

# February 2018

## Maumelle Charter High School

### BREAKFAST



**Prices**    **Reduced**    **\$0.30**  
                  **Full**            **\$2.00**  
**Pay for the Month:**  
**Reduced: \$5.70    Full: \$38.00**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. This Institution is an equal opportunity provider and employer.



### Monday

Milk, Juice and Fruit offered Daily.

### Tuesday



### Wednesday

### Thursday

### Friday

5  
 Sausage Biscuit  
 Chicken Biscuit  
 Mini WG Donuts

6  
 Breakfast Slider  
 Smoothie & Mini Muffin

7  
 Pancake on a Stick  
 Banana Bread  
 Sun Chips & String Cheese

8  
 Morning Sausage Roll  
 Parfait w/ Granola

9  
 Dutch Waffle w/ Chicken  
 Breakfast Burrito

12  
 Sausage Biscuit  
 Chicken Biscuit  
 Mini WG Donuts

13  
 Breakfast Slider  
 Smoothie & Mini Muffin

14  
 Pancake on a Stick  
 Banana Bread  
 Sun Chips & String Cheese

15  
 Morning Sausage Roll  
 Parfait w/ Granola

16  
 Dutch Waffle w/ Chicken  
 Breakfast Burrito

19  
**President's Day**

20  
 Breakfast Slider  
 Smoothie & Mini Muffin

21  
 Pancake on a Stick  
 Banana Bread  
 Sun Chips & String Cheese

22  
 Morning Sausage Roll  
 Parfait w/ Granola

23  
 Dutch Waffle w/ Chicken  
 Breakfast Burrito

26  
 Sausage Biscuit  
 Chicken Biscuit  
 Mini WG Donuts

27  
 Breakfast Slider  
 Smoothie & Mini Muffin

28  
 Pancake on a Stick  
 Banana Bread  
 Sun Chips & String Cheese

