

Massage Practitioner Certification



Location

Santa Barbara Body Therapy Institute
516 N. Quarantina St., Santa Barbara, 93101
www.sbbti.com (805) 966-5802

Swedish Training

Jan 22-Apr 14 2013 (Mon, Wed) 5:30-10:00pm

We invite you to join us in learning essential skills to relax, revitalize and restore, Qigong, Massage, Deep Breathing and Deep Relaxation. Our program is designed for all students of health seeking a greater level of vitality and calm presence..



Students experience:

- Connection with their inner healer
- Release of healing neural chemicals, hormones, enzymes and fluids
- Alpha and Theta brainwave states
- Activation of the "Rest and Relaxation Response"
- Nature Retreat in a beautiful setting
- Fluid, powerful, ease-filled movement
- Giving and receiving restorative massage
- Empowering skills for daily life and livelihood
- Caring community of peers

Approval to operate by CA BPPE since 1985 #19282 as in compliance with CA state standards. School code #4201111 NCBTMB continuing education Approved Provider #296749-00. NCBTMB school #490380 since 2001. Approved for training for Veterans and eligible persons by the CA State Approving Agency for Veterans #2-5-1333-05. Accepted by CA Board of Registered Nursing #CEP10769. Accepted by CA Workers Compensation, CA Vocational Rehab, CA Workforce Investment Act (WIA)

WHAT STUDENTS ARE SAYING ABOUT SWEDISH...

"I am aware of my body now. When I have a problem with my body, I am aware now. The class has helped me to have more control over my emotions. I didn't believe in electromagnetic energy, but when Katie put her hand on my back, I felt it. Now my clients feel it also. My body is really responding, after the stomach massage I received in class, I eliminated three times more that night." **Maiko Karangalan, current 250 hr student**

"I've got abs now, thanks to core strengthening. This is the best I've ever felt. The stress management skills and regular massage have been great. I love that we can talk about our poop and all that taboo stuff and that I can get someone pooping with massage, if they are constipated!" **Miranda Dewey, current 250 hr student**

"I've changed my life. I am tremendously more in touch with my emotions. I am a lot more focused- a lot cleaner. With what you learn in this class, you can take the things that are all messy in your life and clean them up." **Steve Lehner, current 250 hr student**

"Since I started coming here I feel like I found a place where I fit in. I feel comfortable, its like having a second family. As soon as I walked in I felt like I was home. I have learned a lot and have had so many amazing teachers. SBBTI has also been really accommodating for me to reach my goals. I feel that I am well taken care of." **Shelley Dallaire, SBBTI 1,000 hour student**