWW '12) was on President's Day Weekend, February 17-20 and they chose Camp Whittier for their work project. We can't thank the young adult's from Whittier First United Methodist Church enough for their donation of materials and labor to help us with the much needed floor in our main Canyon Lodge.

Help and support from groups such as these is what helps keep our non-profit camp surviving. A "big" Thank you goes out to each and everyone involved!

